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**"THE REGISTRAR"**

Please complete in typescript,  
or in bold black capitals.

# 288c

## Change of particulars for director or secretary

**Company Number**

2727984

**Company Name in full**

PACIFIC HEALTH AND FITNESS LIMITED



\* F 2 8 8 C D 5 0 \*

### Changes of particulars form

Complete in all cases

**NAME** \* Style / Title

Forename(s)

Surname

Date of change of particulars

Day Month Year

0 1 0 7 9 7

\* Honours etc

ANDREW RICHARD

BARKER

Day Month Year

0 4 0 3 6 3

+Date of birth

**Change of name**  
(enter new name)

Forename(s)

Surname

**Change of usual residential address**  
(enter new address)

46 LONGLAND DRIVE, TOTTERIDGE

Post town

LONDON

County / Region

Postcode N20 8HJ

Country

**Other change**

(please specify)

\* Voluntary details

+Directors only

**Signed**

A serving director, secretary etc must sign the form below.

**Date**

9/7/97

\*\* Please delete as appropriate

\*\* (by a serving director / ~~secretary~~ / ~~administrator~~ / ~~administrative receiver~~ / ~~receiver manager~~ / ~~receiver~~)

Please give the name, address,  
telephone number, and if available,  
a DX number and Exchange, for  
the person Companies House should  
contact if there is any query.

CORNHILL SECRETARIES LIMITED

1 SNOW HILL, LONDON, EC1A 2EN

Tel 28/19957

DX number

DX exchange



A40 \*AB4T2XBS\* 515  
COMPANIES HOUSE 12/07/97

When you have completed and signed the form please send it to the  
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX33050 Cardiff  
for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh