You can use the WebFiling consider to f

Please go to www

In accordance with Section 854 of the Companies Act 2006

# **AR01**

last page

### Annual Return

A fee is payable with this form

Please see 'How to pay' on the

(For returns made up to a date on or after 1 October 2011)

form produced by

# PC Share Register:

CHFP013 10/11 Version 5 0 Ver 16 03

1	You may use this form to confirm that the company information is correct as at the date of this return. You must file an Annual Return at least once every year.  You cannot use this form to notice of changes to the officers, registered officers company type or information to the company relating to the company and the company and the company are least once every year.	*A2NOY4KW* ( 21/12/2013 #271 COMPANIES HOUSE
Part 1	Company details	
	The section must be completed by all companies	Filling in this form     Please complete in typescript     or in bold black capitals
		All fields are mandatory unless specified or indicated by *
A1	Company details	<del>-</del>
Company number	2 6 6 0 2 5 6	Company name change     If your company has recently
Company name in full	PMI Health Group Limited	changed its name, please provide the company name as at the date of this return
A2	Return date	<u> </u>
Date of this return <b>9</b>	Please give the annual return made up date. The return date must not be a future date. The annual return must be delivered within 28 days of the date given below.  If you would like the company's made up date to be earlier than 1 October 2011, please complete the AR01 appropriate for earlier made up dates.  The properties of the date of the	O Date of this return  Your company's return date is usually the anniversary of incorporation or the anniversary of the last annual return filed at Companies House You may choose an earlier return date but it must not be a later date
A3	Principal business activity	
	Please show the trade classification code number(s) for the principal activity or activities •	Principal business activity     You must provide a trade     classification code (SIC code
Classification code 1 Classification code 2	7   0   1   0   0	2007) or a description of your company's main business in this section
Classification code 3		A full list of the trade class- ification codes are available
Classification code 4		on our website www.companieshouse.gov.uk
	If you cannot determine a code, please give a brief description of your business activity below	
Principal activity description		

## **Annual Return**

A4	Company type <sup>0</sup>		
		Company type     If you are unsure of your     company type, please check     your latest certificate of incorp-     oration or our website     www.companieshouse.gov.uk	
A5	Registered office address <sup>9</sup>		
Building name/number	The Courtyard Hall Lane	Change of registered office This must agree with the	
Street	Wincham	address that is held on the Companies House record at the date of this return	
Post town	Northwich	If the registered office address has changed, you should complete form AD01 and	
County/Region	Cheshire	submit it together with this annual return	
Postcode	C W 9 6 D G		
A6	Single alternative inspection location (SAIL) of the company records (if applicable) ●		
Building name/number		SAIL address     The must generate the	
Street		This must agree with the address that is held on the Companies House record at the date of this return	
Post town		If the address has changed, you should complete form AD02 and submit it together	
County/Region		with this annual return	
Postcode			
A7	Location of company records 9		
	Please tick the appropriate box to indicate which records are kept at the SAIL address in Section A6:  Register of members Register of directors Directors' service contracts Directors' indemnities Register of secretaries Records of resolutions etc Contracts relating to purchase of own shares Documents relating to redemption or purchase of own share out of capital by private company Register of debenture holders Report to members of outcome of investigation by public company into interests in its shares Register of interests in shares disclosed to public company Instruments creating charges and register of charges England and Wales or Northern Ireland Instruments creating charges and register of charges Scotland	Location of company records  If the company records are held at the registered office address, do not tick any of the boxes in this section  Certain records must be kept by every company while other records are only kept by certain company types where appropriate  If the records are not kept at the SAIL address, they must be available at the registered office If any of the company records have moved from the registered office to the address in Section A6 since the last annual return, you must complete form AD03 and submit it together with this	

#### (For returns made up to a date on or after 1 October 2011) Officers of the company Part 2 This section should include details of the company at the date to which Continuation pages Please use a continuation page this annual return is made up if you need to enter more For a secretary who is an individual, go to Section B1 officer details For a corporate secretary, go to Section C1 For a director who is an individual, go to Section D1. For a corporate director, go to Section E1. Secretary Secretary's details • Secretary appointments Please use this section to list all the secretaries of the company You may not use this form to For a corporate secretary, complete Section C1-C4. appoint a secretary To do this, please complete form AP03 Title \* Мг and submit it together with this annual return Full forename(s) Richard Corporate details Please use Section C1-C4 Munro Surname to enter corporate secretary details Former name(s) 9 Secretary details All details must agree with those previously notified to Companies House If you have made changes since the last annual return and have not notified us, please complete form CH03 Former name(s) Please provide any previous names which have been used for business purposes during the period of this return Married women do not need to give former names unless previously used for business purposes **B2** Secretary's service address 9 Building name/number O Service address The Company's Registered Office If you have previously notified Companies House that Street the service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the Post town address This information will appear County/Region on the public record Postcode Country

**AR01** 

**Annual Return** 

## Annual Return

Cor	porate	secre	tary
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C1	Corporate secretary's details •				
Composite hards/5	Please use this section to list all the corporate secretanes of the company	Corporate secretary     appointments     You cannot use this form to     appoint a corporate secretary     To do this, please complete			
Corporate body/firm name		form AP04 and submit it together with this annual return			
Building name/number		Corporate secretary details  All details must agree with			
Street		those previously notified to Companies House If you have made changes since the last annual return and have not			
Post town		notified us, please complete form CH04			
County/Region		This information will appear on the public record			
Postcode		- The public record			
Country					
C2	Location of the registry of the corporate body or firm	-			
	Is the corporate secretary registered within the European Economic Area (EEA)?  → Yes Complete Section C3 only  → No Complete Section C4 only				
C3	EEA companies <sup>©</sup>				
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	EEA     A full list of countries of the EEA can be found in our guidance www.companieshouse.gov.uk			
Where the company/ firm is registered   •		This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)			
Registration number					
C4	Non-EEA companies				
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA     Where you have provided details of the register (including state) where the company or firm is registered, you must also			
Legal form of the corporate body or firm		provide its number in that register			
Governing law		-			
If applicable, where the company/firm is registered •		-			
If applicable, the registration number					

## **Annual Return**

(For returns made up to a date on or after 1 October 2011)

## **Director**

D1	Director's details •				
_	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	Our cannot use this form to appoint a director. To do this,			
Title *	Mr	please complete form AP01 and submit it together with the annual return			
Full forename(s)	Christopher Perks	Corporate details Please use Section E1-E4			
Surname	Baldwin	to enter corporate director details			
Former name(s) 2		Director details  All details must agree with those previously notified to Companies House If you have			
Country/State of residence	United Kingdom	made changes since the last annual return and have not notified us, please complete			
Nationality	British	form CH01			
Date of birth	d 2 d 9 d 0 d 9 d 1 d 4 d 4	<b>⊘</b> Former name(s)  Please provide any previous			
Business occupation (if any)	Company Director	names which have been used for business purposes during the period of this return Marned women do not need to give former names unless previously used for business purposes			
D2	Director's service address 9				
Building name/number	Factory Cottages Georges Lane	Service address  If you have previously notified			
Street	Aston by Budworth	Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's			
Post town	Northwich	Registered Office' in the address			
County/Region	Cheshire	This information will appear on the public record			
Postcode	CW9 6 LS				
Country	United Kingdom				

### **Annual Return**

(For returns made up to a date on or after 1 October 2011)

## **Director**

D1	Director's details •				
_	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	O Director appointments You cannot use this form to appoint a director. To do this, please complete form AP01			
Title *	Mr	and submit it together with			
Full forename(s)	Matthew	Corporate details			
Surname	Baldwin	Please use Section E1-E4 to enter corporate director details			
Former name(s) 9	Matthew Baldwin	Director details All details must agree with those previously notified to			
Country/State of residence	United Kingdom	Companies House If you have made changes since the last annual return and have not notified us, please complete			
Nationality	British	form CH01			
Date of birth	6     1     6     8     0     7     1     9     7     2	Former name(s)     Please provide any previous			
Business occupation (if any)	Company Director	names which have been used for business purposes during the period of this return			
( 2.7)		Married women do not need to give former names unless previousty used for business purposes			
D2	Director's service address 9				
Building name/number	Pine Cottage	Service address     If you have previously notified			
Street	Well Bank Lane	Companies House that the service address is at 'The			
	Over Peover	Company's Registered Office', please state 'The Company's Registered Office' in the			
Post town	Knutsford	address			
County/Region	Cheshire	This information will appear on the public record			
Postcode	W A 1 6 8 U W				
Country	United Kingdom				

### **Annual Return**

(For returns made up to a date on or after 1 October 2011)

### **Director**

D1	Director's details •				
	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4	Director appointments     You cannot use this form to     appoint a director. To do this,			
Title *	Mr	please complete form AP01 and submit it together with the annual return			
Full forename(s)	Michael Ian	Corporate details			
Surname	Davis	Please use Section E1-E4 to enter corporate director details			
Former name(s) 2		Director details All details must agree with those previously notified to			
Country/State of residence	United Kingdom	Companies House If you have made changes since the last annual return and have not notified us, please complete			
Nationality	British	form CH01			
Date of birth	$\begin{bmatrix} 1 & 1 & 1 & 2 & 1 & 9 & 4 & 5 \end{bmatrix}$	Former name(s)     Please provide any previous			
Business occupation (if any)	Chartered Accountant	names which have been used for business purposes during the penod of this return Mamed women do not need to give former names unless previously used for business purposes			
D2	Director's service address 9				
Building name/number	84 The Downs	Service address If you have previously notified			
Street		Companies House that the service address is at 'The Company's Registered Office', please state 'The Company's			
Post town	Altrincham	Registered Office' in the address			
County/Region	Cheshire	This information will appear on the public record			
Postcode	W A 1 4 2 Q J				
Country	United Kingdom				

## **Annual Return**

_	•				
I)	ı	re	c	าด	ıĩ

D1	Director's details •				
<del>_</del>	Please use this section to list all the directors of the company For a corporate director, complete Section E1-E4.	Director appointments     You cannot use this form to     appoint a director. To do this,			
Title *	Mr	please complete form AP01 and submit it together with the annual return			
Full forename(s)	Richard	Corporate details			
Surname	Munro	Please use Section E1-E4 to enter corporate director details			
Former name(s) 9		Director details  All details must agree with those previously notified to Companies House If you have			
Country/State of residence	United Kingdom	made changes since the last annual return and have not notified us, please complete			
Nationality	Bntish	form CH01			
Date of birth	0 1 T1 71 9 6 70	Former name(s)     Please provide any previous			
Business occupation (if any)	Chartered Accountant	names which have been used for business purposes during the period of this return Mamed women do not need to give former names unless previously used for business purposes			
D2	Director's service address 9				
Building name/number	The Company's Registered Office	Service address     If you have previously notified     Companies House that the			
		service address is at 'The Company's Registered Office', please state 'The Company's Registered Office' in the			
Post town		address			
County/Region		This information will appear on the public record			
Postcode					
Country					

### **Annual Return**

(For returns made up to a date on or after 1 October 2011)

## Corporate director

E1	Corporate director's details •				
Corporate body/firm	Please use this section to list all the corporate directors of the company	Corporate director     appointments     You cannot use this form to     appoint a corporate director     To do this, please complete			
name		form AP02 and submit it together with this annual return			
Building name/number		Corporate director details  All details must agree with			
Street		those previously notified to Companies House If you have made changes since the last annual return and have not			
Post town		notified us, please complete form CH02			
County/Region		This information will appear on the public record			
Postcode		ше равне гесога			
Country		<u> </u>			
E2	Location of the registry of the corporate body or firm				
	Is the corporate director registered within the European Economic Area (EEA)?  → Yes Complete Section E3 only → No Complete Section E4 only				
E3	EEA companies <sup>©</sup>				
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register	EEA     A full list of countries of the EEA can be found in our guidance			
Where the company/ firm is registered <b>9</b>		www companieshouse gov uk     This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)			
Registration number					
E4	Non-EEA companies				
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register.	Non-EEA     Where you have provided details of the register (including state) where the company or firm is registered, you must also			
Legal form of the corporate body or firm		provide its number in that register			
Governing law		_			
If applicable, where the company/firm is registered •					
If applicable, the registration number		_			

AR01 Annual Return

Part 3	Statement of capital <sup>o</sup>					
	→ Yes Cor	y have share capital? nplete the sections beloto Part 5 (Signature).	This should reflect the company's capital status at the made up date of this annual return			
F1	Share capital in	n pound sterling (	<b>f</b> )		-	
Please complete the ta If all your issued capita			ld in pound sterling and then go to Section F4			
Class of shares (E.g. Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share ②	Number of shar	res 😉	Aggregate nominal value 🔇
Ordinary "A" Shares	of £0 02 each	0 02	0 00	2,550		£ 51 00
Ordinary "B" Shares	of £1 each	1 00	0 00	637,978		£ 637,978 00
Ordinary "C" Shares	of £1 each	1 00	0 00	200,000		£ 200,000 00
						£
			Totals	840,528		£ 838,029 00
F2	Share capital ii	n other currencies	5			
Please complete the ta Please complete a sepa			d in other currencies			
Currency						
Class of shares (E.g. Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of share	res <b>6</b>	Aggregate nominal value 4
			Totals			
<u> </u>			Totals	1	· · · · · · · · · · · · · · · · · · ·	<u> </u>
Currency						<del> </del>
Class of shares (E.g. Ordinary/Preference etc	)	Amount paid up on each share	Amount (if any) unpaid on each share	Number of sha	res 😉	Aggregate nominal value •
	<del></del>					
	_		Totals			<u></u>
F3	Totals					
	Please give the tot issued share capit		nd total aggregate nominal	value of	Please I	ggregate nominal value ist total aggregate values in
Total number of shares	different currencies sexample £100 + €1			e £100 + €100 + \$10 etc		
Total aggregate nominal value <b>⊙</b>	GBP 838,029 00					
O Number of shares issued multiplied by share premium nominal value of each share premium roman value of each share page if necessary  O Number of shares issued multiplied by nominal value of each share page if necessary				ital continuation		

## **Annual Return**

F4	Statement of Capital (Voting rights)	
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in Section F1 and F2.	
Class of share		
Voting rights		
	See continuations sheet(s)	
Class of share		
Voting rights		
Class of share		
Voting rights		
Class of share		
Voting rights		

### **Annual Return**

Statement of Capital (Voting rights)		
Class of share	Ordinary "A" Shares of £0 02 Each	
Voting rights	Each share is entitled to one vote in any circumstanaces	
	·	

**Annual Return** 

F4	Statement of Capital (Voting rights)	
Class of share	Ordinary "B" Shares of £1 Each	
Voting rights	No voting rights	

## Annual Return

F4	4 Statement of Capital (Voting rights)		
Class of share	Ordinary "C" Shares of £1 each		
Voting rights	No voting rights		

#### **AR01 Annual Return** (For returns made up to a date on or after 1 October 2011) Part 4 **Shareholders** Does your company have share capital? Yes go to Section G1 'Companies with share capital' Go to Part 5 (Signature). Companies with share capital Question 1 Were any of the company's shares admitted to trading on a market at any A market is one established under the rules of a UK recogtime during this return period? Please tick the appropriate box below nised investment exchange or No go to Section G2 'Past and present shareholders' any other regulated markets in or outside of the UK, or any Yes go to Question 2. other market outside of the UK The current UK recognised Question 2 Please only refer to Question 2 below if you have answered 'Yes' to investment exchanges and regulated markets can be found Question 1 If you answered 'No', please go to Section G2 'Past and at www.fsa.gov.uk/ present shareholders' register/exchanges do 2 DTR5 refers to the Vote Holder Did the company, throughout the return period, have any shares admitted and Issuer Notification Rules contained in Chapter 5 of the to trading on a relevant market and was it, throughout the return period, an Disclosure and Transparency issuer to which DTR5 applies? Please tick the appropriate box below Rules source book issued by the Financial Services Authority Notification is required when the go to Section G4 'Shareholders who hold at least 5% of percentage acquisition of a shareholder in the company has any class of shares of the company as at the made up reached a certain threshold date of the return' (starting at 3%) Yes go to Part 5 'Signature' G2 List of past and present shareholders 9 The company is required to provide a full list of past and present This section only applies to companies answering 'No' in shareholders if one was not included with either of the last two returns Section G1 Please tick the appropriate box below There were no shareholder changes in this period. Go to Part 5 (Signature) A full list of shareholders is enclosed A list of shareholder changes is enclosed How is the list of shareholders enclosed. Please tick the appropriate box below The list of shareholders is enclosed on paper. Go to Section G3. 'List of past and present shareholders' The list of shareholders is enclosed in another format Go to Part 5 (Signature).

## AR01 - continuation page Annual Return

(For returns made up to a date on or after 1 October 2011)

### **Full List**

G3

## List of past and present shareholders 9

Changes dunng this period to shareholders' particulars or details of the amount of stock or shares transferred must be completed each year

You must provide a 'full list' of all company shareholders on

- the company's first annual return following incorporation,
- every third annual return after a full list has been provided

 Please list the company shareholders in alphabetical order

Joint shareholders should be listed consecutively

Further shareholders Please use a 'List of past and present shareholders' continuation page if necessary

This section only applies to companies answering 'No' to Question 1 in Section G1

1			decement in section 6.	
		Shares or stock currently held	Shares or stock transfe	rred (if appropriate)
Shareholder's Name (Address not required)	Class of share	Number of shares or amount of stock	Number of shares or amount of stock	Date of registration of transfer
Baldwin Ventures Limited	Ordinary "B" Shares of £1 Each	585,176		
Baldwin Ventures Limited	Ordinary "C" Shares of £1 each	200,000		
Mr Christopher Perks Baldwin	Ordinary "A" Shares of £0 02 Each	2,550		
Mr Michael Ian Davis	Ordinary "B" Shares of £1 Each	1,944		
Mrs Elizabeth Hammond	Ordinary "B" Shares of £1 Each	14,863		
Mr Richard Munro	Ordinary "B" Shares of £1 Each	35,995		
		<del> </del>	<del></del>	

Form AR01 dated 05/11/2013 for PMI Health Group Limited (Company No 2660256)

CHFP013 10/11 Version 5 0

#### **Annual Return**

(For returns made up to a date on or after 1 October 2011)

G4

### Shareholders who hold at least 5% of any class of share(s) of the company as at the made up date of this return

This section should show only the shareholders that hold at least 5% of any class of share(s) of the company at the date of this return

It should only be completed by companies that have answered 'Yes' to Question 1 in Section G1, and 'No' to Question 2 in Section G1

If there were no shareholders holding at least 5% of any class of share(s) at the date of this return, this section may be left blank

→ Go to Part 5 (Signature)

This section only applies to companies answering 'No' to Question 2 in Section G1 Please list the company share-holders in alphabetical order Joint shareholders should be listed consecutively

Further shareholders
Please use a 'Shareholders who
hold at least 5% of any class of
share(s) of the company as at the
made up date of this return'
continuation page if necessary

Shares or stock currently held Shareholder's name Shareholder's address Class of share Number of shares or amount of stock

### **Annual Return**

(For returns made up to a date on or after 1 October 2011)

### Part 5 **Signature** O Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE), please delete 'director' and insert details of which organ of the SE the person signing has This must be completed by all companies I am signing this form on behalf of the company Signature Signature membership X X **O** Person authorised Under either section 270 or 274 of the Companies Act 2006 This form may be signed by Director • , Secretary, Person Authorised • , Charity commission receiver and manager, CIC manager, Judicial factor.

#### Annual Return

(For returns made up to a date on or after 1 October 2011)

## Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	RICHARD MUNIO			
Company name	PMI Health Group Limited			
Address	The Courtyard, Hall Lane, Wincham			
Post town	Northwich			
County/Region	Cheshire			
Postcode	C W 9 6 D G			
Country	United Kingdom			
DX				
Telephone	01606 354144			

## Checklist

We may return forms completed incorrectly or with information missing.

# Please make sure you have remembered the following

- ☐ That if the made up date of the return is any earlier than 1 October 2011, you must complete the appropriate form AR01
- The company name and number match the information held on the public Register
- ☐ You have completed your principal business activity
- You have not used this form to make changes to the registered office address
- You have not used this form to make changes to secretary and director details
- You have fully completed the Statement of capital (if applicable)
- ☐ You have enclosed the correct fee

## Important information

Please note that all information on this form will appear on the public record

## £ How to pay

A fee of £40 is payable to Companies House in respect of an Annual Return.

Make cheques or postal orders payable to 'Companies House'

### ☑ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

#### For companies registered in England and Wales

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ DX 33050 Cardiff

#### For companies registered in Scotland

The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post)

### For companies registered in Northern Ireland

The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG DX 481 N R Belfast 1

### 7 Further information

For further information, please see the guidance notes on the website at www.companieshouse gov.uk or email enquines@companieshouse gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk