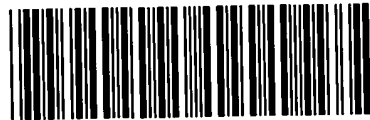


Company Registration No 02647157(England and Wales)

**ABLEFLOW LIMITED**  
**ABBREVIATED ACCOUNTS**  
**FOR THE YEAR ENDED 30 SEPTEMBER 2016**

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**ABLEFLOW LIMITED**

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**ABLEFLOW LIMITED**

**ABBREVIATED BALANCE SHEET  
AS AT 30 SEPTEMBER 2016**

	Notes	2016 £	£	2015 £	£
<b>Fixed Assets</b>					
Tangible assets	2		413,680		413,887
			<u>          </u>		<u>          </u>
<b>Current assets</b>					
Stocks		2,900		3,150	
Debtors		57,320		27,255	
Cash at bank and in hand		3,616		5,566	
		<u>63,836</u>		<u>35,971</u>	
<b>Creditors: amounts falling due within one year</b>	3	(62,608)		(69,634)	
		<u>          </u>		<u>          </u>	
<b>Net current assets</b>			1,228		(33,663)
			<u>          </u>		<u>          </u>
<b>Total assets less current liabilities</b>			414,908		380,224
			<u>          </u>		<u>          </u>
<b>Creditors: amounts falling due after more than one year</b>			(215,860)		(190,807)
			<u>          </u>		<u>          </u>
<b>Provision for liabilities</b>			(236)		(277)
			<u>198,812</u>		<u>189,140</u>
			<u>          </u>		<u>          </u>
<b>Capital and reserves</b>					
Called up share capital	4		100		100
Profit and loss account	5		198,712		189,040
			<u>          </u>		<u>          </u>
<b>Shareholders' funds</b>			198,812		189,140
			<u>          </u>		<u>          </u>

## **ABLEFLOW LIMITED**

### **ABBREVIATED BALANCE SHEET (CONTINUED) AS AT 30 SEPTEMBER 2016**

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For the financial year ended 30 September 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006. No member of the company has deposited a notice, pursuant to section 476, requiring an audit of these financial statements under the requirements of the Companies Act 2006.

The directors acknowledge their responsibilities for ensuring that the company keeps accounting records which comply with Section 386 of the Companies Act 2006, and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 393 and which otherwise comply with the requirements of this Act relating to accounts, so far as applicable to the company.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime within Part 15 of the Companies Act 2006 and with the Financial reporting standard for Smaller entities (effective April 2008).

The financial statements were approved by the Board on 7 April 2017.

Mr N.M. Thorp  
Director

A handwritten signature in black ink, appearing to read 'N.M. Thorp', is written below the printed name and title.

# ABLEFLOW LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 30 SEPTEMBER 2016

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### **1 Accounting policies**

#### **1.1 Basis of accounting**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

#### **1.2 Turnover**

Turnover represents amounts receivable for goods and services net of VAT and trade discounts.

#### **1.3 Tangible fixed assets and depreciation**

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life as follows:

Freehold buildings	2% on cost
Plant and machinery	12.5% on cost
Fixtures & fittings	15% reducing balance
Motor vehicles	25% on cost

Land amounting to £100,000 has not been depreciated.

#### **1.4 Stock and work in progress**

Stock and work in progress are valued at the lower of cost and net realisable value.

#### **1.5 Pensions**

Contributions are charged to the profit and loss account as they become payable in accordance with the rules of the scheme.

#### **1.6 Deferred taxation**

Deferred taxation is provided at appropriate rates on all timing differences using liability method only to the extent that, in the director's opinion, there is a reasonable probability that a liability or asset will crystallise in the foreseeable future.

#### **1.7 Foreign currency translation**

Monetary assets and liabilities denominated in foreign currencies are translated into sterling at the rates of exchange ruling at the balance sheet date. Transactions in foreign currencies are recorded at the rate ruling at the date of the transaction. All differences are taken to profit and loss account.

# ABLEFLOW LIMITED

## NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2016

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<b>2</b>	<b>Fixed assets</b>	<b>Tangible Assets</b>
		<b>£</b>
	At 1 October 2015	644,730
	Additions	-
	Disposals	-
		<hr/>
	At 30 September 2016	644,730
		<hr/>
	<b>Depreciation</b>	
	At 1 October 2015	230,843
	Disposals	-
	Charge for the year	207
		<hr/>
	At 30 September 2016	231,050
		<hr/>
	<b>Net book value</b>	
	At 30 September 2016	413,680
		<hr/>
	At 30 September 2015	413,887
		<hr/>

**3 Creditors: amounts falling due within one year**

Included within creditors amounts falling due within one year are secured liabilities of £21,006 (2015- £35,966).

<b>4</b>	<b>Share Capital</b>	<b>2016</b>	<b>2015</b>
		<b>£</b>	<b>£</b>
	<b>Authorised</b>	1,000	1,000
		<hr/>	<hr/>
	<b>Allotted, called up and fully paid</b>		
	50 Ordinary shares of £1 each	50	50
	50 Ordinary A Shares of £1 each	50	50
		<hr/>	<hr/>

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## ABLEFLOW LIMITED

### NOTES TO THE ABBREVIATED ACCOUNTS (CONTINUED) FOR THE YEAR ENDED 30 SEPTEMBER 2016

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5	Statement of movements on profit and loss account	Profit and loss account £
	Balance at 1 October 2015	161,771
	Profit for the year	24,672
	Dividends paid	(15,000)
	Capital Account	(134,450)
	Revaluation Account	161,719
	Balance at 30 September 2016	<hr/> 198,712 <hr/>