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Registration Number 2598167

LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH

Directors' Report and Financial Statements

for the year ended 31 March 2003



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**LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH**

**Company Information**

Directors	Kathryn Hayman Paul Kirby Catherine Klasicki-Lale Sarah May
Secretary	Kathryn Hayman
Company Number	2598167
Registered Office	12 Victoria Place Bedminster Bristol BS3 3BP
Bankers	National Westminster Bank plc P O Box 223 106 Whiteladies Road Bristol BS99 5AP

**LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH**

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# LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH

## Directors' Report for the year ended 31 March 2003

The directors present their report and the financial statements for the year ended 31 March 2003.

### Principal Activity

The principal activity of the company is the letting of a hall and associated rooms rented from Lam Rim Bristol Trust

### Directors and their Interests

The directors who served during the year and their interests in the company are as stated below:

	Ordinary shares	
	2003	2002
	or date of appointment	
Kathryn Hayman	2	2
Paul Kirby	2	2
Catherine Klasicki-Lale	2	2
Sarah May	-	-

### Directors' Responsibilities

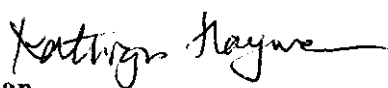
Company law requires the directors to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the company and of the profit or loss of the company for that year. In preparing these the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report is prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies.

This report was approved by the Board on and signed on its behalf by

  
Kathryn Hayman  
Secretary

21 Jan 2004

**LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH**

**Accountants' Report to the Shareholders on the Unaudited Financial Statements  
of LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH**

We report on the financial statements for the year ended 31 March 2003 set out on pages 3 to 8

**Respective responsibilities of directors and reporting accountants**

As described on page 5 the company's directors are responsible for the preparation of financial statements, and they consider that the company is exempt from an audit. It is our responsibility to carry out procedures designed to enable us to report our opinion.

**Basis of opinion**

Our work was conducted in accordance with the Statement of Standards for Reporting Accountants, and so our procedures consisted of comparing the financial statements with the accounting records kept by the company, and making such limited enquiries of the officers of the company as we considered necessary for the purposes of this report. These procedures provide only the assurance expressed in our opinion.

**Opinion**

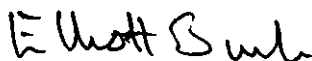
In our opinion:

(a) the financial statements are in agreement with the accounting records kept by the company under Section 221 of the Companies Act 1985;

(b) having regard only to, and on the basis of, the information contained in those accounting records:

(i) the financial statements have been drawn up in a manner consistent with the accounting requirements specified in Section 249C(6) of the Act; and

(ii) the company satisfied the conditions for exemption from an audit of the financial statements for the year specified in Section 249A(4) of the Act and did not, at any time within that , fall within any of the categories of companies not entitled to the exemption specified in Section 249B(1)



**Elliott Bunker**

**Chartered Accountants and  
Reporting Accountants**

**30 Queen Square  
Bristol  
BS1 4ND**

21/1/04

**LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH**

**Profit and Loss Account  
for the year ended 31 March 2003**

		<b>Continuing operations</b>	
		<b>2003</b>	<b>2002</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>
<b>Turnover</b>	<b>2</b>	31,287	32,710
Administrative expenses		<u>(33,676)</u>	<u>(33,160)</u>
<b>Loss on ordinary activities before taxation</b>		(2,389)	(450)
Tax on loss on ordinary activities	<b>4</b>	<u>-</u>	<u>(37)</u>
<b>(Loss) for the year</b>		<u>(2,389)</u>	<u>(487)</u>
Accumulated (loss) brought forward		<u>(826)</u>	<u>(338)</u>
<b>Accumulated (loss) carried forward</b>		<u><u>(3,215)</u></u>	<u><u>(825)</u></u>

There are no recognised gains or losses other than the profit or loss for the above two financial years.

**The notes on pages 6 to 8 form an integral part of these financial statements.**

**LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH**

**Balance Sheet  
as at 31 March 2003**

		<b>2003</b>		<b>2002</b>	
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Fixed Assets</b>					
Tangible assets	<b>5</b>		1,028		1,370
<b>Current Assets</b>					
Debtors	<b>6</b>	923		614	
Cash at bank and in hand		1,972		3,329	
		<u>2,895</u>		<u>3,943</u>	
<b>Creditors: amounts falling due within one year</b>	<b>7</b>	<u>(7,132)</u>		<u>(6,132)</u>	
<b>Net Current Liabilities</b>			<u>(4,237)</u>		<u>(2,189)</u>
<b>Total Assets Less Current Liabilities</b>			<u>(3,209)</u>		<u>(819)</u>
<b>Capital and Reserves</b>					
Called up share capital	<b>8</b>		6		6
Profit and loss account			<u>(3,215)</u>		<u>(825)</u>
<b>Equity Shareholders' Funds</b>	<b>9</b>		<u>(3,209)</u>		<u>(819)</u>

The directors' statements required by Section 249B(4) are shown on the following page which forms part of this Balance Sheet.

The notes on pages 6 to 8 form an integral part of these financial statements.

**LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH**

**Balance Sheet (continued)**

**Directors' statements required by Section 249B(4)  
for the year ended 31 March 2003**

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by Section 249A(1) of the Companies Act 1985;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 249B(2) requesting that an audit be conducted for the year ended 31 March 2003 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 221, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 226 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

These financial statements are prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small companies .

The financial statements were approved by the Board on and signed on its behalf by

  
**Kathryn Hayman**  
**Director**

21 Jan 2004

**The notes on pages 6 to 8 form an integral part of these financial statements.**



# LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH

## Notes to the Financial Statements for the year ended 31 March 2003

### 1. Accounting Policies

#### 1.1. Accounting convention

The financial statements are prepared under the historical cost convention .

The company has taken advantage of the exemption in FRS1 from the requirement to produce a cashflow statement because it is a small company.

#### 1.2. Turnover

Turnover represents the total invoice value, excluding value added tax, of sales made during the year.

#### 1.3. Tangible fixed assets and depreciation

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings  
and equipment                      -     25% reducing balance basis

#### 1.4. Deferred taxation

Provision is made for deferred taxation using the liability method to take account of timing differences between the incidence of income and expenditure for taxation and accounting purposes except to the extent that the directors consider that a liability to taxation is unlikely to materialise.

### 2. Turnover

The total turnover of the company for the year has been derived from its principal activity wholly undertaken in the UK.

### 3. Operating loss

	2003 £	2002 £
Operating loss is stated after charging:		
Depreciation and other amounts written off tangible assets	343	457

### 4. Taxation

	2003 £	2002 £
Prior years		
UK Corporation Tax	-	37
	-	37

**LAM RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH**

**Notes to the Financial Statements  
for the year ended 31 March 2003**

..... continued

**5. Tangible fixed assets**

	<b>Fixtures, fittings equipment</b>	<b>Total</b>
	<b>£</b>	<b>£</b>
<b>Cost</b>		
At 1 April 2002		
At 31 March 2003	3,764	3,764
<b>Depreciation</b>		
At 1 April 2002	2,393	2,393
Charge for the year	343	343
At 31 March 2003	2,736	2,736
<b>Net book values</b>		
At 31 March 2003	1,028	1,028
At 31 March 2002	1,371	1,371

**6. Debtors**

	<b>2003</b>	<b>2002</b>
	<b>£</b>	<b>£</b>
Trade debtors	923	614

**7. Creditors: amounts falling due  
within one year**

	<b>2003</b>	<b>2002</b>
	<b>£</b>	<b>£</b>
Other loan	1,000	-
Accruals and deferred income	6,132	6,132
	7,132	6,132

**LAM'RIM BRISTOL TRADING CO. LTD T/A CENTRE FOR WHOLE HEALTH**

**Notes to the Financial Statements  
for the year ended 31 March 2003**

..... continued

<b>8. Share capital</b>	<b>2003</b>	<b>2002</b>
	<b>£</b>	<b>£</b>
<b>Authorised equity</b>		
100 Ordinary shares of £1 each	<u>100</u>	<u>100</u>
<b>Allotted, called up and fully paid equity</b>		
6 Ordinary shares of £1 each	<u>6</u>	<u>6</u>
<b>9. Reconciliation of movements in shareholders' funds</b>	<b>2003</b>	<b>2002</b>
	<b>£</b>	<b>£</b>
Loss for the year	(2,389)	(487)
Opening shareholders' funds	<u>(820)</u>	<u>(332)</u>
	<u>(3,209)</u>	<u>(819)</u>