



Companies House
for the record

Please complete in typescript,
or in bold black capitals.

CHWP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number **2571516**

Company Name in full **Lanemile Limited**

Date of appointment
Day Month Year
0 8 0 7 2 0 0 2

†Date of Birth
Day Month Year
1 9 0 5 1 9 5 9

Appointment form Appointment as director ☒ as secretary ☐

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion appear on reverse.

NAME *Style / Title

Mr

*Honours etc

Forename(s) **Michael Robert**

Surname **Parish**

Previous Forename(s)

Previous Surname(s)

†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985

†† Usual residential address

Hawksmill House, Hawksmill Street

Post town

Needham Market

Postcode

IP6 8LU

County / Region

Suffolk

Country

England

†Nationality

British

†Business occupation

Director

†Other directorships (additional space overleaf)

See attached

Consent signature

I consent to act as ** director / secretary of the above named company

* Voluntary details.

† Directors only.

**Delete as appropriate

[Signature]

Date

8/7/02

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

8-7-02

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record

J R S Bryant, Connaught House, 850 The Crescent, Colchester Essex

CO4 9QB

Tel **01206 752522**

DX number

DX exchange



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COMPANIES HOUSE

0723
09/07/02

Form April 2002

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When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

DIRECTORSHIPS**Michael Robert PARISH**

<u>Company</u>	<u>Number</u>
All Care Cover Chester Ltd	3485601
Anglia Secure Homes Limited	1790615
ARC Healthcare Limited	3170861
Cambridge Combined Design Company Limited	1553026
Care Solutions Limited	2622175
Care UK Community Partnerships Group Limited	2658965
Care UK Community Partnerships Limited	2644862
Care UK Healthcare Solutions Limited	1767228
Care UK Medicare Limited	3462881
Care UK Mental Health Partnerships Limited	1833385
Care UK Plc	1668247
Carefree Limited	2197818
Careline Limited	2623559
CHS (Kincardine) Limited	2873622
CHS Healthcare Limited	2797701
Community Health Services Limited	2147783
Community Partnerships Limited	2482660
CPD Architects Limited	0755415
Direct Manpower Limited	2698649
Ellerash Limited	2243045
Fairview Care Limited	3394316
Haven Care Limited	1824208
Haven Healthcare (Developments) Limited	2549996
Haven Healthcare Limited	3447240
Haven Nursing Agencies Limited	2601735
Haven Nursing Homes Limited	1821322
Haven Retirement Management Services limited	1862317
Haven Services Limited	1941650
Haven Social Care Limited	1789145
Homebridge Limited	2772562
Homecare (North East) Limited	2997518
Homecaring Limited	2744787
I.Q.C. Healthcare Limited	02948932
Lanemile Limited	2571516
Planning Specialists Limited	2007171
Pro-Pharm Consultants Limited	3063068
ProSpecs Limited	1855425
Retirement Appreciation (Investments) Limited	1887546
Retirement Appreciation Limited	1713797

July 2002