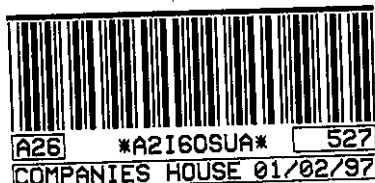




COMPANIES HOUSE

THE REGISTRAR OF COMPANIES
COMPANIES HOUSE
CROWN WAY
CARDIFF
CF4 3UZ



This form should be completed in black.

The information printed below is taken from Companies House records as at 11/01/97

If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
26	01	97

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

Day	Month	Year

Registered Office (See note 3)

This is the address registered by Companies House.

GOSSARD HOUSE
7-8 SAVILE ROW
LONDON
W1X 1AF

Principal business activities (See note 4)

Trade classification is
7415 MANAGEMENT ACTIVITIES HOLDING COMPS

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

If the code cannot be determined from the notes, give a brief description of principal activity.

BULK LIST

RB
701980
E15

363s

Annual Return

of company number 02463465

E

company name
MATRIX HEALTHCARE PLC

company type
PUBLIC LIMITED COMPANY

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

02463465

Register of members (See note 5)

The register is kept at

REGISTERED OFFICE

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

Register of debenture holders (See note 6)

Any register of debenture holders (or duplicate) is kept at

Company Secretary (See note 7)

Particulars of a new secretary **must** be notified on form 288.

Day	Month	Year

Date of any change.

SUZANNAH WOODROW
BELL
20 CHESTNUT CLOSE
AMERSHAM
BUCKINGHAMSHIRE HP6 6EQ

If this person has ceased to be secretary, please state when.

Day	Month	Year

Date of resignation.

Directors (See note 7)

Particulars of a new director **must** be notified on form 288.

Day	Month	Year

Date of any change.

ROY
BAGULEY
GREYSTONES MANOR PARK
BURLEY IN WHARFEDALE
ILKELY
WEST YORKSHIRE LS29 7HH

Date of Birth:— 18/01/29

Nat:BRITISH

Occ:CHARTERED ACCOUNTANT

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Show any relevant current and previous directorships.

See attached

Directors - continued

Particulars.

PETER
DEWE-MATHEWS
THE PIGHTLE
NORTH HEATH
CHIEVELEY
BERKSHIRE RG20 8UD

Date of Birth:- 15/10/44
Nat:BRITISH
Occ:CHARTERD ACCOUNTANT

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

If the information shown needs amendment, give details below and the date of any change.

Day	Month	Year

Date of any change.

Day	Month	Year

Date of resignation.

See attached

Particulars.

RUPERT CHARLES GIFFORD
LYWOOD
37 VOLTAIRE ROAD
LONDON
SW4 6DD

Date of Birth:- 14/05/58
Nat:BRITISH
Occ:CHARTERED ACCOUNTANT

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day	Month	Year

Date of any change.

Day	Month	Year

Date of resignation.

See attached

Particulars.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES
OR DIRECTORS MUST BE NOTIFIED ON FORM 288a.

Day	Month	Year

Date of any change.

If this person has ceased to be director, please state when.

Show any relevant current and previous directorships.

Day	Month	Year

Date of resignation.

Issued Share Capital (See note 8)

Aggregate
nominal value
(ie Number of shares
issued multiplied by
nominal value per share)

Ordinary	2,283,422	£1,141,711
Totals	2,283,422	£1,141,711

Page 4

REGISTER OF DIRECTORS AND DIRECTORSHIPS

LYWOOD
Rupert Charles Gifford
Mr

Last updated	14/05/58
--------------	----------

Date of Birth	08/05/60
Occupation	Chartered Accountant
Nationality	British
Address	37a Voltaire Road
	London
	SW4 6DD

Directorships	
Current	Appointment
Matrix-Data Limited	20/09/85
Matrix-Securities Limited	19/12/86
Matrix Aegis plc	
Matrix Health 1 plc (in Membs Vol Liq)	
Matrix Healthcare plc	
Matrix Aegis (ANS I) plc	
Barleyglow Limited	
Matrix Films & Television plc	
The Knoll Nursing Home Limited	
Unisoft Solutions Group Limited	

Directorships
Previous
Matrix Aegis (Nene I) plc
Matrix Aegis (Nene II) plc
Matrix Aegis (ANS II) plc
Matrix Aegis (Coventry I) plc
Matrix Aegis (Coventry II) plc
Matrix Middlesex I plc
Matrix Middlesex II plc
Matrix Aegis (Leicester) plc
Matrix Surrey I plc
Matrix Surrey II plc
Housing for North Cheshire plc
Housing for South Wight plc
Housing for Isle of Wight plc
Housing for Portico I plc
Housing for Portico II plc
ECHG (Harrow) Homes plc
ECHG (Kensington and Chelsea) Homes plc
Matrix Cashbacked I plc
Moulton Park Properties I plc
Moulton Park Properties II plc
Moulton Park Properties III plc
Moulton Park Properties IV plc
Cashlink Limited
Shaftesbury (Arun) Housing plc
Shaftesbury (Eastbourne) Housing plc
SHA (Contractors) I plc
SHA (Contractors) II plc
SHA (Contractors) III plc
SHA (Contractors) IV plc
SHA (Contractors) V plc
Pilgrim Contractors plc
Colvic Craft plc
Hoskins Inns plc

REGISTER OF DIRECTORS AND DIRECTORSHIPS

BAGULEY
Roy
Mr

Last updated	08/01/97
--------------	----------

Date of Birth	18/01/29
Occupation	Chartered Accountant
Nationality	British
Address	Greystones Manor Park Burley in Wharfedale Ilkley West Yorkshire LS29 7HH

Directorships	
Current	Appointment
Matrix Healthcare plc	29/11/90
The Knoll Nursing Home Limited	22/02/96
Barleyglow Limited	13/01/92
UK Scanner Company Limited	

Directorships	
Previous	
West Yorkshire Independent Hospital plc	
West Yorkshire Independent Hospital (Finance) Limited	
West Yorkshire Independent Hospital (Contract Services) Limited	
Yorkshire Clinicare Limited	
Countrywide Medical Services Limited	

REGISTER OF DIRECTORS AND DIRECTORSHIPS

DEWE-MATHEWS
Vincent Henry Peter
Mr

Last updated	08/01/97
--------------	----------

Date of Birth	15/10/44
Occupation	Chartered Accountant
Nationality	British
Address	The Pightle North Heath Chieveley Berkshire RG20 8UD

Directorships	Appointment
Current	
Barleyglow Limited	
The Knoll Nursing Home Limited	
Matrix Healthcare plc	
Matrix Aegis (ANS I) plc	
Matrix Aegis (ANS II) plc	
The Permanent Health Company Limited	
West Coast Homes (Ayrshire) Limited	
Lifeways Community Care Limited	
Matrix Health 1 plc (in members voluntary liquidation)	

Directorships	Previous
	Brightwalton Homes plc
	Celsus Pliny Limited
	Lifetime Health Care Limited
	Lifetime Limited
	MFPS Limited
	Medic International Limited

33

A

FORM ML8

BULK LIST OF SHAREHOLDERS OR MEMBERS

A bulk list (over 10 pages) of allotments for the company named below has been lodged but does not appear on this annual return microfiche.

If you wish to search the list, please enquire at the Search Control Counter.

Company Number 2463465

Company Name MATRIX HEALTHCARE PLC

Made-up-date 26-1-97