



COMPANIES HOUSE

Please complete in typescript,
or in bold black capitals.

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

2350846

Company Name in full

The MENTAL HEALTH FOUNDATION



F288A018

Date of appointment Day Month Year
20 01 99

†Date of Birth Day Month Year
26 09 1950

Appointment form

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

DR

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

ZENOBIA

Surname

NADIRSHAW

Previous
Forename(s)

(As above)

Previous
Surname(s)

GOTLASETH.

Usual residential
address

7, PARK DRIVE,

Post town

LONDON

Postcode

NW11 7SN

County / Region

Country

†Nationality

BRITISH

†Business occupation

Consultant Clinical
Psychologist

†Other directorships
(additional space overleaf)

CHAIR - ETHNIC ALCOHOL COUNSELLING IN HOUNSLOW
(EACH)

I consent to act as ** director / secretary of the above named company

Consent signature

M Nadirshaw

Date

29th January 1999

* Voluntary details.
† Directors only.

A director, secretary etc must sign the form below.

Signed

ILL

Date

12/02/1999

** Please delete as appropriate

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.



A23 *AQOJNDZ6* 135
COMPANIES HOUSE 19/02/99

Elizabeth Libexda - Moveni
20/21 Cornwall Terrace, London
NW1 4QH Tel 0171 - 535 7400
DX number DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.