

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**  
**FINANCIAL STATEMENTS**

**31 MARCH 2023**

**Company Registration Number 02136526**  
**Charity Number 297258**



# **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

## **FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2023**

---

<b>CONTENTS</b>	<b>PAGE</b>
Reference and administrative details of the charity and its advisors	<b>1</b>
Trustees' annual report	<b>2 to 7</b>
Independent Examiners report	<b>8</b>
Statement of financial activities (including income and expenditure account)	<b>9</b>
Balance sheet	<b>10</b>
Statement of cash flows	<b>11</b>
Notes to the financial statements	<b>12 to 20</b>

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****REFERENCE AND ADMINISTRATIVE DETAILS****YEAR ENDED 31 MARCH 2023**

---

<b>Company number</b>	02136526	
<b>Charity number</b>	297258	
<b>Registered office and operational address</b>	3 <sup>rd</sup> Floor Brunswick Court Brunswick Square Bristol BS2 8PE	
<b>Trustees</b>	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Lucy Downs	Chair
	Melody Russell	Vice Chair
	Hélène Titus-Glover	Secretary
	Louise Lacey	Treasurer
	Sarah Bartlett	
	Sally Bennett	
	Alyson Fielden	
	Frances Hall	Appointed 16/05/2022
	Terry Jones	
	Ruth Yudkin	Resigned 14/11/2022
	Jasmin Webb-Oriogun	Appointed 14/11/2022
	Jo Feather	Appointed 15/05/2023
	Claire Simmons	Appointed 15/05/2023
	Laura Sponti	Appointed 15/05/2023
<b>Key Management Personnel</b>	Kyra Bond	Chief Executive Officer
	Claire Boulton	Business Manager
	Rosie Thoburn	Clinical Manager
	Nicola Coggins	Senior Volunteer Service Coordinator
<b>Bankers</b>	Barclays Bank 55 Broadmead Bristol BS1 3EA	Santander 1 <sup>st</sup> Floor, Alliance House 12 Baldwin Street Bristol BS1 1SD
<b>Independent Examiners</b>	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park Daventry Road Bristol BS4 1DQ	

# **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

## **TRUSTEES' ANNUAL REPORT**

### **YEAR ENDED 31 MARCH 2023**

---

#### **Womankind Bristol Women's Therapy Centre**

The trustees present their report and the examined financial statements for the period ended 31 March 2023.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **Governance and Management**

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association.

#### **Method of Recruiting and Appointing Trustees**

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Board of Trustees seeks to ensure that the needs of its client group (women with mental health support needs) are appropriately reflected through the diversity of the trustee body. In addition, the Board of Trustees seek to ensure that there is a broad experience and skills mix on the board.

#### **Trustee Induction and Training**

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Board of Trustees during which she will be made aware of:

- The obligations of Trustees;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

#### **Organisational structure**

Womankind has a Board of Trustees who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has thirteen members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO along with the Clinical Manager, Business Manager, Senior Volunteer Service Coordinator and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

## **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2023**

---

#### **Risk Management**

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. In relation to the Covid-19 pandemic, this necessitated delivering some services remotely especially during the winter months to reduce the risk of spreading the infection. External risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, the national Helpline Quality Standard, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

#### **Related parties**

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems, including survivors of sexual violence and domestic abuse. Key partnerships include the Sexual Violence Alliance Somerset (Avon Rape and Sexual Abuse Support, The Green House, Safe Link, Kinergy, The Southmead Project and The Bridge Sexual Assault Referral Centre), Missing Link/Safe Link/Next Link, VSCE Mental Health Alliance, Sovereign Housing Association, NHS Bristol, North Somerset and South Gloucestershire Integrated Care Board and Avon and Somerset Police and Crime Commissioner.

#### **Objectives and Activities**

The Company's objectives:

To help women and girls improve their mental health and well-being (particularly, but not limited to those whose mental health and well-being has been affected by sexual violence or abuse), through the provision of advice and information, and the provision of free or affordable support and professional therapy, and a therapeutic environment.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services that are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.
- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired and disabled women.

## **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2023**

---

- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

#### **Achievements and Performance**

Womankind has provided vital mental health support for many women over the past thirty-seven years. Over the year, our dedicated team worked extremely hard to support more women than ever before. Our helpline volunteers handled 6,523 calls, webchats and emails from women in distress compared to 5,711 in the previous year and we supported 438 clients with counselling, befriending or group therapy service.

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Henry Smith Charity, The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support for women's rape and sexual abuse counselling (including a young women's service) as part of the Sexual Violence Consortium.
- Next Link for Home Office funding for counselling for young women affected by domestic abuse.
- The National Lottery and Bristol Community Health towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Housing Association to provide a befriending service for their own residents who have experienced domestic abuse and/or sexual violence.
- Tesco's Little Helps towards the Webchat extension to our telephone helpline.
- Quartet Community Foundation's Resilience Fund towards the salary of our part-time Business Manager.

Together with unrestricted grants from the Edward Gostling Foundation, the Nani Huyu Charitable Trust and a number of other small (under £5k) grants and donations from several trusts and foundations to support our service provision generally and our core costs.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling.

#### **Telephone and Webchat Helpline**

The Helpline is staffed by trained and supervised volunteers and is open every weekday morning, Monday, Tuesday and Wednesday afternoons, and Monday and Tuesday evenings.

A total number of 4,568 telephone calls, 1,001 Webchat calls and 954 emails were handled during the year 2022-23. Overall, there was a 14% increase in handled contacts from women seeking support compared to the previous year. Due to increasing numbers of young women callers, we offered further training and support to our volunteers helping them to respond and manage these calls, particularly in relation to Safeguarding. The service was successfully re-accredited during the year by the Helplines Partnership, for the Mental Health Helplines Quality Standard.

## **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2023**

---

##### **Befriending Services**

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are trained in mental health, sexual violence and trauma-informed care. The aim of the service is to improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for referred isolated women with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Housing association female residents who have experienced domestic abuse and/or sexual violence.

85 women were supported by volunteers in befriending partnerships during 2022/23.

All women completing end of service evaluations have reported a decrease in social isolation, being able to perform more self-care, including eating healthily, seeking medical care, and pursuing hobbies. Many women have reported feeling less anxious, safer and more hopeful, with increased self-esteem.

##### **Counselling and Group Therapy Services**

###### **Therapy Groups**

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing, and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two on-going therapy groups for women.
- Two low fee therapy groups for women who can afford to contribute but are on low incomes.

###### **Counselling**

Womankind offers culturally and trauma informed counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. All counsellors receive regular supervision provided by Womankind. Since the onset of the pandemic, we have offered counselling services flexibly and responsively (online or in-person) to meet women's needs and preferences. Most counselling was delivered in person during 2022/23, but clients have been appreciative of this flexibility.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.
- Counselling for Deaf and hard of hearing women with a signing counsellor.
- Specialist rape and sexual abuse counselling service delivered in partnership with the Sexual Violence Consortium and Somerset and Avon Rape and Sexual Abuse Support Service (SARSAS).
- Specialist young women's counselling services. These services are delivered in partnership with SARSAS and Next Link.
- Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
- Affordable fee-paying general counselling.

## **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2023**

---

A total number of 353 clients received weekly counselling or group therapy sessions during the year.

#### **Financial Review**

As at 31 March 2023 Womankind remains in a financially stable position. The charity generated a surplus of £74,239 compared to £38,478 in 2022. There has been a 17% increase in total income compared to 2022. This is due to securing additional or increased grants, primarily from statutory commissioners for new or expanded services to meet rising levels of need.

Total expenditure increased by 10% from the previous year, this is due to increased activity driven by the increased demand for the charity's services. New staff have been recruited and staff hours have increased.

Womankind currently has an unrestricted general reserve of 4.6 months which is more than the amount required by the Trustees stated reserves policy as set out below. However, the Trustees consider it prudent to maintain a greater level of reserves for robust financial governance in this uncertain financial climate.

#### **Reserves policy**

The Board of Trustees have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least two months running costs and reserves to covers its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Board of Trustees will budget for surpluses in the next three years to recover the position.

#### **Funds Received as Agent or Funds Held as Custodian Trustee**

There are no assets, classes of assets or categories of assets held on behalf of other entities.

#### **Statement of Responsibilities of the Board of Trustees**

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.



## **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

### **TRUSTEES' ANNUAL REPORT**

#### **YEAR ENDED 31 MARCH 2023**

---

The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31<sup>st</sup> March 2023 was ten.

The Board of Trustees are members of the charity but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

#### **Independent Examiners**

Joanne Trowbridge, was appointed as the charitable company's independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.

24/7/2023

Approved by the Board of Trustee on .....and signed on its behalf

DocuSigned by:  
  
by: ..... Louise Lacey, Treasurer  
C1F60F824D98440...

**Womankind Bristol Women's Therapy Centre**

## WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

### INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2023

---

I report on the accounts of the company for the year ended 31st March 2023 which are set out on pages 9 to 22.

#### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

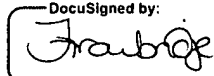
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT

DocuSigned by:  
  
.....C2F8368E1B574EA.....

Bristol Community Accountants CIC  
The Park  
Daventry Road  
Knowle Bristol BS4 1DQ

25/7/2023  
.....

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)****YEAR ENDED 31 MARCH 2023**

		<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2023</b>	<b>Total Funds 2022</b>
	<b>Note</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming and Endowments from:</b>					
Donations and legacies	<b>2</b>	73,849	464,958	538,807	420,539
Charitable activities	<b>3</b>	32,769	-	32,769	69,779
Investments		497	-	497	31
<b>Total Income</b>		<b>107,115</b>	<b>464,958</b>	<b>572,073</b>	<b>490,349</b>
<b>Expenditure On:</b>					
Raising funds		7,114	-	7,114	1,373
Charitable activities		5,762	484,958	490,720	450,498
<b>Total Expenditure</b>	<b>5</b>	<b>12,876</b>	<b>484,958</b>	<b>497,834</b>	<b>451,871</b>
<b>Net income</b>		<b>94,239</b>	<b>(20,000)</b>	<b>74,239</b>	<b>38,478</b>
<b>Net movement in funds</b>		<b>94,239</b>	<b>(20,000)</b>	<b>74,239</b>	<b>38,478</b>
<b>Total funds brought forward</b>		<b>215,163</b>	<b>40,000</b>	<b>255,163</b>	<b>216,685</b>
<b>Total funds carried forward</b>		<b>309,402</b>	<b>20,000</b>	<b>329,402</b>	<b>255,163</b>

All of the activities of the charity are classed as continuing

**The notes on pages 12 to 22 form part of these financial statements**

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****BALANCE SHEET****YEAR ENDED 31 MARCH 2023**

	Note	2023 £	2022 £
<b>Current assets</b>			
Debtors	10	2,883	2,095
Cash at bank and in hand		341,999	274,032
<i>Total current assets</i>		<u>344,882</u>	<u>276,127</u>
<b>Creditors : Amounts falling due within one year</b>	11	(15,480)	(20,964)
<i>Net current assets or liabilities</i>		<u>329,402</u>	<u>255,163</u>
<b>Total net assets or liabilities</b>		<u><u>329,402</u></u>	<u><u>255,163</u></u>
<b>The Funds of the Charity</b>	12		
Restricted funds		20,000	40,000
Unrestricted funds			
<i>Designated funds</i>		85,000	40,000
<i>General funds</i>		224,402	175,163
		<u>329,402</u>	<u>255,163</u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

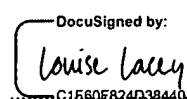
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

24/7/2023

These financial statements were approved by the trustees on ..... and are signed on their behalf by:

DocuSigned by:  
  
 .....C1F60F824D38440.....

Louise Lacey - Treasurer

The notes on pages 12 to 22 form part of these financial statements

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****STATEMENT OF CASH FLOWS****YEAR ENDED 31 MARCH 2023**


---

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Cash flows from operating activities:</b>		
Net (expenditure)/income	74,239	38,478
<i>Adjustments for:</i>		
Other interest receivable and similar income	497	31
<i>Changes in:</i>		
Trade and other debtors	(788)	7,500
Trade and other creditors	(5,484)	(5,333)
Cash generated from operations	<u>68,464</u>	<u>40,676</u>
Interest received	(497)	(31)
Net cash from operating activities	<u>67,967</u>	<u>40,645</u>
<b>Net Increase in cash and cash equivalents</b>	<b>67,967</b>	<b>40,645</b>
<b>Cash and cash equivalents at beginning of year</b>	<b>274,032</b>	<b>233,387</b>
<b>Cash and cash equivalents at end of year</b>	<u><b>341,999</b></u>	<u><b>274,032</b></u>

---

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

### 1 Accounting Policies

#### Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

#### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

#### Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

#### Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the time it is received.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

## WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

### NOTES TO THE FINANCIAL STATEMENTS

#### YEAR ENDED 31 MARCH 2023

#### **Expenditure**

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

#### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

#### **Trade and other debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

#### **Trade and other creditors**

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

#### **Financial Instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

#### **Pensions costs**

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****Income and Endowments From:**

<b>2 Donations and Legacies</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Grants &gt; £5,000</b>			
NHS England via OPCC	-	30,000	30,000
NHS Bristol, North Somerset & South Gloucestershire ICB	-	89,775	89,775
National Lottery	-	30,000	30,000
The Henry Smith Charity	-	12,450	12,450
Nani Huyu Charitable Trust	25,000	-	25,000
South Gloucestershire Council	-	8,925	8,925
The Brook Trust	-	22,600	22,600
Keeping Bristol Safe Partnership (Via SARSAS)	-	23,000	23,000
Young Women's Service (via SARSAS)	-	33,903	33,903
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	22,955	22,955
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	73,750	73,750
The Bromley Trust	-	20,000	20,000
Tesco Little Helps	-	5,000	5,000
Edward Gostling Foundation	10,000	-	10,000
Sovereign Housing Association	-	39,830	39,830
Bristol Community Health	-	20,000	20,000
Quartet Community Foundation	-	10,000	10,000
Home Office via Next Link	-	15,270	15,270
<b>Grants &lt; £5,000</b>			
Ashworth Trust	-	3,000	3,000
St James Place Charitable Foundation	-	2,500	2,500
Boshier-Hinton Foundation	-	2,000	2,000
<b>Unrestricted Grants &amp; donations &lt; £5,000</b>	<b>38,849</b>	<b>-</b>	<b>38,849</b>
	<b>73,849</b>	<b>464,958</b>	<b>538,807</b>



**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023**

<i>Donations and Legacies - prior year</i>	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>Total Funds 2022</i>
	<i>£</i>	<i>£</i>	<i>£</i>
<i>Grants &gt; £5,000</i>			
<i>Bristol City Council</i>	-	17,150	17,150
<i>NHS England</i>	-	25,000	25,000
<i>NHS Bristol, North Somerset &amp; South Gloucestershire CCG</i>	-	55,618	55,618
<i>National Lottery</i>	-	12,000	12,000
<i>The Henry Smith Charity</i>	-	24,600	24,600
<i>Nani Huyu Charitable Trust</i>	23,000	-	23,000
<i>Garfield Weston Foundation</i>	-	20,000	20,000
<i>South Gloucestershire Council</i>	-	8,925	8,925
<i>The Brook Trust</i>	-	22,200	22,200
<i>Pilgrim Trust</i>	-	15,000	15,000
<i>Keeping Bristol Safe Partnership (Via SARSAS)</i>	-	23,000	23,000
<i>Young Women's Service (via SARSAS)</i>	-	18,400	18,400
<i>NHS Bristol, North Somerset &amp; South Gloucestershire CCG, Ministry of Justice (via SARSAS)</i>	-	36,812	36,812
<i>Ministry of Justice (MoJ) via Police &amp; Crime Commissioner for Avon &amp; Somerset</i>	-	17,771	17,771
<i>The Bromley Trust</i>	-	20,000	20,000
<i>Sovereign Housing Association</i>	-	32,405	32,405
<i>James Tudor Foundation</i>	-	6,050	6,050
<i>Grants &lt; £5,000</i>			
<i>Clothworkers Foundation</i>	-	4,000	4,000
<i>Unrestricted Grants &amp; donations &lt; £5,000</i>	38,608	-	38,608
	<b>61,608</b>	<b>358,931</b>	<b>420,539</b>

**3 Charitable Activities**

	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>Total Funds 2023</i>
	<i>£</i>	<i>£</i>	<i>£</i>
<i>Earned Income - Other</i>	7,013	-	7,013
<i>Fees: Counselling</i>	25,756	-	25,756
	<b>32,769</b>	<b>-</b>	<b>32,769</b>
<i>Charitable activities - prior year</i>			
	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>Total Funds 2022</i>
	<i>£</i>	<i>£</i>	<i>£</i>
<i>Earned Income - Other</i>	6,284	-	6,284
<i>Miscellaneous income</i>	10,893	-	10,893
<i>Fees: Counselling</i>	52,602	-	52,602
	<b>69,779</b>	<b>-</b>	<b>69,779</b>

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****4 Government Grants**

The charitable company receives government grants, defined as funding from NHS England, BNSSG ICB, and South Gloucestershire Council and the Ministry of Justice to fund charitable activities. The total value of such grants in the period ending 31 March 2023 was £151,655 (2022: £106,693). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2023.

**5 Charitable Activities**

	Raising Funds	Charitable activities	Support & governance costs	Total Funds 2023	Total Funds 2022
	£	£	£	£	£
Staff costs	6,782	295,512	-	302,294	245,988
Travel and subsistence	-	803	-	803	629
Volunteer expenses / training	-	2,461	-	2,461	2,296
Management committee expenses	-	-	244	244	92
Rent and rates	-	42,514	-	42,514	40,021
Repairs and renewals	-	-	10,262	10,262	11,565
Miscellaneous	-	-	927	927	792
Office sundries	-	-	991	991	625
Training	-	4,271	-	4,271	2,735
Insurance	-	2,269	-	2,269	2,976
Telephone	-	4,511	-	4,511	4,479
Recruitment and advertising	-	-	2,187	2,187	1,412
Legal and professional (includes	-	-	19,148	19,148	28,905
Clinicians' fees	-	85,478	-	85,478	84,796
Subscriptions and memberships	332	-	5,631	5,963	8,016
Printing, postage and stationery	-	784	-	784	496
IT costs	-	-	6,810	6,810	9,585
Accountancy	-	-	4,922	4,922	4,988
Annual report	-	-	995	995	1,475
<b>Sub-total</b>	<b>7,114</b>	<b>438,603</b>	<b>- 52,117</b>	<b>497,834</b>	<b>451,871</b>
Allocation of support costs and governance costs	-	52,117	(52,117)	-	-
<b>Total expenditure</b>	<b>7,114</b>	<b>490,720</b>	<b>-</b>	<b>497,834</b>	<b>451,871</b>

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****6 Net incoming resources for the year**

This is stated after charging:

	2023	2022
	£	£
Trustees' reimbursed expenses	-	48
Independent Examiner's Fees	593	563
	<u>593</u>	<u>563</u>

**7 Staff costs and numbers**

The aggregate payroll costs were:

	2023	2022
	£	£
Wages and Salaries	267,572	222,234
Social Security Costs	21,772	13,045
Pension Costs	12,950	10,709
	<u>302,294</u>	<u>245,988</u>

No employee received emoluments of more than £60,000 (2022: £Nil)

The average monthly head count was 14 staff (2022: 12 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer, Business Manager and the Clinical Manager. Total employee benefits paid to key management personnel were £97,422 (2022: £90,533).

**8 Trustee expenses**

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2022: £nil). No trustees were reimbursed expenses during the year (2022: £48). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

**9 Related party transactions**

No trustee or other person related to the charity has any personal interest in any contract or transactions entered into by the charity during the year. There were no other related party transactions during the year (2022: £nil)

**10 Debtors**

	2023	2022
	£	£
Trade debtors	1,959	1,200
Other debtors	755	735
Prepayments	169	160
	<u>2,883</u>	<u>2,095</u>

**11 Creditors: amounts falling due within one year**

	2023	2022
	£	£
Trade creditors	11,010	19,837
Accruals and deferred income	4,470	1,127
	<u>15,480</u>	<u>20,964</u>

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023**

<b>12 Movement in funds - current year</b>	<b>At 01-Apr 2022 £</b>	<b>Incoming resources £</b>	<b>Outgoing resources £</b>	<b>Transfers £</b>	<b>At 31-Mar 2023 £</b>
<b>Restricted funds</b>					
<i>Womankind Services</i>					
Quartet Community Foundation	-	10,000	(10,000)	-	-
<i>Inequalities Training</i>					
NHS Bristol, North Somerset & South Gloucestershire ICB - Women's Inequalities Training project	-	22,596	(22,596)	-	-
<i>General counselling</i>					
NHS Bristol, North Somerset & South Gloucestershire ICB	-	67,179	(67,179)	-	-
<i>Befriending Services</i>					
Bristol Community Health Grants Fund	-	20,000	(20,000)	-	-
Sovereign Housing Association	-	39,830	(39,830)	-	-
National Lottery	-	23,778	(23,778)	-	-
South Gloucestershire Council	-	8,925	(8,925)	-	-
NHS England via OPCC	-	25,000	(25,000)	-	-
<i>Safer Women's Project</i>					
The Henry Smith Charity	-	12,450	(12,450)	-	-
The Bromley Trust	15,000	20,000	(15,000)	-	20,000
The Brook Trust	-	22,600	(22,600)	-	-
<i>Deaf Women's Counselling</i>					
James Tudor Foundation	3,500	-	(3,500)	-	-
Ashworth Trust	-	3,000	(3,000)	-	-
Boshier-Hinton Foundation	-	2,000	(2,000)	-	-
<i>Telephone and Webchat Helpline</i>					
National Lottery	-	6,222	(6,222)	-	-
NHS England via OPCC	-	5,000	(5,000)	-	-
Tesco Little Helps	-	5,000	(5,000)	-	-
James Tudor Trust	1,500	-	(1,500)	-	-
Garfield Weston Foundation	20,000	-	(20,000)	-	-
<i>Sexual Violence Counselling</i>					
Keeping Bristol Safe Partnership (via SARSAS)	-	23,000	(23,000)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	22,955	(22,955)	-	-
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	73,750	(73,750)	-	-
<i>Groups</i>					
St James Place Charitable Foundation	-	2,500	(2,500)	-	-
<i>Young Women's Service (via SARSAS)</i>					
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	33,903	(33,903)	-	-
Home Office VAWG CADA funding via Next Link	-	15,270	(15,270)	-	-
	<b>40,000</b>	<b>464,958</b>	<b>(484,958)</b>	<b>-</b>	<b>20,000</b>

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****Movement in funds (continued)**

	<b>At 01-Apr 2022 £</b>	<b>Incoming resources £</b>	<b>Outgoing resources £</b>	<b>Transfers £</b>	<b>At 31-Mar 2023 £</b>
<b>Unrestricted funds</b>					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	20,000	25,000	-	-	45,000
Strategic priorities	20,000	-	-	20,000	40,000
<b>Total designated funds</b>	<b>40,000</b>	<b>25,000</b>	<b>-</b>	<b>20,000</b>	<b>85,000</b>
General funds	175,163	82,115	(12,876)	(20,000)	224,402
<b>Total unrestricted funds</b>	<b>215,163</b>	<b>107,115</b>	<b>(12,876)</b>	<b>-</b>	<b>309,402</b>
<b>Total funds</b>	<b>255,163</b>	<b>572,073</b>	<b>(497,834)</b>	<b>-</b>	<b>329,402</b>

**Purposes of restricted funds****Womankind Services**

NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) provide funding for general counselling, and for a project led by Missing Link to provide Women Inequalities Training across the mental health workforce. Quartet Community Foundation provided funding towards the part-time Business Manager's post through their Resilience Fund.

**Befriending Services**

NHS England provided funding via the Office of the Police and Crime Commissioner for Avon and Somerset (OPCC), for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from the National Lottery, South Gloucestershire Council, and Bristol Community Health.

**Safer Women's Project**

Funding was provided by The Henry Smith Charity, The Bromley Trust and the Brook Trust to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation.

**Deaf Women's Counselling**

The James Tudor Foundation, the Ashworth Trust and the Boshier-Hinton Foundation provided funding towards the provision of specialist counselling for Deaf/hard of hearing women.

**Telephone and Webchat Helpline**

The Garfield Weston Foundation and Tesco Little Helps contributed towards the costs of running Womankind's telephone and webchat helpline.

**Sexual Violence Counselling**

The Keeping Bristol Safe Partnership provided funding for women's historic sexual abuse counselling delivered as part of Bristol Sexual Violence Consortium, via Somerset and Avon Rape and Sexual Abuse Support (SARSAS). The Ministry of Justice via the OPCC and NHS BNSSG ICB provided funding for counselling women who have experienced recent sexual violence, rape and/or serious sexual assault, via SARSAS.

**Groups**

The St. James's Place Charitable Foundation contributed to the delivery of therapeutic groups.

**Young Women's Service**

NHS BNSSG ICB provided funding via SARSAS for a specialist young women's service. The Home Office provided funding via Next Link for Transition Counselling to support young women affected by domestic abuse.

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****Purpose of designated funds****Nani Huyu Charitable Trust**

The trustees chose to designate these monies for the purpose of funding the additional counselling sessions in 2023/24.

**Strategic Priorities**

The trustees have developed a strategic and business plan for the next three years which has new priorities, some of which may require one off or short term costs to implement.

<i>Movement in funds - prior year</i>	<i>At 01-Apr 2021 £</i>	<i>Incoming resources £</i>	<i>Outgoing resources £</i>	<i>Transfers £</i>	<i>At 31-Mar 2022 £</i>
<b>Restricted funds</b>					
<b>Womankind Services</b>					
Wessex Water Recovery Grant Programme	1,240	-	(1,240)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	8,000	27,618	(35,618)	-	-
The Clothworkers' Foundation	-	4,000	(4,000)	-	-
<b>Befriending Services</b>					
Bristol Community Health Grants Fund	15,850	-	(15,850)	-	-
Sovereign Housing Association	2,700	32,405	(35,105)	-	-
National Lottery	-	5,840	(5,840)	-	-
South Gloucestershire Council	-	8,925	(8,925)	-	-
NHS England	-	25,000	(25,000)	-	-
<b>Safer Women's Project</b>					
The Henry Smith Charity	-	24,600	(24,600)	-	-
The Bromley Trust	15,000	20,000	(20,000)	-	15,000
The Brook Trust	-	22,200	(22,200)	-	-
<b>Deaf Women's Counselling</b>					
James Tudor Foundation	-	4,290	(790)	-	3,500
<b>Telephone and Webchat Helpline</b>					
National Lottery	-	6,160	(6,160)	-	-
Bristol CC Impact Fund	-	12,150	(12,150)	-	-
Pilgrim Trust	-	15,000	(15,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	10,000	(10,000)	-	-
James Tudor Trust	-	1,760	(260)	-	1,500
Garfield Weston Foundation	-	20,000	-	-	20,000
<b>Sexual Violence Counselling</b>					
Keeping Bristol Safe Partnership (via SARSAS)	-	23,000	(23,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	13,600	(13,600)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	17,771	(17,771)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG (via SARSAS)	-	36,812	(36,812)	-	-

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023*****Movement in funds - prior year  
(continued)***

	At 01-Apr 2021 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2022 £
<i>Groups</i>					
Bristol CC Impact Fund	-	5,000	(5,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	4,400	(4,400)	-	-
Young Women's Service (via SARSAS)	-	18,400	(18,400)	-	-
	<u>42,790</u>	<u>358,931</u>	<u>(361,721)</u>	<u>-</u>	<u>40,000</u>
<i>Unrestricted funds</i>					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	20,000	23,000	(23,000)	-	20,000
Strategic priorities	-	-	-	20,000	20,000
<i>Total designated funds</i>	<u>20,000</u>	<u>23,000</u>	<u>(23,000)</u>	<u>20,000</u>	<u>40,000</u>
<i>General funds</i>	<u>153,895</u>	<u>108,418</u>	<u>(67,150)</u>	<u>(20,000)</u>	<u>175,163</u>
<i>Total unrestricted funds</i>	<u>173,895</u>	<u>131,418</u>	<u>(90,150)</u>	<u>-</u>	<u>215,163</u>
<i>Total funds</i>	<u>216,685</u>	<u>490,349</u>	<u>(451,871)</u>	<u>-</u>	<u>255,163</u>

**13 Company limited by guarantee**

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

<b>14 Analysis of net assets between funds - current year</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total Funds 2023 £</b>
Cash at bank and in hand	321,999	20,000	341,999
Other net current assets or liabilities	(12,597)	-	(12,597)
	<u>309,402</u>	<u>20,000</u>	<u>329,402</u>
<i>Analysis of net assets between funds - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2022 £</i>
Cash at bank and in hand	234,032	40,000	274,032
Other net current assets or liabilities	(18,869)	-	(18,869)
	<u>215,163</u>	<u>40,000</u>	<u>255,163</u>

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE****NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****15 Statement of financial activities - prior year**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total Funds 2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Incoming and Endowments from:</b>			
Donations and legacies	61,608	358,931	420,539
Charitable activities	69,779	-	69,779
Investments	31	-	31
<b>Total income</b>	<b>131,418</b>	<b>358,931</b>	<b>490,349</b>
<b>Expenditure On:</b>			
Raising Funds	1,373	-	1,373
Charitable activities	88,777	361,721	450,498
<b>Total expenditure</b>	<b>90,150</b>	<b>361,721</b>	<b>451,871</b>
<b>Net Income</b>	<b>41,268</b>	<b>(2,790)</b>	<b>38,478</b>
<b>Net movement in funds</b>	<b>41,268</b>	<b>(2,790)</b>	<b>38,478</b>
<b>Total funds brought forward</b>	<b>173,895</b>	<b>42,790</b>	<b>216,685</b>
<b>Total funds carried forward</b>	<b>215,163</b>	<b>40,000</b>	<b>255,163</b>