

**Registered Number 02086999**

**ACADEMY OF SYSTEMATIC KINESIOLOGY LIMITED(THE)**

**Abbreviated Accounts**

**31 December 2015**

**ACADEMY OF SYSTEMATIC KINESIOLOGY LIMITED(THE)****Abbreviated Balance Sheet as at 31 December 2015****Registered Number 02086999**

	<i>Notes</i>	<i>2015</i>	<i>2014</i>
		£	£
<b>Fixed assets</b>			
Tangible assets	2	2,520	3,360
		<u>2,520</u>	<u>3,360</u>
<b>Current assets</b>			
Stocks		1,750	4,435
Debtors		20,863	15,343
Cash at bank and in hand		25,292	22,400
		<u>47,905</u>	<u>42,178</u>
<b>Creditors: amounts falling due within one year</b>		<u>(21,281)</u>	<u>(17,600)</u>
<b>Net current assets (liabilities)</b>		<u>26,624</u>	<u>24,578</u>
<b>Total assets less current liabilities</b>		<u>29,144</u>	<u>27,938</u>
<b>Total net assets (liabilities)</b>		<u>29,144</u>	<u>27,938</u>
<b>Capital and reserves</b>			
Called up share capital	3	5	5
Profit and loss account		29,139	27,933
<b>Shareholders' funds</b>		<u>29,144</u>	<u>27,938</u>

- For the year ending 31 December 2015 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 25 June 2016

And signed on their behalf by:

**C. Muller, Director**

## Notes to the Abbreviated Accounts for the period ended 31 December 2015

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Turnover policy**

Turnover represents the value, net of value added tax of goods and services supplied to customers

**Tangible assets depreciation policy**

Plant and machinery at 25% reducing balance

## 2 Tangible fixed assets

	£
<b>Cost</b>	
At 1 January 2015	53,530
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 December 2015	<u>53,530</u>
<b>Depreciation</b>	
At 1 January 2015	50,170
Charge for the year	840
On disposals	-
At 31 December 2015	<u>51,010</u>
<b>Net book values</b>	
At 31 December 2015	<u>2,520</u>
At 31 December 2014	<u>3,360</u>

## 3 Called Up Share Capital

Allotted, called up and fully paid:

	2015	2014
	£	£
5 Ordinary shares of £1 each	5	5

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