

Registered Number 02086999

ACADEMY OF SYSTEMATIC KINESIOLOGY LIMITED(THE)

Abbreviated Accounts

31 December 2011

ACADEMY OF SYSTEMATIC KINESIOLOGY LIMITED(THE)

Registered Number 02086999

Balance Sheet as at 31 December 2011

	Notes	2011	2010
		£	£
Fixed assets			
Tangible	2	7,964	10,618
Total fixed assets		7,964	10,618
Current assets			
Stocks		185	185
Debtors		7,940	11,549
Cash at bank and in hand		21,625	9,405
Total current assets		29,750	21,139
Creditors: amounts falling due within one year		(15,457)	(11,797)
Net current assets		14,293	9,342
Total assets less current liabilities		22,257	19,960
Creditors: amounts falling due after one year		(2,380)	(6,322)
Provisions for liabilities and charges		(1,273)	(1,698)
Total net Assets (liabilities)		18,604	11,940
Capital and reserves			
Called up share capital		5	5
Profit and loss account		18,599	11,935
Shareholders funds		18,604	11,940

- a. For the year ending 31 December 2011 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
 - i. ensuring the company keeps accounting records which comply with Section 386; and
 - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 10 September 2012

And signed on their behalf by:

Mrs C. E. Moffet, Director

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.

Notes to the abbreviated accounts

For the year ending 31 December 2011

1 Accounting policies

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

Turnover

Turnover represents the value, net of value added tax and discounts, of goods and services provided to customers.

Depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery 25.00% Reducing Balance

2 Tangible fixed assets

Cost	£
At 31 December 2010	53,530
additions	
disposals	
revaluations	
transfers	
At 31 December 2011	<u>53,530</u>
Depreciation	
At 31 December 2010	42,912
Charge for year	2,654
on disposals	
At 31 December 2011	<u>45,566</u>
Net Book Value	
At 31 December 2010	10,618
At 31 December 2011	<u>7,964</u>