



COMPANIES HOUSE



363s

## Annual Return

THE REGISTRAR OF COMPANIES  
COMPANIES HOUSE  
CROWN WAY  
CARDIFF  
CF4 3JZ

of company number 02074100

G

company name  
RIO TRADING COMPANY (HEALTH) LIMITED

company type  
PRIVATE COMPANY LIMITED BY SHARES

This form should be completed in black.

The information printed below is taken from Companies House records as at 07/10/93

If this information requires amendment use the spaces opposite.

### Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
28	10	93

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Day	Month	Year
20	10	93

### Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Day	Month	Year

### Registered Office (See note 3)

This is the address registered by Companies House.

2 EATON PLACE  
BRIGHTON  
SUSSEX  
BN2 1EH

EAST SUSSEX

### Principal business activities (See note 4)

Trade classification is  
8149 OTHER GOODS

--	--	--	--

--	--	--	--

--	--	--	--

--	--	--	--

If the code cannot be determined from the notes, give a brief description of principal activity.

02074100

**Register of members** (See note 5)

If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.

The register is kept at

REGISTERED OFFICE


**Register of debenture holders** (See note 6)

Any register of debenture holders (or duplicate) is kept at


**Company Secretary** (See note 7)

Particulars of a new secretary must be notified on form 288.

Day	Month	Year

Date of any change.

GRAEME  
LEWIS  
46 ROEDEAN CRESCENT  
BRIGHTON  
EAST SUSSEX BN2 5RH


If this person has ceased to be secretary, please state when.

Day	Month	Year

Date of resignation.

**Directors** (See note 7)

Particulars of a new director must be notified on form 288.

Day	Month	Year

Date of any change.

GRAEME  
LEWIS  
46 ROEDEAN CRESCENT  
BRIGHTON  
EAST SUSSEX BN2 5RH


Date of Birth:- 09/12/53

Nat:BRITISH

Occ:DISTRIBUTOR OF HEALTH PRODUCTS

If this person has ceased to be director, please state when.

Day	Month	Year

Date of resignation.

Other directorships.


02074100

**Directors - continued**

Particulars.

BENJAMIN JOLIFFE  
NASH  
18 POWIS SQUARE  
BRIGHTON  
EAST SUSSEX BN1 3HG

Date of Birth:- 18/05/35  
Nat:BRITISH  
Occ:MARKETING CONSULTANT

If this person has ceased to be director, please  
state when.

Other directorships.

If the information shown needs amendment, give  
details below and the date of any change.

Day	Month	Year

Date of any change.

Day	Month	Year

Date of resignation.

MOONSCOPE LTD., THE FOUNDATION  
FOR TRADITIONAL MEDICINE LTD.

Particulars.

DENISE  
SHELDON  
46 ROEDEAN CRESCENT  
BRIGHTON  
EAST SUSSEX BN2 5RH

DATE OF BIRTH MUST BE SUPPLIED →

Nat:FRENCH  
Occ:DIRECTOR

If this person has ceased to be director, please  
state when.

Other directorships.

Day	Month	Year

Date of any change.

Day	Month	Year

Date of resignation.

Day	Month	Year

Date of any change.

NO MORE DIRECTORS - ADDITIONAL SECRETARIES  
OR DIRECTORS MUST BE NOTIFIED ON FORM 288.

If this person has ceased to be director, please  
state when.

Other directorships.

Day	Month	Year

Date of resignation.

**Issued Share Capital** (See note 8)

Enter details of all shares in issue at the date of this return.

Class (eg Ordinary/ Preference etc)	Number of shares issued	Aggregate nominal value (ie Number of shares issued multiplied by nominal value per share)
ORDINARY	100	£100
Totals	100	£100

**List of past and present members**

(See note 9)

(Use attached schedule where appropriate)

A full list is required if one was not included with either of the last two returns.

Please mark the  
appropriate box.

There were no changes in the period ☐

on paper

not on  
paper

The last full members list was at 28/10/91

A list of changes is enclosed ☐

A full list of members is enclosed ☒

**Elective resolutions** (See note 10)

(Private companies only)

If an elective resolution is in force at the date of this return to dispense with annual general meetings, mark this box. ☐

If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, mark this box. ☐

**Certificate**

I certify that the information given in this return is true to the best of my knowledge and belief.

I enclose the fee of £32.

Cheques should be made payable to **Companies House**.

Signed Graeme Lewis

Secretary/Director\*

\*(delete as appropriate)

Date 20-10-93

This return includes                      continuation sheets.  
(enter number)

**Please ensure that you have completed all sections on this page.**

To whom should Companies House direct any enquiries about the information shown in this return?

MOORES ROWLAND  
Chartered Accountants  
Nile House, P.O. Box 1034  
Nile Street  
BRIGHTON BN1 1JB

Postcode                     

Telephone 0273-324411 Ext 318



## LIST OF PAST AND PRESENT MEMBERS

**SCHEDULE TO FORM 363**

Company Number: 02074100		Account of Shares			
Company Name: RIO TRADING COMPANY (HEALTH) LIMITED		Number of shares or amount of stock held by existing members at date of this return.	Particulars of shares transferred since the date of the last return, or, in the case of the first return, since the incorporation of the company, by (a) persons who are still members, and (b) persons who have ceased to be members.		Remarks
Name and address	Number currently held		Number Transferred	Date of Registration of Transfer	
GRAEME LEWIS, 46 ROEDERAN CRESCENT, BRIGHTON, EAST SUSSEX, BN2 5RH	40	11	1/2/93	To Ben Nash	
BEN NASH, 18 POWIS SQUARE, BRIGHTON, EAST SUSSEX BN1 3HG	40	11	1/2/93	From Graeme Lewis	
DENISE SHELTON, 46 ROEDERAN CRESCENT, BRIGHTON, EAST SUSSEX, BN2 5RH	20				
	<u>100</u>				

**Continued overleaf**