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Please complete in typescript, or in bold black capitals.

288

Resignation of director or secretary

(NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company	Number
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2067828

Company Name in full

FOOD FOR THOUGHT (UK) LIMITED



NAME

Resignation form

Month Day

Year

Date of resignation

30 05 96

as secretary

Please mark the appropriate box. If resignation is as a director and secretary mark both boxes.

Resignation as director

resignation, please state reason

MR

X

*Honours etc

Please insert details as previously

Forename(s)

*Style / Title

GEOFFREY HOWARD

notified to Companies House.

Surname

MATTHEWS

†Date of Birth

17

If cessation is other than

Year Day Month 53 11

Voluntary details. † Directors only.

Signed

A serving director, secretary etc must sign the form below.

Date

(by a serving director/secretary/administrator/administrative receiver/receivermanager/receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should

contact if there is any query.

Addleshaw Sons & Latham

Dennis House

Marsden Street

Manchester M2 1JD

Tel 0161 832 5994

DX number 14301

DX exchange Manchester

When you have completed and signed the form please send it to the

Registrar of Companies at: Companies House, Crown Way, Cardiff, CF4 3UZ

for companies registered in England and Wales

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

DX 33050 Cardiff

COMPANIES HOUSE 26/06/96 Laserform International 1/96

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