Package:

'Laserform'

by Laserform International Ltd.

Please complete in typescript, or in bold black capitals.

288b

## Resignation of director or secretary

(NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

**Company Number** 

2067828

Company Name in full

FOOD FOR THOUGHT (UK) LIMITED

					:				
*	F	2	8	8	В	F	1	0	*

Resignation form

Date of resignation

Month Year Day 05

Resignation as director

as secretary

96

Please mark the appropriate box. If resignation is as a director and secretary mark both boxes.

NAME

\*Style / Title

**MRS** 

X

30

\*Honours etc

Please insert details as previously notified to

Forename(s)

MARGARET MARY

Companies House.

Surname

**PARSONS** 

Year Month Day

tDate of Birth

12 04 48

If cessation is other than resignation, please state reason

A serving director, secretary etc must sign the form below.

Voluntary details.

† Directors only.

Signed

Date

30 t

(by a serving director/secretary/administrator/administrative receiver/receivermanager/receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of

the person Companies House should contact if there is any query.

Addleshaw Sons & Latham

Dennis House

Marsden Street

Manchester M2 1JD

Tel 0161 832 5994

DX exchange Manchester

DX number 14301

When you have completed and signed the form please send it to the Registrar of Companies at: DX 33050 Cardiff

Companies House, Crown Way, Cardiff, CF4 3UZ

or companies registered in England and Wales

COMPANIES HOUSE 26/06/96

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland

Laserform International 1/96

DX 235 Edinburgh