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Please complete in typescript,
or in bold black capitals.

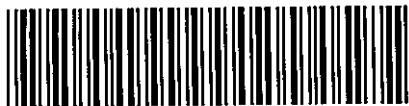
Resignation of director or secretary
(NOT for appointment (use Form 288a) or change
of particulars (use Form 288c))

Company Number

2067828

Company Name in full

FOOD FOR THOUGHT (UK) LIMITED



* F 2 8 8 B F 1 0 *

**Resignation
form**

Date of resignation

Day Month Year

30 05 96

Resignation as director

☒

as secretary

☐

Please mark the appropriate box. If resignation is
as a director and secretary mark both boxes.

NAME *Style / Title

MR

*Honours etc

Please insert
details as
previously
notified to
Companies House.

Forename(s)

BRUCE JOHN

Surname

PARSONS

†Date of Birth

Day Month Year

09 08 46

If cessation is other than
resignation, please state reason

A serving director, secretary etc must sign the form below.

* Voluntary details.
† Directors only.

Signed

Ad H H Cy

Date

30 May 96

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

Addleshaw Sons & Latham
Dennis House
Marsden Street
Manchester M2 1JD

Tel 0161 832 5994

DX number 14301

DX exchange Manchester

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales

or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

