

Package: 'Laserform'  
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# 288b

Please complete in typescript,  
or in bold black capitals.

## Resignation of director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

2067828

Company Name in full

FOOD FOR THOUGHT (UK) LIMITED



\* F 2 8 8 B F 1 0 \*

### Resignation form

Date of resignation

Day Month Year

29

05

96

Resignation as director

☒

as secretary

Please mark the appropriate box. If resignation is  
as a director and secretary mark both boxes.

NAME \*Style / Title

MR

\*Honours etc

Please insert  
details as  
previously  
notified to  
Companies House.

Forename(s)

ADAM

Surname

McCHESNEY

†Date of Birth

Day Month Year

06

02

49

If cessation is other than  
resignation, please state reason

A serving director, secretary etc must sign the form below.

\* Voluntary details.  
† Directors only.

Signed

*A H H L S C y*

Date

*30 May 96*

(by a serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

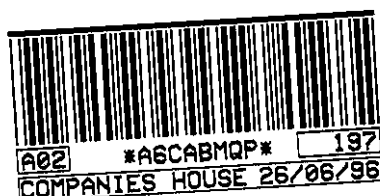
Please give the name, address,  
telephone number and, if available,  
a DX number and Exchange of  
the person Companies House should  
contact if there is any query.

Addleshaw Sons & Latham  
Dennis House  
Marsden Street  
Manchester M2 1JD

Tel 0161 832 5994

DX number 14301

DX exchange Manchester



A02 \*ASCABMQP\* 197  
COMPANIES HOUSE 26/06/96

When you have completed and signed the form please send it to the  
Registrar of Companies at:

**Companies House, Crown Way, Cardiff, CF4 3UZ** DX 33050 Cardiff  
for companies registered in England and Wales

or  
**Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB**  
for companies registered in Scotland

DX 235 Edinburgh