

THE REGISTRAR OF COMPANIES COMPANIES HOUSE

CROWN WAY CARDIFF CF4 3UZ



This form should be completed in black.

The information printed below is taken from Companies House records as at 24/04/98 If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
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Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Registered Office (See note 3)

This is the address registered by Companies House. 22 GROSVENOR GARDENS

LONDON SW1 ODH

Principal business activities (See note 4)

Trade classification is 7011 DEVELOPHENT & SELL REAL ESTATE

If the code cannot be determined from the notes, give a brief description of principal activity.

1 PAGE

of company number 02028741

company name CAPITAL AND REGIONAL PROPERTY HANAGEMENT LIMITED

company type PRIVATE COMPANY LIMITED BY SHARES

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 drys of this earlier date.

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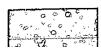
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02028741 Register of members (Sec note 2)	If the information shown needs amendment, give details below and, for secretary and director particulars, the date of any change.
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The register is kept at	
REGISTERED OFFICE	· · · · · · · · · · · · · · · · · · ·
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Register of debentaria holders (see note 6)	
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Company Secretary (See note 7)	Day Month Year
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If this person has ceased to be secretary, please state when.	Day Month Your          Date of resignation.
Directors (See note 7)	Day Month Year
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Occ: COMPANY DIRECTOR	Day Month Year
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Directors - continued	Day Month Year
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If this person has ceased to be director, please state when.  Show any relevant current and previous directorships.  PAGE 5	



Issued Share Capital (See note 5)  Enter dotails of all shares in Issue at the date of this return.	Class Number of Aggregate shares issued nominal value (ie Number of shares issued nominal value of shares issued multiplied by nominal value per share)  Of desirang 100 100
	Totals 100 £100
List of past and present members (See note 9) (Use attached schedule where appropriate) A full list is required if one was not included with either of the last two returns.  The last full members list was at 10/05/96	Please mark the appropriate box.  There were no changes in the period
	on paper paper  A list of changes is enclosed  A full list of members is enclosed
Elective resolutions (See note 10) (Private companies only)	
If an elective resolution is in force at the date of this return to dispense with annual general meetings, mark this box.	
If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, mark this box.	
Certificate I certify that the information given in this return is true to the best of my knowledge and belief.	Signed Secretary/Director *(delete as appropriate)
I enclose the fee of £ 15.	This return includes continuation sheets.
Cheques should be made payable to Companies House.	(enter number) Please ensure that you have completed all sections on this page.
To whom should Companies House direct any enquiries about the information shown in this return?	Ann Dalton Assistant Company Secretary 22 Grosvenor Gardens London SW1W 0DH Telephone: 0171 730 5565
	Tolophone Ext



# DIRECTORSHIPS OF MARTIN BARBER

Capital and Regional Properties ple
Capital and Regional (Norwich) Limited
Capital and Regional Out-of-Town Ltd
Sports Villages (Milton Keynes) Limited
The Howgate Shopping Centre Limited
Capital and Regional Shopping Centres Limited
Capital and Regional Property Management Limited
Capital and Regional Investments Limited
Capital and Regional Property Investments Limited
Capital and Regional Property Investments Limited
Capital and Regional Estates Limited
Capital and Regional Estates Limited

Capital and Regional UK Holdings Limited
Capital and Regional USA Holdings Limited
Capital and Regional (Victoria) Limited
Capital and Legional (Swinden) Limited

Capital and Regional Developments (Newton Abbot) Limited

Capital and Regional (Salford) Limited
Capital and Regional (Bristol) Limited
Capital and Regional Retail (Northern) Limited
Capital and Regional Retail (York) Limited
Capital and Regional (Kingston) Limited
Capital and Regional (Leicester) Limited
Capital and Regional (Sunderland) Limited
Capital and Regional Green Holdings Limited

Capital and Lanham Retail Parks Limited
Capital and Lanham Retail Parks (Wolverhampton) Limited

Realcap Investments Limited
Realcap Management Limited
Dawncross Limited
Owlamber Limited
Cosmorole Limited
Branchlook Limited

Favourshaw Limited Churchwick Investments Limited

Datadash Limited
Capital and Regional Limited
Jeaton Properties Limited
Betterdash Limited

Philcap One Limited
Philcap Two Limited
Lancap One Limited
Lancap Two Limited
St Andrew House (Glasgow) Limited

## Framematch Limited

Easter Holdings Limited
Easter Capital Investment Holdings Limited
Easter Capital Investment Limited
The Easter Management Group (Scotland) Limited
Capital and Easter (Sunderland) Limited
Capital and Easter (Glasgow) Limited



# Capital and Lanham PLC

# Primesight Limited

Pricoa Property Investment Management Limited

Transeuropean Properties (General Partner) Limited

Twelve Quays Limited Twelve Quays One Limited Birkenhead Ports Limited

R Green Properties (Holdings)
R Green (Brighton) Limited
R Green (Bedford) Limited
Lancaster Court (Hove) Limited
Green-Sinfield Limited
R Green Properties (Management) Limited
R Green Properties Limited
Rayshire Properties Limited
R Green Developments (No 6) Limited
R Green Developments (No 12) Limited
R Green Developments (No 18) Limited

# In liquidation

R Green Developments (No 3) Limited R Green Developments (No 4) Limited R Green Developments (No 5) Limited R Green Developments (No 7) Limited

22.10.96/COSEC/MARTIN

#### DIRECTORSHIPS OF ROGER BOYLAND

Capital and Regional Properties plc \*

Capital and Regional (Norwich) Limited

Capital and Regional Out-of-Town Ltd

Sports Villages (Milton Keynes) Limited

The Howgate Shopping Centre Limited

Capital and Regional Shopping Centres Limited

Capital and Regional Property Management Limited

Capital and Regional Investments Limited

Capital and Regional Property Investments Limited

Capital and Regional Estates Limited

Capital and Regional UK Holdings Limited \*

Capital and Regional USA Holdings Limited \*

Capital and Regional Green Holdings Limited

Capital and Regional (Victoria) Limited

Capital and Regional (Swindon) Limited

Capital and Regional Developments (Newton Abbot) Limited

Capital and Regional (Salford) Limited

Capital and Regional (Bristol) Limited

Capital and Regional Retail (Northern) Limited

Capital and Regional Retail (York) Limited

Capital and Regional (Kingston) Limited

Capital and Regional (Leicester) Limited Capital and Regional (Sunderland) Limited

Capital and Lanham Retail Parks Limited

Capital and Lanham Retail Parks (Wolvernampton) Limited

Realcap Investments Limited

Realcap Management Limited

Dawncross Limited

Owlamber Limited

Cosmorole Limited

Branchlook Lumited

Favourshaw Limited

Churchwick Investments Limited

Datadash Limited

Capital and Regional Limited

Jearon Properties Limited

Betterdash Limited

St Andrew House (Glasgow) Limited

Philcap One Limited

Philcap Two Limited

Lancap One Limited

Lancap Two Limited

**Exchange Court Properties Ltd** 

## Framematch Limited

Capital and Easter (Sunderland) Limited \*

Hylton Riverside One Limited

Hylton Riverside Two Limited

Hylton Riverside Three Limited

Capital and Easter (Argyle) Limited

Capital and Easter (Glasgow) Limited

The Easter Management Group (Scotland) Limited

The Easter Morrison Parmership Limited \*

Capital and Lanham PLC \*

Charterboat Enterprises Limited \*

R Green Properties (Holdings) \*

R Green Properties Limited

R Green (Investments) Limited

R Green (Brighton) Limited

R Green (Bedford) Limited

Lancaster Court (Flove) Limited

Green-Sinfield Limited

R Green Properties (Management) Limited

R Green Developments (No 6) Limited

R Green Developments (No 12) Limited

R Green Developments (No 18) Limited

Rayshire Properties Limited

Cussins Green Commercial Developments Limited

### In liquidation

Cussins Green Developments (No 2) Limited

R Green Developments (No 3) Limited

R Green Developments (No 4) Limited

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R Green Developments (No 9) Limited

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R Green Developments (No 17) Limited

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R Green Developments (No 21) Limited

Regency Properties (Sussex) Limited

N Sherwood Limited

Devonshire Court (Hove) Limited

Cussins Green Portfolio Management Limited

A W Ounsted Limited

Alfred Knight (Builders) Limited

Westville Investment Trust Limited

Sinnington Securities Limited

Richboume Limited

Primary Directorships

#### DIRECTORSHIPS OF LYNDA CORAL

Capital and Regional Properties ple

Capital and Regional (Norwich) Limited

Capital and Regional Out-of- Town Ltd

The Collection Cafe Limited

Sports Villages (Milton Keynes) Limited

The Howgate Shopping Centre Limited

Capital and Regional Shopping Centres Limited

Capital and Regional Property Management Limited

Capital and Regional Investments Limited

Capital and Regional Property Investments Limited

Capital and Regional Estates Limited

Capital and Regional UK Holdings Limited

Capital and Regional USA Holdings Limited

Capital and Regional (Victoria) Limited

Capital and Regional (Swindon) Limited

Capital and Regional Developments (Newton Abbot) Limited

Capital and Regional (Salford) Limited

Capital and Regional (Bristol) Limited

Capital and Regional Retail (Northern) Limited

Capital and Regional Retail (York) Limited

Capital and Regional (Kingston) Limited Capital and Regional (Leicester) Limited

Capital and Regional (Sunderland) Limited

Capital and Regional Green Holdings Limited

Capital and Lanham Retail Parks Limited

Capital and Lanham Retail Parks (Wolverhampton) Limited

Realcap Management Limited

Realcap Investments Limited

Dawncross Limited

Owlamber Limited

Cosmorole Limited

Branchlook Limited

Favourshaw Limited Churchwick Investments Limited

Datadash Limited

Capital and Regional Limited

Jearon Properties Limited

Betterdash Limited

St Andrew House (Glasgow) Limited

Philcap One Limited

Philcap Two Limited

Lancap One Limited

Lancap Two Limited

Capital and Lanham plc

## Framematch Limited

Easter Holdings Limited

Easter Capital Investment Holdings Limited

Easter Capital Investment Limited

Twelve Quays One Limited

London and Amsterdam Properties Limited

The Easter Management Group (Scotland) Limited



Capital and Easter (Argyle) Limited Capital and Easter (Glasgow) Limited Easter Properties (North-East) Limited

## Twelve Quays Limited

R Green (Brighton) Limited
R Green (Bedford) Limited
Lancaster Court (Hove) Limited
Green-Sinfield Limited
R Green Properties (Management) Limited
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R Green (Investments) Limited
R Green Developments (No 6) Limited
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# DIRECTORSHIPS OF XAVIER PULLEN

Capital and Regional Properties plc Capital and Regional (Norwich) Limited Capital and Regional Out-of-Town Limited Sports Villages (Milton Keynes) Limited

The Howgate Shopping Centre Limited

Capital and Regional Shopping Centres Limited

Capital and Regional Property Management Limited

Capital and Regional Investments Limited

Capital and Regional Property Investments Limited

Capital and Regional Estates Limited
Capital and Regional UK Holdings Limited
Capital and Regional USA Holdings Limited

Capital and Regional (Victoria) Limited

Capital and Regional (Swindon) Limited

Capital and Regional Developments (Newton Abbot) Limited

Capital and Regional (Salford) Limited Capital and Regional (Bristol) Limited

Capital and Regional Retail (Northern) Limited

Capital and Regional Retail (York) Limited

Capital and Regional (Kingston) Limited

Capital and Regional (Leicester) Limited Capital and Regional (Sundedand) Limited

Capital and Regional Green Holdings Limited

Capital and Lanham Retail Parks Limited

Capital and Lanham Retail Parks (Wolverhampton) Limited

Realcap Investments Limited Realcap Management Limited

Dawncross Limited

Owlamber Limited

Cosmorole Limited

Branchlook Limited

Favourshaw Limited

Churchwick Investments Limited

Dandash Limited

Capital and Regional Limited

Jearon Properties Limited

Betterdash Limited

St Andrew House (Glasgow) Limited

Philcap One Limited

Philosp Two Limited

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Lancap Two Limited

The Easter Management Group (Scotland) Limited

Framematch Limited

Capital and Lanham plc

R Green (Brighton) Limited

R Green (Bedford) Limited Lancaster Court (Hove) Limited

Green-Sinfield Limited

R Green Properties (Management) Limited

R Green Properties Limited

Rayshire Properties Limited

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R Green Properties (Holdings)
R Green Developments (No 6) Limited
R Green Developments (No 12) Limited
R Green Developments (No 18) Limited

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22.10.96/COSEC/XAVIER



# CURRENT DIRECTORSHIPS OF K. C. FORD

No	Company
1.	Capital and Regional Properties plc
2.	Capital and Easter (Glasgow) Limited
3.	Capital and Easter (Argyle) Limited
4.	Capital and Regional Retail (York) Limited
5.	The Easter Morrison Partnership Limited
6.	Edinburgh Development Group plc
7.	Edinburgh Construction Services Limited
8.	EFE Limited
9.	Pacific Shelf 360 Limited
10.	Easter Netherton Limited
11.	Capitul and Regional Retail (Northern) Ltd
12.	St. Andrew House Glasgow Ltd
13.	Easter Management Group Scotland Ltd
14.	Four Seasons Nurseries (Scotland) Limited
15.	Canning Street Property Company Limited
16.	The Howgate Shopping Centre Limited
17.	Exchange Court Properties Limited
18.	Capital and Regional (Norwich) Ltd
19.	Capital and Regional Limited
20.	The Collection Cafe Limited

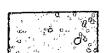
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# **Directorships of Simon Berry**

Capital and Lanham Construction (Coventry) Limited Capital and Lanfiam Construction Limited Capital and Lanham Developments (Barnstaple) Limited Capital and Lanham Developments (Bentley Bridge) Limited Capital and Lanham Developments (Cannock) Limited Capital and Lanham Developments (Groydon) Limited Capital and Lanham Developments (Dagenham) Limited Capital and Lanham Developments (Doncaster) Limited Capital and Lanham Developments (Midlands) Limited Capital and Lanham Developments (Northampton) Limited Capital and Lanham Developments (Orchard) Limited Capital and Lanham Developments (Pontefract) Limited Capital and Lanham Developments (Ripon) Limited Capital and Lanham Developments (Tolford) Limited Capital and Lanham Estates Limited Capital and Lanham Holding Camarthan Limited Capital and Lanham Holdings Limited Capital and Lanham Intown Leamington Limited Capital and Lanham PLC Capital and Lanham Projects No 1 Limited Capital and Lanham Retail Parks (Coventry) Ltd Capital and Lanham Retail Parks (Southern) Limited Capital and Lanham Retall Parks Developments Limited Capital and Lanham Scotland Limited Capital and Lanham Wembloy Limited Capital and Regional Out-of -Town Limited Sports Villages (Milton Keynes) Ltd Sports Villages Developments Ltd (50% owned)

Capital and Regional Investments Limited
Capital and Regional Property Management Ltd
Capital and Lanham Retail Parks Limited



# **OUTSIDE DIRECTORSHIPS**

Zedmate Ltd

Zedmate Developments Ltd

Zedmata Developments (Beckenham) Ltd

Zedmate Developments (Battersea) Ltd

Zedmate Developments (Southern) Ltd

Zedmate Davelopments (Oxford) Ltd

Zedmate Developments Thanet Ltd

Zedmate Developments (NUL) Ltd

Zedmate Developments (Camarthan) Ltd

Zedmate Developments (Pitiochry) Ltd

Zedmale Northern Ltd

Zedmate Developments (Loamington Spa) Ltd

Zedmate Developments (Barnsley) Ltd

Zedmate Developments (Perth) Ltd

Zedmate Intown Ltd

Zedmate International Developments Ltd

Zedmate Developments (Wolverhampton) Ltd

Zedmate Developments (Middleton) Ltd

Zedmate Developments Paisley Ltd

Zedmate Retail Parks (Coventry) Ltd

West 1 on One Limited

# **Directorships of Richard Gore**

Capital and Lanham Construction (Coventry) Limited Capital and Lanham Construction Limited Capital and Lanham Developments (Barnataple) Limited Copital and Lanham Developments (Bentley Bridge) Limited Cepital and Lanham Developments (Cannock) timited Capital and Lanham Developments (Croydon) Limited Capital and Lanham Devalopments (Dagenham) Limited Capital and Lanham Developments (Doncaster) Limited Capital and Lanham Developments (Midlands) Limited Capital and Lanham Developments (Northampton) Limited Capital and Lanham Developments (Orchard) Limited Capital and Lanham Developments (Pontefract) Limited Capital and Lanham Developments (Ripon) Limited Capital and Lanham Developments (Tolford) Limited Capital and Lanham Estates Limited Capital and Lanham Holding Camart van Limited Capital and Lanham Holdings Limited Capital and Lanham Intown Leamington Limited Capital and Lanham PLC Capital and Lanham Projects Not Limited Capital and Lanham Retail Parks (Coventry) Ltd Capital and Lanham Retail Parks (Southern) Limited Capital and Lanham Retall Parks Developments Limited Capital and Lanham Scotland Limited Capital and Lanham Wembley Limited Capital and Regional Out-of-Town Limited

Capital and Regional Investments Limited
Capital and Regional Property Management Ltd
Capital and Lanham Retail Parks Limited

### **OUTSIDE DIRECTORSHIPS**

Zedmato Ltd

Zedmate Developments Ltd

Zedmate Developments (Beckenham) Ltd

Zedmate Developments (Battersea) Ltd

Zedmate Developments (Southern) Ltd

Zedrnate Developments (Oxford) Ltd

Zedmate Developments Thanet Ltd

Zedmate Developments (NUL) Ltd

Zedmate Developments (Camarthan) Ltd

Zedmate Developments (Piliochry) Ltd

Zedmate Northern Ltd

Zedmate Developments (Learnington Spa) Ltd

Zedmale Developments (Barnsley) Ltd

Zedmale Developments (Perih) Ltd

Zedmate Intown Ltd

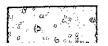
Zedmate International Developments Ltd

Zedmate Developments (Wolverhampton) Ltd

Zedmate Developments (Middleton) Ltd

Zedmate Developments Palsfoy Ltd

Zedmate Retail Parks (Coventry) Ltd

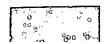


# **Directorships of Andrew Lewis- Pratt**

Capital and Lanham Construction (Coventry) Limited Capital and Lanham Construction Limited Capital and Lanham Developments (Barnstaple) Limited Capital and Lanham Developments (Bentley Bridge) Limited Capital and Lanham Developments (Cannock) Limited Capital and Lanham Developments (Croydon) Limited Capital and Lanham Developments (Dagenham) Limited Capital and Lanham Developments (Doncaster) Limited Capital and Lanham Developments (Midlands) Limited Capital and Lanham Developments (Northampton) Limited Capital and Lanham Developments (Orchard) Limited Capital and Lanham Developments (Pontefract) Limited Capital and Lanham Developments (Ripon) Limited Capital and Lanham Developments (Telford) Limited Capital and Lanham Estates Limited Capital and Lanham Holding Camarthan Limited Capital and Lanham Holdings Limited Capital and Lanham Intovn Leamington Limited Capital and Lanham PLC Capital and Lanham Projects No1 Limited Capital and Lanham Rotall Parks (Coventry) Limited Capital and Lanham Rotall Parks (Southern) Limited Capital and Lanham Retail Parks Developments Limited Capital and Lanham Scotland Limited Capital and Lanham Wembley Limited Capital and Regional Out-of-Town Ltd Sports Villages (Milton Keynes) Ltd Sports Villages Developments Ltd (50% owned)

Lanham Holdings (Stratford) Limited

Capital and Regional Investments Ltd
Capital and Regional Property Monagement Ltd
Capital and Lanham Retail Parks Limited
Capital and Regional (Norwich ) Ltd



### OUTSIDE DIRECTORSHIPS

Zedmate Ltd

Zedmate Developments Ltd

Zedmate Developments (Beckenham) Ltd

Zodmato Dovolopmento (Battersea) Ltd

Zedmate Dovelopments (Southern) Ltd

Zedmate Developments (Oxford) Ltd

Zedmate Developments Thenet Ltd

Zedmate Developments (NUL) Ltd

Zedmate Developments (Camarthan) Ltd

Zodmate Developments (Pitiochry) Ltd

Zedmate Northern Ltd

Zedmate Developments (Leamington Spa) Ltd

Zedmate Developments (Barnsley) Ltd

Zedmate Developments (Perth) Ltd

Zedmate Intown Ltd

Zedmate international Developments Ltd

Zedmate Developments (Wolverhampton) Ltd

Zedmate Developments (Middleton) Ltd

Zedmate Developments Paisley Ltd

Zedmale Retail Parks (Coventry) Ltd

West 1 on One Limited

