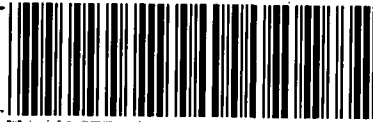


AD01

Change of registered office address

THURSDAY



Form AD01 107 *AB786RFM*
Form to 30/06/2022 #357

What this form is for

You may use this form to change
a company's registered office
address.

What this form is for

You cannot use form AD01 to change
the registered office address of a
Limited Liability Partnership (LLP). To
do this, please use form LL AD01's
Change of registered office address of
a limited liability partnership (LLP).

1

Company details

Company number 1789716
Company name in full Instant Muscle Limited

Filling in this form

Please complete in typescript or in
bold black capitals.

2

New registered office address

The change in registered office address does not take effect until the Registrar
has registered this notice.

A person may validly serve any document on the company at its previous
registered office for 14 days from the date that a change of registered office is
registered.

Building name/number c/o Evelyn Partners LLP

Street 45 Gresham Street

Post town

County/Region London

Postcode E C 2 V 7 B G

3

Signature

I am signing this form on behalf of the company.

Signature

Signature

This form may be signed by:

Director, Secretary, Person Authorised, Liquidator, Administrator,
Administrative receiver, Receiver, Receiver manager, Charity commission receiver
and manager, CIC manager, Judicial factor.

AD01

Change of registered office address

Presenter Information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name
Liam Clarke

Company name
Evelyn Partners LLP

Address
45 Gresham Street
London
EC2V 7BG

DX

Telephone
020 7131 4000

Checklist

We may return forms completed incorrectly or with information missing

Important Information

Please note that all information on this form will appear on the public record.

Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:
The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.

For companies registered in Scotland:
The Registrar of Companies, Companies House,
Fourth Floor, Edinburgh Quay2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF
DX ED235 Edinburgh 1
Or LP – 4 Edinburgh 2 (Legal Post)

For companies registered in Northern Ireland:
The Registrar of Companies, Companies House,
First Floor, Waterfront Plaza, 8 Laganbank Road,
Belfast, Northern Ireland, BT1 3BS
DX 481 N.R. Belfast 1.

Further information

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have provided the new registered office address in section 2.
- ☐ The registered office is in the location where the company was registered e.g. England and Wales, Scotland, or Northern Ireland.
- ☐ You have signed the form.

For further information see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk