

Rule 4.223 - CVL The Insolvency Act 1986

**Liquidator's Statement of  
Receipts and Payments  
Pursuant to Section 192 of  
The Insolvency Act 1986****S.192**

For Official Use

To the Registrar of Companies

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Company Number

1789716

Name of Company

Instant Muscle Limited

I / We  
Anthony Cliff Spicer  
25 Moorgate  
London  
EC2R 6AY

Henry Anthony Shinnars  
25 Moorgate  
London  
EC2R 6AY

the liquidator(s) of the company attach a copy of my/our statement of receipts and  
payments under section 192 of the Insolvency Act 1986.

Signed



Date

8/10/09

Smith & Williamson Limited  
25 Moorgate  
London  
EC2R 6AY

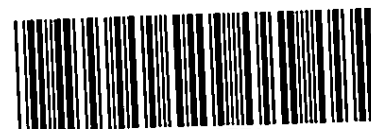
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Insolvency Sect

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COMPANIES HOUSE

# Statement of Receipts and Payments under section 192 of the Insolvency Act 1986

Name of Company Instant Muscle Limited

Company Registered Number 1789716

State whether members' or  
creditors' voluntary winding up Creditors

Date of commencement of winding up 24 September 2008

Date to which this statement is  
brought down 23 September 2009

Name and Address of Liquidator

Anthony Cliff Spicer  
25 Moorgate  
London  
EC2R 6AY

Henry Anthony Shinnars  
25 Moorgate  
London  
EC2R 6AY

## NOTES

You should read these notes carefully before completing the forms. The notes do not form part of the return to be sent to the registrar of companies

### Form and Contents of Statement

(1) Every statement must contain a detailed account of all the liquidator's realisations and disbursements in respect of the company. The statement of realisations should contain a record of all receipts derived from assets existing at the date of the winding up resolution and subsequently realised, including balance at bank, book debts and calls collected, property sold etc., and the account of disbursements should contain all payments of costs, charges and expenses, or to creditors or contributories. Receipts derived from deposit accounts and money market deposits are to be included in the 'balance at bank'. Only actual investments are to be included in the 'amounts invested' section in the analysis of balance on page 5 of the form. Where property has been realised, the gross proceeds of sale must be entered under realisations and the necessary payments incidental to sales must be entered as disbursements. A payment into the Insolvency Services Account is not a disbursement and should not be shown as such; nor are payments into a bank, building society or any other financial institution. However, the interest received on any investment should be shown in the realisations. Each receipt and payment must be entered in the account in such a manner as sufficiently to explain its nature. The receipts and payments must severally be added up at the foot of each sheet and the totals carried forward from one account to another without any intermediate balance, so that the gross totals represent the total amounts received and paid by the liquidator respectively.

### Trading Account

(2) When the liquidator carries on a business, a trading account must be forwarded as a distinct account, and the total of receipts and payments on the trading account must alone be set out in this statement.

### Dividends

(3) When dividends, instalments of compositions, etc. are paid to creditors or a return of surplus assets is made to contributories, the total amount of each dividend, etc. actually paid, must be entered in the statement of disbursements as one sum; and the liquidator must forward separate accounts showing in lists the amount of the claim of each creditor, and the amount of dividend, etc. payable to each creditor or contributory.

(4) When unclaimed dividends, etc. are paid into the Insolvency Services Account, the total amount so paid in should be entered in the statement of disbursements as one sum. The items to be paid in relation to unclaimed dividends should first be included in the realisations side of the account.

(5) Credit should not be taken in the statement of disbursements for any amount in respect of liquidator's remuneration unless it has been duly allowed by resolutions of the liquidation committee or of the creditors or of the company in general meeting, or by order of the court as the case may require, or is otherwise allowable under the provisions of the Insolvency Rules.

Liquidator's statement of account  
under section 192 of the Insolvency Act 1986

Realisations			
Date	Of whom received	Nature of assets realised	Amount
		Brought Forward	0.00
24/09/2008	Instant Muscle Ltd (In Admin)	Cash at Bank	689,948.97
30/09/2008	RBOS	Bank Interest Gross	559.35
03/10/2008	RBOS	Bank Interest Gross	625.01
09/10/2008	East Riding of Yorkshire Council	Rates Refund	20.62
09/10/2008	East Riding of Yorkshire Council	Rates Refund	28.05
09/10/2008	East Riding of Yorkshire Council	Rates Refund	35.06
09/10/2008	East Riding of Yorkshire Council	Rates Refund	34.23
09/10/2008	East Riding of Yorkshire Council	Rates Refund	11.55
13/10/2008	Mansfield District Council	Rates Refund	50.53
13/10/2008	Mansfield District Council	Rates Refund	75.27
13/10/2008	Mansfield District Council	Rates Refund	53.62
16/10/2008	London Borough of Newham	Rates Refund	320.73
16/10/2008	London Borough of Newham	Rates Refund	86.84
20/10/2008	HM Revenue & Customs	Vat Control Account	24,067.23
27/10/2008	TBG Learning	Book Debts	35,000.00
31/10/2008	RBOS	Bank Interest Gross	435.95
06/11/2008	Norwich Union	Insurance Refund	44.42
10/11/2008	East Riding of Yorkshire Council	Rates Refund	306.94
10/11/2008	East Riding of Yorkshire Council	Rates Refund	225.70
28/11/2008	RBOS	Bank Interest Gross	27.79
02/12/2008	Discount-Licensing.com Ltd	Sale of Software Licence	587.50
31/12/2008	RBOS	Bank Interest Gross	2.61
30/01/2009	RBOS	Bank Interest Gross	1.60
17/02/2009	London Borough of Newham	Rates Refund	310.53
25/02/2009	HM Revenue & Customs	Vat Control Account	2,966.02
27/02/2009	RBOS	Bank Interest Gross	1.09
31/03/2009	RBOS	Bank Interest Gross	2.41
01/04/2009	Dept of Trade	DTI Interest Gross	12,324.00
30/04/2009	RBOS	Bank Interest Gross	1.82
29/05/2009	RBOS	Bank Interest Gross	1.52
01/06/2009	H M Revenue & Customs	Vat Control Account	8,556.19
03/06/2009	Dept of Trade	DTI Interest Gross	1,175.41
03/06/2009	RBOS	Bank Interest Gross	0.26
Carried Forward			777,888.82

NOTE: No balance should be shown on this account but only the total realisations and disbursements which should be carried forward to the next account.

Disbursements			
Date	To whom paid	Nature of disbursements	Amount
		Brought Forward	0.00
03/10/2008	Clyde & Co	Legal Fees	8,000.00
03/10/2008	Clyde & Co	VAT Receivable	1,400.00
03/10/2008	Clyde & Co	Legal Expenses	0.30
03/10/2008	Clyde & Co	VAT Receivable	0.05
03/10/2008	Flexistore Ltd	Storage Costs	255.82
03/10/2008	Flexistore Ltd	VAT Receivable	44.77
03/10/2008	Flexistore Ltd	Storage Costs	394.81
03/10/2008	Flexistore Ltd	VAT Receivable	69.09
03/10/2008	Cardiff Council	Rates	88.09
20/10/2008	Goodman Nash Ltd	Business Rates Recovery Fee	163.03
20/10/2008	Goodman Nash Ltd	VAT Receivable	28.53
20/10/2008	Courts Advertising Ltd	Statutory Advertising	75.60
20/10/2008	Courts Advertising Ltd	VAT Receivable	13.23
21/10/2008	Flexi Store	Storage Costs	271.25
21/10/2008	Flexi Store	VAT Receivable	47.47
22/10/2008	Willis Limited	Insurance of Assets	1,688.66
23/10/2008	Flexi Store Ltd	Storage Costs	394.81
23/10/2008	Flexi Store Ltd	VAT Receivable	69.09
13/11/2008	Clyde & Co LLP	Legal Fees	5,699.00
13/11/2008	Clyde & Co LLP	VAT Receivable	997.32
13/11/2008	Clyde & Co LLP	Legal Expenses	117.85
13/11/2008	Clyde & Co LLP	VAT Receivable	3.13
13/11/2008	Dept of Trade	DTI Cheque Fees	0.80
19/11/2008	Rhondda Cynon Taf County Council	Rates	551.43
19/11/2008	Rhondda Cynon Taf County Council	Rates	608.99
21/11/2008	Flexistore Ltd	Storage Costs	418.74
21/11/2008	Flexistore Ltd	VAT Receivable	73.28
21/11/2008	Flexistore Ltd	Storage Costs	271.25
21/11/2008	Flexistore Ltd	VAT Receivable	47.47
21/11/2008	Flexistore Ltd	Storage Costs	394.81
21/11/2008	Flexistore Ltd	VAT Receivable	69.09
25/11/2008	Rhondda Cynon Taf County Council	Rates	101.50
24/12/2008	Flexistore Ltd	Storage Costs	271.25
24/12/2008	Flexistore Ltd	VAT Receivable	40.69
24/12/2008	Flexistore Ltd	Storage Costs	418.74
24/12/2008	Flexistore Ltd	VAT Receivable	62.81
01/01/2009	Dept of Trade	DTI Banking Fees	20.00
28/01/2009	Flexistore Ltd	Storage Costs	418.74
28/01/2009	Flexistore Ltd	VAT Receivable	62.81
03/02/2009	Flexistore Ltd	Storage Costs	271.25
03/02/2009	Flexistore Ltd	VAT Receivable	40.69
19/02/2009	Smith & Williamson Ltd	Liquidator's Fees	24,582.00
19/02/2009	Smith & Williamson Ltd	VAT Receivable	3,687.30
19/02/2009	Dept of Trade	DTI BACS Fees	0.15
25/02/2009	Flexistore Ltd	Storage Costs	271.25
25/02/2009	Flexistore Ltd	VAT Receivable	40.69
02/03/2009	Flexistore Ltd	Storage Costs	418.74
02/03/2009	Flexistore Ltd	VAT Receivable	62.81
03/03/2009	Smith & Williamson Ltd	VAT Receivable	3,308.16
Carried Forward			56,237.34

NOTE: No balance should be shown on this account but only the total realisations and disbursements which should be carried forward to the next account.

Disbursements			
Date	To whom paid	Nature of disbursements	Amount
		Brought Forward	56,237.34
03/03/2009	Smith & Williamson Ltd	Liquidator's Expenses	2,575.79
03/03/2009	Smith & Williamson Ltd	VAT Receivable	450.76
03/03/2009	Dept of Trade	DTI BACS Fees	0.15
03/03/2009	Smith & Williamson Ltd	Administrator's Fees	18,903.79
19/03/2009	Flexistore Ltd	Storage Costs	418.74
19/03/2009	Flexistore Ltd	VAT Receivable	62.81
01/04/2009	Flexistore Ltd	Storage Costs	271.25
01/04/2009	Flexistore Ltd	VAT Receivable	40.69
01/04/2009	Dept of Trade	DTI Banking Fees	20.00
01/04/2009	Dept of Trade	Corporation Tax	2,464.80
28/04/2009	Flexistore Ltd	Storage Costs	418.74
28/04/2009	Flexistore Ltd	VAT Receivable	62.81
28/04/2009	Smith & Williamson Ltd	Administrator's Fees	4,209.46
28/04/2009	Smith & Williamson Ltd	VAT Receivable	736.66
28/04/2009	Dept of Trade	DTI BACS Fees	0.15
26/05/2009	Flexistore Ltd	Storage Costs	271.25
26/05/2009	Flexistore Ltd	VAT Receivable	40.69
28/05/2009	Dept of Trade	DTI BACS Fees	0.15
02/06/2009	Flexistore Ltd	Storage Costs	418.74
02/06/2009	Flexistore Ltd	VAT Receivable	62.81
03/06/2009	Dept of Trade	Corporation Tax	2,235.08
11/06/2009	Clyde & Co	Legal Fees	5,000.00
11/06/2009	Clyde & Co	VAT Receivable	1,750.00
11/06/2009	Clyde & Co	Legal Expenses	6.90
11/06/2009	Clyde & Co	VAT Receivable	1.04
23/06/2009	Rhondda Cynon Taf County Council	Rates	1,928.47
23/06/2009	Flexistore Ltd	Storage Costs	418.74
23/06/2009	Flexistore Ltd	VAT Receivable	62.81
26/06/2009	Flexistore Ltd	Storage Costs	271.25
26/06/2009	Flexistore Ltd	VAT Receivable	40.69
09/07/2009	Clyde & Co	Legal Fees	1,222.50
09/07/2009	Clyde & Co	VAT Receivable	183.38
21/07/2009	Flexistore Ltd	Storage Costs	271.25
21/07/2009	Flexistore Ltd	VAT Receivable	40.69
22/07/2009	Flexistore Ltd	Storage Costs	418.74
22/07/2009	Flexistore Ltd	VAT Receivable	62.81
29/07/2009	Smith & Williamson Ltd	Liquidator's Expenses	7,933.38
29/07/2009	Smith & Williamson Ltd	VAT Receivable	1,190.01
10/08/2009	The National Insurance Fund	Department of Employment	200,957.11
10/08/2009	Haile Abraha	Employee Preferential	110.11
10/08/2009	Afshaan Amin	Employee Preferential	157.81
10/08/2009	Simran Asia	Employee Preferential	321.60
10/08/2009	Marc Allen	Employee Preferential	115.38
10/08/2009	Lawrence Burleigh	Employee Preferential	224.53
10/08/2009	Roy David Beer	Employee Preferential	114.04
10/08/2009	Emma-Louise Burton	Employee Preferential	114.04
10/08/2009	Paul-Alexander Bona	Employee Preferential	78.51
10/08/2009	Janine Boyle	Employee Preferential	197.25
10/08/2009	Matthew Blake	Employee Preferential	32.71
Carried Forward			310,128.41

NOTE: No balance should be shown on this account but only the total realisations and disbursements which should be carried forward to the next account.

Disbursements			
Date	To whom paid	Nature of disbursements	Amount
		Brought Forward	310,128.41
10/08/2009	Tina Burnett	Employee Preferential	24.31
10/08/2009	Theresa Byrne	Employee Preferential	22.58
10/08/2009	Nicola Bedford	Employee Preferential	110.91
10/08/2009	Angela Bevan	Employee Preferential	111.52
10/08/2009	Sarah Barrow	Employee Preferential	526.22
10/08/2009	Amy Barnett	Employee Preferential	122.68
10/08/2009	Samantha Crane	Employee Preferential	13.12
10/08/2009	Hayley Couzens	Employee Preferential	52.08
10/08/2009	Laurence-Stuart Chandler	Employee Preferential	39.00
10/08/2009	Gail Clarke	Employee Preferential	197.88
10/08/2009	Margaret-Ross Cameron	Employee Preferential	325.06
10/08/2009	Jade Copson	Employee Preferential	33.76
10/08/2009	Michael Comerford	Employee Preferential	185.88
10/08/2009	Julia Cook	Employee Preferential	360.27
10/08/2009	Susan Dawe	Employee Preferential	23.55
10/08/2009	Sonia Devenport	Employee Preferential	67.63
10/08/2009	Melanie Dabell	Employee Preferential	33.76
10/08/2009	Margaret-Angela Denton	Employee Preferential	139.54
10/08/2009	Kiza Deen	Employee Preferential	133.70
10/08/2009	Michael-Rhys Edwards	Employee Preferential	176.23
10/08/2009	Richard Edge	Employee Preferential	264.87
10/08/2009	Colin Williams Evans	Employee Preferential	106.64
10/08/2009	Adam Farrington	Employee Preferential	84.47
10/08/2009	Andrew Follows	Employee Preferential	49.45
10/08/2009	Olufummilayo Fakoya	Employee Preferential	136.79
10/08/2009	Kay Francis	Employee Preferential	123.56
10/08/2009	Naomi Goode	Employee Preferential	138.35
10/08/2009	Natalie-Elizabeth Gibbons	Employee Preferential	41.98
10/08/2009	Ian Griffiths	Employee Preferential	96.15
10/08/2009	Tony Garrett	Employee Preferential	769.64
10/08/2009	Amy-Marie Griffiths	Employee Preferential	32.79
10/08/2009	Winnie Gonzaga	Employee Preferential	385.93
10/08/2009	Vennette Geddes	Employee Preferential	157.79
10/08/2009	Garzon Hawkes	Employee Preferential	533.87
10/08/2009	Peter Hubert	Employee Preferential	158.31
10/08/2009	Pauline Harris	Employee Preferential	285.69
10/08/2009	Peter Horton	Employee Preferential	297.61
10/08/2009	Rhys Harrington	Employee Preferential	81.92
10/08/2009	Ali-Md Hasan	Employee Preferential	51.84
10/08/2009	Clare Hepner	Employee Preferential	546.63
10/08/2009	Nasar Hussain	Employee Preferential	110.94
10/08/2009	Martin Hunte	Employee Preferential	111.11
10/08/2009	Susan Jones	Employee Preferential	237.13
10/08/2009	Diane Jones	Employee Preferential	240.31
10/08/2009	Vivienne-Anne James	Employee Preferential	37.62
10/08/2009	Pamela James	Employee Preferential	43.81
10/08/2009	Stanislawa-Bozena Jerwanski	Employee Preferential	210.87
10/08/2009	Debra-Mary Jackson	Employee Preferential	240.48
10/08/2009	Adam Johnson	Employee Preferential	75.81
Carried Forward			318,480.45

NOTE: No balance should be shown on this account but only the total realisations and disbursements which should be carried forward to the next account.

Disbursements			
Date	To whom paid	Nature of disbursements	Amount
		Brought Forward	318,480.45
10/08/2009	Mary Esther Johnson	Employee Preferential	145.62
10/08/2009	Nina Kemp	Employee Preferential	19.88
10/08/2009	Terry-Alexander Kelly	Employee Preferential	178.49
10/08/2009	Sarah Louise Knight	Employee Preferential	1,096.50
10/08/2009	Claire Kingsbury	Employee Preferential	28.51
10/08/2009	Maria Kiwanuka	Employee Preferential	188.86
10/08/2009	Sharon Lally-Edson	Employee Preferential	80.44
10/08/2009	Agnes La Plume	Employee Preferential	315.49
10/08/2009	Michael Leuner	Employee Preferential	301.95
10/08/2009	Maria-Ann Monks	Employee Preferential	192.95
10/08/2009	Shrah Magure	Employee Preferential	43.81
10/08/2009	Merielle Metcalf	Employee Preferential	142.26
10/08/2009	Reda Masioniene	Employee Preferential	94.62
10/08/2009	Julie McCarvil	Employee Preferential	66.93
10/08/2009	Richard Murray	Employee Preferential	96.91
10/08/2009	Susan Moss	Employee Preferential	140.72
10/08/2009	Thomas Edward Moore	Employee Preferential	164.02
10/08/2009	Michael Madden	Employee Preferential	139.03
10/08/2009	Hayley Morgan	Employee Preferential	1452.38
10/08/2009	Andre Samuel James McPherson	Employee Preferential	77.18
10/08/2009	Norman-Peter Antonio Morrison	Employee Preferential	108.31
10/08/2009	Ivan McDougall	Employee Preferential	1382.10
10/08/2009	Peck Norman	Employee Preferential	33.76
10/08/2009	Shirley Narh	Employee Preferential	168.79
10/08/2009	Ricky O'Hara	Employee Preferential	222.92
10/08/2009	Bobby-Joseph Oliver	Employee Preferential	71.07
10/08/2009	John Osborne	Employee Preferential	84.47
10/08/2009	Taiwo Olusanjo	Employee Preferential	99.70
10/08/2009	Jacqueline Passmore	Employee Preferential	97.99
10/08/2009	Richard Phillips	Employee Preferential	51.73
10/08/2009	Kenneth-Andrew Pilcher	Employee Preferential	43.20
10/08/2009	Bridget Pattenden	Employee Preferential	59.84
10/08/2009	Simon Patemen	Employee Preferential	32.31
10/08/2009	Marion Phillip	Employee Preferential	764.64
10/08/2009	Sarah Jane Pope	Employee Preferential	99.25
10/08/2009	Daniel Peter Potheary	Employee Preferential	142.76
10/08/2009	Lesley-Ayesha Powell	Employee Preferential	238.10
10/08/2009	Alan-Keith Pritchard	Employee Preferential	358.90
10/08/2009	Janet Richards	Employee Preferential	169.96
10/08/2009	Christopher Robins	Employee Preferential	121.04
10/08/2009	Kenny Ross	Employee Preferential	28.38
10/08/2009	Lourdes Requena	Employee Preferential	266.49
10/08/2009	Peter Rose	Employee Preferential	701.98
10/08/2009	Debra-Ann Richardson	Employee Preferential	358.90
10/08/2009	Valire Reid	Employee Preferential	216.67
10/08/2009	Yasmin Rajput	Employee Preferential	440.99
10/08/2009	Steve Shelly	Employee Preferential	345.16
10/08/2009	Linda Sparkes	Employee Preferential	52.05
10/08/2009	Emma Shortland	Employee Preferential	237.52
Carried Forward			328,445.98

NOTE: No balance should be shown on this account but only the total realisations and disbursements which should be carried forward to the next account.

Disbursements			
Date	To whom paid	Nature of disbursements	Amount
		Brought Forward	328,445.98
10/08/2009	Sharon Sale	Employee Preferential	721.98
10/08/2009	Sean Smythe	Employee Preferential	602.35
10/08/2009	Nicola-Louise Smith	Employee Preferential	44.35
10/08/2009	Daniel Slater	Employee Preferential	33.32
10/08/2009	Maggie-Ann Shelton	Employee Preferential	292.82
10/08/2009	Vikki Singh	Employee Preferential	31.21
10/08/2009	Christine-Mary Snowdin	Employee Preferential	108.79
10/08/2009	Benjamin Steward	Employee Preferential	24.31
10/08/2009	Anne Simpson	Employee Preferential	52.08
10/08/2009	Samantha Jane Alice Stokley	Employee Preferential	72.43
10/08/2009	Helen Mary Stoker	Employee Preferential	121.42
10/08/2009	David Smythe	Employee Preferential	228.95
10/08/2009	David Speakman	Employee Preferential	181.37
10/08/2009	Irene Sullivan	Employee Preferential	341.32
10/08/2009	Alan Leonard Spencer	Employee Preferential	134.83
10/08/2009	Clifford Thompson	Employee Preferential	238.10
10/08/2009	Jane Taylor	Employee Preferential	565.24
10/08/2009	Paul Traxler	Employee Preferential	192.88
10/08/2009	Pipind Toor	Employee Preferential	77.08
10/08/2009	Andrew Tresadern	Employee Preferential	34.81
10/08/2009	Richard-Raymond Thomas	Employee Preferential	451.98
10/08/2009	Paul Taylor	Employee Preferential	82.95
10/08/2009	Anthony Michael Walker	Employee Preferential	142.76
10/08/2009	Janet Webster	Employee Preferential	35.68
10/08/2009	Clive Williams	Employee Preferential	166.52
10/08/2009	Robert-Lewis Withey	Employee Preferential	24.31
10/08/2009	Kate Samantha Whittaker	Employee Preferential	285.69
10/08/2009	Leigh-George Whipps	Employee Preferential	1,010.48
10/08/2009	Bernie Wright	Employee Preferential	24.31
10/08/2009	Mark-William Wright	Employee Preferential	296.47
10/08/2009	John-Michael Webb	Employee Preferential	959.87
10/08/2009	Teresa Webster	Employee Preferential	32.71
10/08/2009	Anne Whitfield	Employee Preferential	139.54
10/08/2009	Michael Webster	Employee Preferential	200.90
10/08/2009	Anna Williams	Employee Preferential	27.02
10/08/2009	Stephen Paul Waller	Employee Preferential	69.15
10/08/2009	Alan-Lawrence Wright	Employee Preferential	134.67
10/08/2009	Catherine-Elizabeth Young	Employee Preferential	149.88
10/08/2009	H M Revenue & Customs	Employee Tax & NI	12,707.25
17/08/2009	Clive Ward	Employee Preferential	265.56
17/08/2009	Flexistore Ltd	Storage Costs	271.25
17/08/2009	Flexistore Ltd	VAT Receivable	40.69
21/08/2009	Flexistore Ltd	Storage Costs	418.74
21/08/2009	Flexistore Ltd	VAT Receivable	62.81
Carried Forward			350,446.81

NOTE: No balance should be shown on this account but only the total realisations and disbursements which should be carried forward to the next account.



**Analysis of balance**

Total realisations  
Total disbursements

Balance £

This balance is made up as follows

1. Cash in hands of liquidator
2. Balance at bank
3. Amount in Insolvency Services Account

4. Amounts invested by liquidator  
Less: The cost of investments realised  
Balance
5. Accrued Items

Total Balance as shown above

		£
		777,888.82
		350,446.81
Balance £		427,442.01
		0.00
		427,442.01
		0.00
£	0.00	
	0.00	
		0.00
		0.00
		427,442.01

NOTE - Full details of stocks purchased for investment and any realisation of them should be given in a separate statement.

**The Liquidator should also state -**

- (1) The amount of the estimated assets and liabilities at the date of the commencement of the winding up.

Assets (after deducting amounts charged to secured creditors including the holders of floating charges)	£
Liabilities - Fixed charge creditors	0.00
Floating charge holders	0.00
Preferential creditors	0.00
Unsecured creditors	0.00

- (2) The total amount of the capital paid up at the date of the commencement of the winding up -

Paid up in cash	0.00
Issued as paid up otherwise than for cash	0.00

- (3) The general description and estimated value of any outstanding assets (if there is insufficient space here, attach a separate sheet)

*All assets have been realised*

- (4) Why the winding up cannot yet be concluded

*Dividend to unsecured creditors*

- (5) The period within which the winding up is expected to be completed

*June 2010*