

**THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED**

**FINANCIAL STATEMENTS**

**YEAR ENDED 30TH NOVEMBER 2017**

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**Company Registration Number: 1773938 (England and Wales)**

**Charity Registration Number: 284408**

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**THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED**

**INDEX TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30TH NOVEMBER 2017**

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**THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED****LEGAL AND ADMINISTRATIVE INFORMATION****YEAR ENDED 30TH NOVEMBER 2017****Company Registration Number:** 1773938**Charity Registration Number:** 284408

**Registered Office:** 299 Northborough Road  
Norbury  
London SW16 4TR

**Directors and Trustees:** Ms Lorna Green (Chairperson)  
Mrs Dahlia Sterling  
Ms Eurica Shaw  
Heris Washington Stennet Esq.

**Secretary:** Ms. Sephona Valerie Isaacs Polson - appointed on 13/05/2017  
Mrs Jennifer Stone-Reid - Resigned 13/05/2017

**Treasurer:** Mrs. Monica Gordon

**Bankers:** Barclays Bank Plc  
Tooting Branch  
14-16 Mitcham Road  
Tooting  
London SW17 9NA

Barclays Bank Plc  
Lower Tottenham Branch  
North East London Business Centre  
PO Box No. 2403

**Independent Examiners:** Leroy Reid & Co  
Chartered Certified Accountants and Register Auditors  
299 Northborough Road  
Norbury  
London SW16 4TR

**REPORT OF THE DIRECTORS AND TRUSTEES TO THE MEMBERS  
OF  
THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 November 2017. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). (effective 1 January 2015)

**Objects of the Charity, principle activities and organisation of our work**

The charity is constituted as a company limited by guarantee, and is therefore governed by a memorandum and articles of association.

The charity's object and its principal activity continues to be:

- (a) To promote such research and post graduate training by creating fellowship by making grants and providing equipment and other facilities for research and training in cardiology in established cardiological centres and if thought advisable elsewhere and the results of useful research to be published for the benefit of the public at large.
- (b) To promote health education in such subjects relating to the heart and circulation and the rehabilitation and relief of those who suffer from diseases of the heart and circulation.

The charity is organised so that the trustees meet regularly to manage its affairs. We are grateful to volunteers from various sources who maintain the day to day running of the charity.

There has not been any charges in the policies of the charity during the year.

**Development, activities and achievements this year.**

The trustees consider that the performance of the charity this year has been most satisfactory.

**Transactions and Financial Position**

The statement of financial activities shows a deficit of £3,640 (2016 surplus of £8,111) for the year and reserves of £24,017 (2016 - £27,657).

The charity is dependent upon the services of unpaid volunteers and donations in kind.

**REPORT OF THE DIRECTORS AND TRUSTEES TO THE MEMBERS**

**OF**

**THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED**

**Investment policy and returns**

Under the memorandum and articles of association, the charity has the power to make any investment which the trustees see fit. The trustees have considered that most appropriate policy for investing funds and have found that a deposit account meets their requirements.

**Reserves**

The present level of funding is adequate to support the continuation of the charity for the medium term, and the trustees consider the financial position of the charity to be satisfactory.

**Directors and Trustees**

All directors of the company are also trustees of the charity and there are no other trustees. All of the trustees named on page 1 served throughout the year. The Board has the power to appoint additional trustees as it considers fit to do so.

**Trustees' responsibilities in relation to the financial statements**

The trustees are required by law to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its financial position at the end of that year. In preparing those financial statements the trustees are required to:

1. select suitable accounting policies and then apply them consistently
2. make judgement and estimates that are reasonable and prudent
3. state whether the policies adopted are in accordance with Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the financial statements.
4. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for the safeguarding of the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**REPORT OF THE DIRECTORS AND TRUSTEES TO THE MEMBERS**  
**OF**  
**THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED**

**Political and charitable donations**

During the year, the following donations were made: **2017**

Gifts and donations	400
Heart Foundation of Jamaica Limited	<u>23,000</u>
	<u><u>£23,400</u></u>

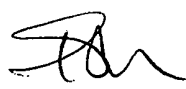
**Independent Examiners**

A resolution proposing Leroy Reid & Co be re-appointed as Independent Examiner of the charity will be put to the Annual General Meeting.

**Approval**

This report was approved by the Board of directors and trustees on the 17/3.....2018 and signed on its behalf.

By Order of the Board

 **D.A. STERLING**

.....  
**Director**

**REPORT OF THE INDEPENDENT EXAMINERS TO THE MEMBERS  
OF**

**THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED**

We report to the charity trustees on our examination of the accounts of the Friends of the Heart Foundation of Jamaica for the year ended 30th November 2017.

**Respective Responsibilities of the Trustees and Examiner**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

**Basis of Independent Examiner's Report**

We report in respect of our examination of the Trust's accounts carried out under section 145 of the Act and in carrying out our examination we have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent Examiner's Statement**

We have completed our examination. We confirm that no material matters have come to our attention in connection with the examination giving us cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

We confirm that there are no other matters to which your attention should be drawn to enable a proper understanding of the accounts to be reached.

*Leroy Reid & Co* 22/3/2018

.....  
**Ebenezer Okai, (BSc), FCCA**

**Association of Chartered Certified Accountants**

**Leroy Reid & Co**

**Chartered Certified Accountants**

**& Registered Auditors**

**299 Northborough Road**

**Norbury**

**London SW16 4TR**

# THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED

## STATEMENT OF FINANCIAL ACTIVITIES

YEAR ENDED 30TH NOVEMBER 2017

	<u>NOTES</u>	<u>Unrestricted</u>	<u>2017</u>	<u>2016</u>
<b>Incoming Resources</b>				
<b>Incoming resources from generated funds:</b>				
Voluntary income:				
Donations, gift aid and grants	2	3,985	3,985	9,605
<i>Activities for generating funds:</i>				
Fund raising ventures	3	<u>37,821</u>	<u>37,821</u>	<u>27,519</u>
Total incoming resources		<u>41,806</u>	<u>41,806</u>	<u>37,124</u>
<b>Resources Expended</b>				
<b>Cost of generating funds</b>				
Charitable activities	4	23,400	23,400	4,186
Costs of generating voluntary income	5	21,360	21,360	23,388
Governance costs	6	<u>686</u>	<u>686</u>	<u>1,439</u>
<b>Total resources expended</b>		<u>45,446</u>	<u>45,446</u>	<u>29,013</u>
Net movement in funds for the year		(3,640)	(3,640)	8,111
Total funds brought forward		<u>27,657</u>	<u>27,657</u>	<u>19,546</u>
Total funds carried forward		<u><b>£24,017</b></u>	<u><b>£24,017</b></u>	<u><b>£27,657</b></u>

The surplus for the year represents the total recognised gains for the period

The accompanying accounting policies and notes forms an integral part of these financial statements.



**THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED**

**COMPANY REGISTRATION NUMBER 1773938**

**BALANCE SHEET AS AT 30TH NOVEMBER 2017**

	<u>NOTES</u>	<u>2017</u>	<u>2016</u>
<b>FIXED ASSETS</b>			
Tangible assets	<u>8</u>	<u>121</u>	<u>182</u>
<b>CURRENT ASSETS</b>			
Debtors		49	-
Cash at bank and in hand		<u>24,387</u>	<u>28,015</u>
		24,436	28,015
<b>Creditors: Amounts falling due within one year</b>	<b>9</b>	<u>(540)</u>	<u>(540)</u>
<b>NET CURRENT ASSETS</b>		<u>23,896</u>	<u>27,475</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u><b>£24,017</b></u>	<u><b>£27,657</b></u>

**FINANCED BY:**

Unrestricted funds	<b>10</b>	<u><b>£24,017</b></u>	<u><b>£27,657</b></u>
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The directors are satisfied:

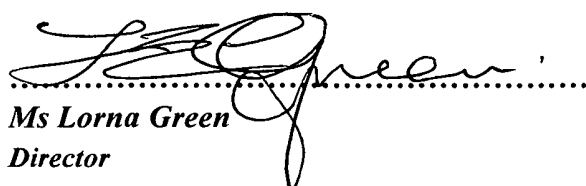
- (a) that for the year in question the company is entitled to the exemption from audit by Section 477(2) of the Companies Act 2006;
- (b) that no notice has been deposited under Section 476 of the Act in relation to the accounts for the financial year

The directors acknowledge their responsibilities for:

- (i) ensuring that the company keeps accounting records which comply with Section 386 of the Companies Act 2006, and
- (ii) preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the financial year in accordance with the requirements of Section 394 and 395 of the Act, and which otherwise comply with the requirements of the Act relating to the accounts, so far as applicable to the company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

The financial statements were approved by the Board:

  
 Ms Lorna Green  
 Director

Date...17/3/2018

# THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED

## NOTES TO THE ACCOUNTS

YEAR ENDED 30TH NOVEMBER 2017

### 1. Accounting Policies

#### 1.1 Basis of preparation of accounts

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

#### 1.2 Incoming resources

Voluntary income and donations are included in incoming resources when they are receivable, except when the donor specify that they must be used in future accounting periods or donors conditions have not been fulfilled, then income is deferred. The income from fund-raising ventures is shown gross, with associated costs included in fund-raising costs.

#### 1.3 Tangible Fixed Assets and Depreciation

Tangible fixed assets are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, or over their expected useful lives on the following bases:

Computer Equipment	20% Reducing Balance Basis
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#### 1.4 Value Added Tax

Value added tax is not recoverable by the Charity, and as such is included in the relevant costs in the Statement of Financial Activities.

#### 1.5 Fund-raising Costs

Fund-raising expenditure comprises costs incurred in inducing people and organisations to contribute financially to the Charity's work. This includes the cost of advertising for donations and the staging of special fund-raising events.

#### 1.6 Expenditure on management and administration of the company

Administration expenditure includes all expenditure not directly related to the charitable activity or fund-raising ventures. This represents various administration costs.

**THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED**

**NOTES TO THE ACCOUNTS**

**YEAR ENDED 30TH NOVEMBER 2017**

<b>2. Donations and gifts</b>	<b><u>Unrestricted</u></b>	<b><u>2017</u></b>	<b><u>2016</u></b>
Donations	2,831	2,831	7,117
Gift Aid	244	244	1,453
Membership fees	910	910	1,035
	<u>£3,985</u>	<u>£3,985</u>	<u>£9,605</u>
<b>3. Fund-raising Ventures</b>	<b><u>Unrestricted</u></b>	<b><u>2017</u></b>	<b><u>2016</u></b>
Social activities	<u>£37,821</u>	<u>£37,821</u>	<u>£27,519</u>
<b>4. Direct Charitable Expenditure</b>	<b><u>Unrestricted</u></b>	<b><u>2017</u></b>	<b><u>2016</u></b>
Donations and gifts	<u>£23,400</u>	<u>£23,400</u>	<u>£4,186</u>
<b>5. Cost Of Generating Voluntary Income</b>	<b><u>Unrestricted</u></b>	<b><u>2017</u></b>	<b><u>2016</u></b>
Social activities	19,771	19,771	22,773
Insurance	276	276	-
Printing and stationery	1,313	1,313	615
	<u>£21,360</u>	<u>£21,360</u>	<u>£23,388</u>
<b>6. Governance Costs</b>	<b><u>Unrestricted</u></b>	<b><u>2017</u></b>	<b><u>2016</u></b>
Examiners fees	540	540	540
Bank charges and interest	42	42	269
Website design	-	-	526
Subscriptions	43	43	43
Depreciation	61	61	61
	<u>£686</u>	<u>£686</u>	<u>£1,439</u>

**THE FRIENDS OF THE HEART FOUNDATION OF JAMAICA LIMITED**

**NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 30TH NOVEMBER 2017**

**7. Surplus for the year**

The surplus is stated after charging:

	<u>2017</u>	<u>2016</u>
Independent Examiner remuneration	<u>£540</u>	<u>£540</u>

**8. Fixed Assets**

**COST**

**Computer  
Equipment**

Opening balance and closing balance 1,430

**DEPRECIATION**

Opening balance	1,248
Charge for the year	61
Closing balance	<u>1,309</u>

**NET BOOK VALUE**

As at 30th November 2017 £121

As at 30th November 2016 £182

**9. CREDITORS: Amounts falling due within one year**

	<u>2017</u>	<u>2016</u>
Accruals	<u>£540</u>	<u>£540</u>

**10. Analysis of Net Assets Between Fund**

	<u>Tangible</u> <u>Fixed Assets</u>	<u>Net Current</u> <u>Assets</u>	<u>Total</u>
Unrestricted fund	<u>£121</u>	<u>£23,896</u>	<u>£24,017</u>