

Please complete in typescript, or in bold black capitals

Form revised March 1995

## 288b

## Resignation of director or secretary

|  | 1321124                 |                    |  |                |                |                |         |                       |                             |               |                 |
|--|-------------------------|--------------------|--|----------------|----------------|----------------|---------|-----------------------|-----------------------------|---------------|-----------------|
| Company Name in full   |                         |                    | NATURES WAY LIMITED  |                |                |                |         |                       |                             |               |                 |
| * F288   | BD40 *                  |                    |  |                |                |                |         |                       |                             |               |                 |
| esignatio  | า                       |                    |  |                | -              |                |         |                       |                             |               |                 |
| rm   |                         |                    | Day  | Month          | Year           |                |         |                       |                             |               |                 |
|  | Da                      | ite of resignation | 21   | 01             | 97             |                |         |                       |                             |               |                 |
|  | Resignation as director |                    | X as secretary Please mark the appropriate box. If resignal is as a director and secretary mark both box   |                |                |                |         |                       |                             |               |                 |
| Please insert<br>letails as<br>previously<br>notified to<br>Companies Hou  | NAME                    | *Style / Title     | MR   |                |                |                | ,       | *Honours etc          |                             |               | -               |
|  |                         | Forename(s)        | RICHARD GILL   |                |                |                |         |                       |                             |               |                 |
|  | ıse.                    | Surname            | TURNER   |                |                |                |         |                       |                             |               |                 |
|  |                         |                    | Day  | Month          | Year           |                |         |                       |                             |               |                 |
|  |                         | †Date of Birth     | 21   | 10             | 43             |                |         |                       |                             |               |                 |
| If ces<br>resig  |                         |                    |  |                |                |                |         |                       |                             |               |                 |
| /oluntary details.<br>Directors only.  |                         | Signed             | (by a servi  | ing director / | secretary / ad | Iministrator / | adminis | t sign the form  Date | 2<br>eiv <del>er ma</del> r | 1 FED 1       | e <del>r)</del> |
| lease give the<br>lephone number a   | per and, if a           | available,         | ANDREV   | V NASH, LLO'   | YDS CHEMIST    | TS PLC,, BLA   | CKWOC   | DD ROAD, DOSTHILI     | ., TAMWC                    | DRTH, B77 1JE | 3               |
| a DX number and Exchange of the person Companies House should contact if there is any query.  ABOS *AKZUSTSK* 425 COMPANIES HOUSE 07/03/97 |                         |                    |  |                |                | Т              | el      |                       |                             |               |                 |
|  |                         |                    | DX number DX exchange  |                |                |                |         |                       |                             |               |                 |
|  |                         |                    | When you have completed and signed the form please send it to the Registrar of Companies at:  Companies House, Crown Way, Cardiff, CF4 3UZ  DX 33050 Cardiff for companies registered in England and Wales  Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB |                |                |                |         |                       |                             |               |                 |

for companies registered in Scotland

DX 235 Edinburgh