



*Companies House*  
— for the record —

**363a<sup>(ef)</sup>**

**Annual Return**



**XCVE7DCE**

*Received for filing in Electronic Format on the: 17/09/2009*

*Company Name:* **PRIDE OILS PUBLIC LIMITED COMPANY**

*Company Number:* **01247469**

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### *Company Details*

*Period Ending:* **30/07/2009**

*Company Type:* **PUBLIC LIMITED COMPANY**

*Principal Business Activities:*

*SIC codes:*

**5138**

*Registered Office  
Address:*

**WESTON CENTRE 10  
GROSVENOR STREET  
LONDON  
W1K 4QY**

*Register of  
Members Address:*

**ASSOCIATED BRITISH  
FOODS PLC GROUP  
SECRETARIAL  
DEPARTMENT  
GROUND FLOOR, 50/51  
RUSSELL SQUARE  
LONDON  
WC1B 4JA**

*Register of Debenture  
Holders Address:*

## *Details of Officers of the Company*

### *Company Secretary 1:*

*Name:* **MRS ROSALYN SHARON  
MENDELSON**

*Address:* **45 OAKLEIGH PARK SOUTH  
LONDON  
ENGLAND  
N20 9JR**

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### *Director 1 :*

*Name:* **MR JULIAN MICHAEL  
RUTHERFORD**

*Address:* **47 CHIGWELL PARK DRIVE  
CHIGWELL  
ESSEX  
UK  
IG7 5BD**

*Date of Birth:* **02/03/1971**    *Nationality:* **British**

*Occupation:* **ACCOUNTANT**

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### *Director 2 :*

*Name:* **MR GERALD OWAIN  
WILLIAMS**

*Address:* **39 CLAUDETTE AVENUE  
SPALDING  
LINCOLNSHIRE  
UNITED KINGDOM  
PE11 1HU**

*Date of Birth:* **17/02/1958**    *Nationality:* **British**

*Occupation:* **COMPANY DIRECTOR**

## Share Capital

### *Issued Share Capital Details:*

| <i>Class of Share</i> | <i>Number of<br/>Shares issued</i> | <i>Aggregate Nominal value<br/>of issued Shares</i> |
|-----------------------|------------------------------------|---|
| <b>ORDINARY</b>       | <b>66666</b>                       | <b>GBP66666.00</b>                                  |
| <i>TOTALS</i>         |                                    |   |
|                       | <b>66666</b>                       | <b>GBP66666.00</b>                                  |

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### *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 30/07/2009 or that had ceased to be shareholders since the made up date of the previous Annual Return

#### *Shareholding 1:*

**66666 ORDINARY Shares held as at 30/07/2009**

*Name:* **A.B.F. HOLDINGS LIMITED**

*Address:*

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### *Authorisation*

*Authoriser Designation:* **secretary**

*Date Authorised:* **30/07/2009**

*Authenticated:* **Yes (E/W)**