



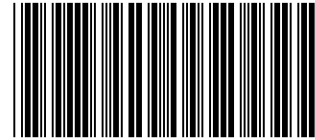
Companies House
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Annual Return

Company Name: **PRIDE OILS PUBLIC LIMITED COMPANY**

Company Number: **01247469**



XMNY27U7

Received for filing in Electronic Format on the: **15/08/2005**

Company Details

Period Ending: **30/07/2005**

Company Type: **PUBLIC LIMITED COMPANY**

Principle Business Activities:

SIC Codes
5138

Registered Office:
Address:

**WESTON CENTRE
10 GROSVENOR STREET
LONDON
W1K 4QY**

Register of
Members Address:

**ASSOCIATED BRITISH
FOODS PLC
GROUP SECRETARIAL
DEPARTMENT
GROUND FLOOR, 50/51
RUSSELL SQUARE
LONDON
WC1B 4JA**

Register of Debenture
Holders Address:

Not Applicable

Details of Officers of the Company

Company Secretary:

Name: **MRS ROSALYN SHARON
MENDELSON**

Address: **45 OAKLEIGH PARK SOUTH
LONDON
ENGLAND N20 9JR**

Director 1:

Name: **MR CHARLES OSWALD
FILLINGHAM** *Address:* **THE MILL
COCK GREEN
FELSTED
GREAT DUNMOW
ESSEX CM6 3NT**

Date of Birth: **31/10/1960**

Nationality: **BRITISH**

Occupation: **COMPANY DIRECTOR**

Director 2:

Name: **MR JULIAN MICHAEL
RUTHERFORD** *Address:* **47 CHIGWELL PARK DRIVE
CHIGWELL
ESSEX
UK IG7 5BD**

Date of Birth: **02/03/1971**

Nationality: **BRITISH**

Occupation: **ACCOUNTANT**

Share Capital

Issued Share Capital Details:

<i>Class of share</i>	<i>Number of shares issued</i>	<i>Aggregate nominal value of issued shares</i>
ORDINARY	66666	GBP666666.00
TOTALS	66666	GBP666666.00

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 30/07/2005, or that had ceased to be shareholders since the made up date of the previous Annual Return.

Shareholding 1:

66666 ORDINARY Shares held as at 30/07/2005

Name: **A.B.F. HOLDINGS LIMITED**

Address: **WESTON CENTRE
10 GROSVENOR STREET
LONDON W1K 4QY**

Shareholding 2:

0 ORDINARY Shares held as at 30/07/2005

33333 Disposed of in period on 25/06/2005

Name: **LIYAKAT HASSANALI ASARIA**

Address: **6 LOWTHER CLOSE
ELSTREE
BOREHAMWOOD
HERTS
UK WD6 3PY**

Shareholding 3:

0 ORDINARY Shares held as at 30/07/2005

33333 Disposed of in period on 25/06/2005

Name: **SULTAN HASSANALI ASARIA**

Address: **28 CLARE CLOSE
ELSTREE
BOREHAMWOOD
HERTS
UK WD6 3NJ**

Authorisation

Authoriser Designation: **SECRETARY** *Date Authorised:* **15/08/2005** *Authenticated:* **Yes (E/W)**