

## 288b

## Terminating appointment as director or

secretary

Please complete in typescript, or in bold black capitals.

CHFP010

**Company Number** 

**Company Name in full** 

(NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

1107406				 		
ICELAND	FOODS	PLC			 	
			<u> </u>			

		Day Month Year				
Date of termination	of appointment	0 5 0 1 2 0 0 1				
as director		X as secretary Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes.				
NAME	* Style / Title	MR * Honours etc				
Please insert details as	Forename(s)	RUSSELL MARK				
previously notified to Companies House.	Surname	FORD				
		Day Month Year				
	† Date of Birth	2 0 1 0 1 9 6 3				

Signed

\* Voluntary details.

† Directors only.

\*\* Delete as appropriate.

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.

#ACIKOX80# 0367
COMPANIES HOUSE 12/01/01

A serving <del>direct</del> or,	secretan	/ etc	must	sian	the	form	below	
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**Date** 

10.01. 2001

(\*\* serving director/secretary/administrator/administrative receiver/receiver manager/receiver)

Helen Coupland, Iceland Foods plc, Second Avenue,

Deeside Industrial Park , Deeside, Flintshire, CH5

2NW, Wales Tel

DX number DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland DX 235 Edinburgh