

UNAUDITED FINANCIAL STATEMENTS  
FOR THE YEAR ENDED  
31 MARCH 2022

SOLENT BODYBUILDERS &  
REPAIRS LIMITED

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# SOLENT BODYBUILDERS & REPAIRS LIMITED

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## COMPANY INFORMATION

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Directors	J R Whitbread G L Heller
Registered number	01006087
Registered office	Unit 4 Cockerell Close Segensworth West Fareham Hampshire PO15 5SR
Accountants	Menzies LLP Chartered Accountants 3000a Parkway Whiteley Hampshire PO15 7FX

# SOLENT BODYBUILDERS & REPAIRS LIMITED

REGISTERED NUMBER:01006087

## STATEMENT OF FINANCIAL POSITION AS AT 31 MARCH 2022

	Note	2022 £	2021 £
<b>Fixed assets</b>			
Tangible assets	4	26,487	26,758
		<u>26,487</u>	<u>26,758</u>
<b>Current assets</b>			
Stocks		173,320	98,150
Debtors: amounts falling due within one year	5	1,257,602	975,352
Cash at bank and in hand		35,194	281,919
		<u>1,466,116</u>	<u>1,355,421</u>
Creditors: amounts falling due within one year	6	(665,111)	(654,972)
<b>Net current assets</b>		<u>801,005</u>	<u>700,449</u>
<b>Total assets less current liabilities</b>		<u>827,492</u>	<u>727,207</u>
Creditors: amounts falling due after more than one year	7	(41,246)	(47,500)
<b>Net assets</b>		<u><u>786,246</u></u>	<u><u>679,707</u></u>
<b>Capital and reserves</b>			
Called up share capital		2,802	2,802
Share premium account		219,191	219,191
Profit and loss account		564,253	457,714
		<u><u>786,246</u></u>	<u><u>679,707</u></u>

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# SOLENT BODYBUILDERS & REPAIRS LIMITED

REGISTERED NUMBER:01006087

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## STATEMENT OF FINANCIAL POSITION (CONTINUED) AS AT 31 MARCH 2022

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The directors consider that the Company is entitled to exemption from audit under section 477 of the Companies Act 2006 and members have not required the Company to obtain an audit for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the provisions of FRS 102 Section 1A - small entities.

The financial statements have been delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The Company has opted not to file the statement of income and retained earnings in accordance with provisions applicable to companies subject to the small companies' regime.

The financial statements were approved and authorised for issue by the board and were signed on its behalf by:

**J R Whitbread**

Director

Date: 12 October 2022

The notes on pages 3 to 8 form part of these financial statements.

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# SOLENT BODYBUILDERS & REPAIRS LIMITED

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## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

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### 1. General information

Solent Bodybuilders & Repairs Limited is a private company limited by shares incorporated in England and Wales. The address of its registered is disclosed on the company information page.

### 2. Accounting policies

#### 2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention unless otherwise specified within these accounting policies and in accordance with Section 1A of Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and the Republic of Ireland and the Companies Act 2006.

The following principal accounting policies have been applied:

#### 2.2 Revenue

Revenue is recognised to the extent that it is probable that the economic benefits will flow to the Company and the revenue can be reliably measured. Revenue is measured as the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes. The following criteria must also be met before revenue is recognised:

##### Rendering of services

Revenue from a contract to provide services is recognised in the period in which the services are provided in accordance with the stage of completion of the contract when all of the following conditions are satisfied:

- the amount of revenue can be measured reliably;
- it is probable that the Company will receive the consideration due under the contract;
- the stage of completion of the contract at the end of the reporting period can be measured reliably; and
- the costs incurred and the costs to complete the contract can be measured reliably.

#### 2.3 Operating leases: the Company as lessee

Rentals paid under operating leases are charged to profit or loss on a straight-line basis over the lease term.

Benefits received and receivable as an incentive to sign an operating lease are recognised on a straight-line basis over the lease term, unless another systematic basis is representative of the time pattern of the lessee's benefit from the use of the leased asset.

#### 2.4 Government grants

Grants are accounted under the accruals model as permitted by FRS 102. Grants relating to expenditure on tangible fixed assets are credited to profit or loss at the same rate as the depreciation on the assets to which the grant relates. The deferred element of grants is included in creditors as deferred income.

Grants of a revenue nature are recognised in the Statement of income and retained earnings in the same period as the related expenditure.

#### 2.5 Interest income

Interest income is recognised in profit or loss using the effective interest method.

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# SOLENT BODYBUILDERS & REPAIRS LIMITED

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## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

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### 2. Accounting policies (continued)

#### 2.6 Finance costs

Finance costs are charged to profit or loss over the term of the debt using the effective interest method so that the amount charged is at a constant rate on the carrying amount. Issue costs are initially recognised as a reduction in the proceeds of the associated capital instrument.

#### 2.7 Borrowing costs

All borrowing costs are recognised in profit or loss in the year in which they are incurred.

#### 2.8 Pensions

##### Defined contribution pension plan

The Company operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the Company pays fixed contributions into a separate entity. Once the contributions have been paid the Company has no further payment obligations.

The contributions are recognised as an expense in profit or loss when they fall due. Amounts not paid are shown in accruals as a liability in the Statement of financial position. The assets of the plan are held separately from the Company in independently administered funds.

#### 2.9 Taxation

Tax is recognised in profit or loss except that a charge attributable to an item of income and expense recognised as other comprehensive income or to an item recognised directly in equity is also recognised in other comprehensive income or directly in equity respectively.

The current income tax charge is calculated on the basis of tax rates and laws that have been enacted or substantively enacted by the reporting date in the countries where the Company operates and generates income.

#### 2.10 Tangible fixed assets

Tangible fixed assets under the cost model are stated at historical cost less accumulated depreciation and any accumulated impairment losses. Historical cost includes expenditure that is directly attributable to bringing the asset to the location and condition necessary for it to be capable of operating in the manner intended by management.

Depreciation is charged so as to allocate the cost of assets less their residual value over their estimated useful lives, using the straight-line method and reducing balance basis.

Depreciation is provided on the following basis:

Plant and machinery	-	25%	reducing balance
Fixtures and fittings	-	25%	reducing balance
Computer equipment	-	33%	straight-line

The assets' residual values, useful lives and depreciation methods are reviewed, and adjusted prospectively if appropriate, or if there is an indication of a significant change since the last reporting date.

Gains and losses on disposals are determined by comparing the proceeds with the carrying amount and are recognised in profit or loss.

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# SOLENT BODYBUILDERS & REPAIRS LIMITED

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## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

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### 2. Accounting policies (continued)

#### 2.11 Stocks

Stocks are stated at the lower of cost and net realisable value, being the estimated selling price less costs to complete and sell. Cost is based on the cost of purchase on a first in, first out basis. Work in progress and finished goods include labour and attributable overheads.

At each reporting date, stocks are assessed for impairment. If stock is impaired, the carrying amount is reduced to its selling price less costs to complete and sell. The impairment loss is recognised immediately in profit or loss.

#### 2.12 Debtors

Short-term debtors are measured at transaction price, less any impairment. Loans receivable are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method, less any impairment.

#### 2.13 Cash and cash equivalents

Cash is represented by cash in hand and deposits with financial institutions repayable without penalty on notice of not more than 24 hours. Cash equivalents are highly liquid investments that mature in no more than three months from the date of acquisition and that are readily convertible to known amounts of cash with insignificant risk of change in value.

#### 2.14 Creditors

Short-term creditors are measured at the transaction price. Other financial liabilities, including bank loans, are measured initially at fair value, net of transaction costs, and are measured subsequently at amortised cost using the effective interest method.

# SOLENT BODYBUILDERS & REPAIRS LIMITED

## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

### 2. Accounting policies (continued)

#### 2.15 Financial instruments

The Company only enters into basic financial instrument transactions that result in the recognition of financial assets and liabilities like trade and other debtors and creditors, loans from banks and other third parties, loans to related parties and investments in ordinary shares.

Financial assets that are measured at cost and amortised cost are assessed at the end of each reporting period for objective evidence of impairment. If objective evidence of impairment is found, an impairment loss is recognised in the Statement of income and retained earnings.

Financial assets and liabilities are offset and the net amount reported in the Statement of financial position when there is an enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### 2.16 Dividends

Equity dividends are recognised when they become legally payable. Interim equity dividends are recognised when paid. Final equity dividends are recognised when approved by the shareholders at an annual general meeting.

### 3. Employees

The average monthly number of employees, including directors, during the year was 36 (2021 - 35).

### 4. Tangible fixed assets

	Plant and machinery	Fixtures and fittings	Computer equipment	Total
	£	£	£	£
<b>Cost or valuation</b>				
At 1 April 2021	149,320	34,896	33,045	217,261
Additions	7,245	-	2,097	9,342
At 31 March 2022	156,565	34,896	35,142	226,603
<b>Depreciation</b>				
At 1 April 2021	128,148	34,577	27,778	190,503
Charge for the year on owned assets	7,104	79	2,430	9,613
At 31 March 2022	135,252	34,656	30,208	200,116
<b>Net book value</b>				
At 31 March 2022	21,313	240	4,934	26,487



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# SOLENT BODYBUILDERS & REPAIRS LIMITED

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## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

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### 5. Debtors

	2022 £	2021 £
Trade debtors	516,410	409,634
Amounts owed by group undertakings	640,125	465,125
Other debtors	100,000	100,000
Prepayments and accrued income	1,067	593
	<u>1,257,602</u>	<u>975,352</u>

### 6. Creditors: Amounts falling due within one year

	2022 £	2021 £
Bank loans	9,562	1,612
Trade creditors	415,964	331,792
Corporation tax	21,363	19,057
Other taxation and social security	100,614	183,849
Obligations under finance lease and hire purchase contracts	1,767	-
Other creditors	99,048	105,754
Accruals and deferred income	16,793	12,908
	<u>665,111</u>	<u>654,972</u>

The company has a fixed and floating charge held by HSBC Bank plc over all the undertakings and all the property and assets both present and future including uncalled capital, book debts and other debts.

### 7. Creditors: Amounts falling due after more than one year

	2022 £	2021 £
Bank loans	38,079	47,500
Net obligations under finance leases and hire purchase contracts	3,167	-
	<u>41,246</u>	<u>47,500</u>

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# SOLENT BODYBUILDERS & REPAIRS LIMITED

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## NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

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8.      **Commitments under operating leases**

At 31 March 2022 the Company had future minimum lease payments due under non-cancellable operating leases for each of the following periods:

	2022 £	2021 £
Not later than 1 year	111,435	108,479
Later than 1 year and not later than 5 years	111,395	203,249
	<u>222,830</u>	<u>311,728</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.