

Parkinson's Disease Society of the United Kingdom

Annual Report and Accounts 2006

Alnwick Support Group Alton Support Group Amber
 dlover Support Group Annan Support Group Ards Sup
 Branch Atherstone Support Group Aylesbury Branch /
 anbury Branch Barking and Dagenham Support Group
 p Basingstoke Branch Bassetlaw Branch Bath Branch
 oup Bexhill Hastings and Rother Branch Bexley and D.
 irmingham South Branch Black and Asian Neurological
 Bolton Branch Borders Branch Bracknell Branch Bra
 dgend Branch Bridgnorth Branch Bridport Branch Brig
 uckhurst Support Group Bude and District Support Gr
 anch Bury Support Group Buxton Support Group Cae



A36 07/09/2007 248
 ANLWUSRR
 COMPANIES HOUSE



The Society's mission is the conquest of Parkinson's disease and the alleviation of the suffering and distress it causes, through effective research, education, welfare and communication.

Contents

Annual Report and Accounts 2006

1	Contents
2-3	Report from the Chair and Chief Executive
4	Legal and administrative information
5-25	Report of the Trustees for the year ended 31 December 2006
	On the ground – mutual support across the UK
	Help on hand – advice, information and support
	Hope for tomorrow – promoting research and disseminating research information
	Spreading the word – a society that understands Parkinson's
	Improving care – ensuring access to high-quality services
	Stating our case – influencing national policy
	Making it possible – supporting volunteers and raising funds
	Thank you
26	Financial overview
27	Independent auditors' report
28	Consolidated Statement of Financial Activities
29	Consolidated and Society Balance Sheets
30	Consolidated Cashflow Statement
31-39	Notes to the Consolidated Financial Statements
40	How you can help

Report from the Chair and Chief Executive

for the 2006 annual report

The Parkinson's Disease Society (PDS) is committed to supporting all people with Parkinson's, their carers and families. In 2006, we undertook a major review of our work and considered what actions we need to take to ensure that all people with Parkinson's, throughout the United Kingdom, receive high-quality health and social care services and receive information and support from the Society.

The Board made some important decisions about the direction of the Society, which will see an expansion of our services over the next few years. This requires us to increase our income to support this expansion.

We will expand our capacity to offer one-to-one support across the UK. Currently, about a third of our branches have a Community Support Worker (CSW) working in their area and we know how valued they are. We will increase the number of people providing information and support by introducing new Information and Support Worker (ISW) posts, so that everybody across the UK has someone they can turn to for this type of support.

We will also improve the way we influence service development at a local level. We want to ensure that everybody living with Parkinson's has the best possible care, including the support of a Parkinson's Disease Nurse Specialist (PDNS). We will work hard to push Parkinson's up the local healthcare agenda, and we will do this by increasing the skills and capacity of the field teams, mapping local services and influencing local decision-makers to meet the needs of people with Parkinson's.

The release of the National Institute for Health and Clinical Excellence (NICE) Guideline for the diagnosis and management of Parkinson's disease in June 2006 was extremely significant for the Society. It forms a

strong foundation from which we can lobby local healthcare decision-makers in England and Wales. The Society made a major contribution to the Guideline's development, and implementation of its recommendations will make a significant difference to people with Parkinson's and their families.

One of our priorities for 2007 will be to ensure that the Guideline does not gather dust on bookshelves but is translated into real service improvements. Another will be to ensure that the Scottish Intercollegiate Guideline Network (SIGN) starts to develop its Parkinson's Guideline and we will also lobby the Northern Ireland Assembly to adopt the NICE Guideline.

2006 saw the launch of the Society's 'Get it on time' campaign, which aims to ensure that people with Parkinson's get their medication on time, every time. This initiative marked a step change in the Society's campaigning efforts as, for the first time, it pulled together branches and support groups, staff and PDNSs to push forward a hugely important issue.

A number of hospitals have already listened to us and taken steps to improve the medication management processes they have in place for people with Parkinson's and we will be working hard to improve the situation in hospitals further over the next few years.

The Society has always had a major commitment to supporting first-class research into all aspects of Parkinson's disease and communicating the outcomes of research as widely as possible.

In 2006, more than £4million was spent on research, both on projects that can improve people's quality of life now and offer hope of a cure in the future. This investment included £970,000 for a study into depression. Our understanding of the impact of the

non-motor symptoms of Parkinson's is expanding all the time, and the Society is committed to funding research that will look at the best ways to manage them. The new 'fast-track' grant programme, which supports smaller research projects that are up to £10k in cost and no longer than 12 months in duration, helped us to engage with researchers wishing to carry important initial studies into Parkinson's.

The Society's branches, support groups and volunteers across the UK, including the Special Parkinson's Research Interest Group (SPRING) and the Younger Parkinson's Network (YPN), again made a huge contribution in 2006. These groups give people affected by Parkinson's somewhere to turn to for genuine fellowship and support, and we are hugely grateful to every person who gives up their time to run them. They are tireless in their fundraising, local campaigning and the range of activities they provide to support people with Parkinson's.

We want to ensure that all volunteers get the support and training they need to succeed, and in 2006 we took important steps forward in this area. We developed organisation-wide materials, policies and processes to help us to do this and published the first ever PDS Volunteer Code.

The impressive range of activities set out in this Report depends on the continued hard work and generosity of our supporters. We were delighted to be made a beneficiary of the John Betjeman Centenary celebrations, which took place in 2006, and want to thank Sir John's daughter, Candida Lycett Green, for her support.

The Society is extremely grateful to every individual who raises funds for our work, leaves a legacy or makes a donation to enable us to reach and help more people with Parkinson's and those around them.

We would also like to pay tribute to the Board members for their insight, commitment and judgement in leading the Society forward. We will be sorry to see Dr Oliver Foster, Charles Holme and Dr Mahendra Gonsalkorale come to the end of their respective terms of office, and stand down at the AGM.

We're delighted that Jane Asher has agreed to take on the role of President of the PDS. Jane has been involved with us for two years and has attended a

number of our events during this time. Her commitment to the Society is key in helping us to promote our work and raise funds, and we very much look forward to working with her more closely. We are extremely grateful to our former President, Richard Briers CBE, for all that he has done for us already and are pleased that he will maintain his strong links with us in his role of Honorary Vice President.

We would also like to acknowledge our committed and hard-working staff, who bring skills and expertise to their work on behalf of people with Parkinson's disease, both in our National Office and across the United Kingdom.

In conclusion, during 2006 the Society put ambitious plans in place that will enable us to provide improved support to people with Parkinson's throughout the UK. In order to make these plans a reality, it is vital that we find new ways to increase our income and move forward as one Society. The next few years will be challenging and exciting, as we expand and develop to make an even bigger difference to the lives of people with Parkinson's.



Mark Dumas
Chairman, Parkinson's Disease Society of the United Kingdom



Steve Ford
Chief Executive, Parkinson's Disease Society of the United Kingdom

Legal and administrative information

Registered Office

215 Vauxhall Bridge Road
London SW1V 1EJ

Patron

HRH The Duchess of Gloucester GCVO

President

Jane Asher

Hon Vice President

Richard Brers CBE

Vice Presidents

Mr John Bowis OBE, MEP

Professor Leslie Findlay TD, MD,
FRCP, DCH

Baroness Susan Greenfield CBE

Dr Brian Pentland MB, CHB, FRCPed

Janet Sanders

Lady Gillian Howard de Walden

The Board of Trustees

- Mark Dumas (Chairman & EC)
- Jackie Campbell MBE (Trustee from Northern Ireland) from 16 9 06
- Colin Cheesman LLB from 16 9 06
- John Creed BA, FCA (EC & Hon Treasurer)
- Dr Oliver Foster MA, PhD, FRCP
- ▲ Dr Mahendra Gonsalkorale MD, MSc, FRCP (Lon)
- Ronald Harvey (Trustee from Wales)
- Susann Hill BA, DipSocSc, AIMS (EC)
- Charles Holme BA, FCIPD (Hon Secretary & EC to 16 9 06)
- Dr Shirley Ratcliffe MB, BS, FRCP
- Ralph Tingle BA, CIPFA from 15 5 07
- Carole Waller (formerly Ions) to 16 9 06
- Ethna Watterson (Trustee from Northern Ireland) to 16 9 06
- Elizabeth Wolstenholme CBE, BA (Hons) (EC & Hon Secretary from 16 9 06)
- Iain Young CEng (Trustee from Scotland, EC)

Audit Committee

Colin Price BSc (Econ), PhD, FCCA (Chairman)

John Creed BA, FCA

Sarah Brown OBE, BA

Karin Norman BSc (Hons)

Iain Young CEng

Nominations Panel

Patrick Mark (Chairman)

Colin Cheesman LLB

John Creed BA, FCA

Mark Dumas

Elaine Fear BA (Hons)

Lucianne Sawyer CBE

Subsidiary Bodies

Research Advisory Panel

Professor Paul Bolam BSc, PhD (Chairman)

YPN (Younger Parkinson's Network)

Alun Morgan (Chairman)

SPRING (Special Parkinson's Research Interest Group)

Flora Hill (Chairman)

Scottish Council

Jean Ballantyne (Chairman)

Northern Ireland Council

Jackie Campbell MBE (Chairman)

Wales Council

David Price (Chairman)

Professional Advisors

Auditors

Deloitte & Touche LLP

Hill House

1 Little New Street

London EC4A 3TR

Bankers

Royal Bank of Scotland

97 New Bond Street

London W1Y 0EU

Investment Managers

Newton Investment Management Limited

160 Queen Victoria Street

London EC4V 4LA

Solicitors

Farrer & Co LLP

66 Lincoln's Inn Fields

London WC2A 3LH

Staff Principal Contacts

Chief Executive

Steve Ford BA(Hons)

Director of Community Services

Rachel Raymond BSc, MBA, MCMI

Director of Finance and Administration

Lester Corp BSc(Econ), FCA, MCMI

Director of Fundraising

Hugo Middlemas MA(Hons)

Director of Policy, Campaigns and Information

Valene Buxton RGN, PGDipHV, BA(Hons), MA

Director of Research and Development

Dr Kieran Breen BSc, PhD

Head of Communications

Helen Garner BA(Hons)

Company Secretary

Lester Corp BSc(Econ), FCA, MCMI

(EC) = Member of Executive Committee

● Elected, ■ Appointed, ▲ Co-opted

Report of the Trustees

for the year ended 31 December 2006

The Trustees, who are also the Directors of the Charity for the purposes of the Companies Act 1985, have pleasure in submitting their annual report and the audited financial statements for the year ended 31 December 2006. The Trustees' Report incorporates the Society's objectives, achievements and future plans, which are set out on pages 7–19.

Structure, Governance and Management

Legal status

The Parkinson's Disease Society of the United Kingdom (also known as Parkinson's Disease Society and PDS) was founded in 1969 on the initiative of Ms Mali Jenkins, whose sister had Parkinson's.

The Society is a membership organisation with approximately 29,000 members and is a charity, registered in England and Wales by the Charity Commission (Registered Charity No. 258197). In October 2006, the Society was also registered by the Office of the Scottish Charity Regulator (Registered Charity No. SC037554). The Society is also a company limited by guarantee (Registered No. 948776) and a Trust Corporation.

PDS branches and groups

The Society has a network of 222 branches and 116 support groups throughout the UK that provide local activities, peer support and companionship, as well as two special interest groups: SPRING, for members with a particular interest in research, and YPN, the Young Parkinson's Network. These are not separate legal entities and are not autonomous, but the Board of Trustees delegates certain responsibilities to their committees through Rules and Guidelines.

The Society is keen to listen to the views of all its members and so has established a process of local, regional and national consultations, including the Annual Branches Meeting.

The Board of Trustees

The Board of Trustees is the governing body of the Society, and met seven times during 2006. Its principal duties are to

- establish and develop the policies and strategies of the Society
- ensure that the Society's resources are used effectively and efficiently to further its primary objectives
- provide strategic guidance to and exercise general control of the administration of the Society, and to ensure, by monitoring the work of the Chief Executive and through him the staff, that the Society is run efficiently and accountably
- ensure full compliance with all statutory obligations relating to the Society and its activities

The Executive Committee is a sub-group of the Board, comprising the Honorary Officers and not more than three Trustees, who may be called upon to meet if there is an urgent decision to be made that cannot await a meeting of the full Board. It met once during 2006.

The Board comprises seven elected Trustees (four from England and one each from Northern Ireland, Scotland and Wales) and five appointed Trustees. Each is normally elected or appointed for a four-year term of office, though if a Trustee stands down before the end of this period, another may be elected or appointed to serve for the remainder of that term. Trustees may stand for re-election provided they have not already served for a continuous period of six or more years, in which case they must stand down for at least one year. The Board may also co-opt up to two Trustees, who serve for a period of one year. The members of the Board of Trustees during 2006 are listed on page 4, and were in office throughout the year, except where shown.

The full criteria for candidates for election as Trustees are set out in the Articles of Association. Essentially, anyone may stand who has been a member of the Society for at least 12 months, lives in the electing region, is not employed by the Society and has not undertaken paid work for the Society within the previous three years, and is nominated by five members also living in the electing region, not more than three of whom shall be members of any one branch. If more than one candidate stands for a vacancy, election is by postal ballot, with all members living in the electing region eligible to vote. The five appointed Trustees are selected through a careful recruitment and interview process, with a view to ensuring a good mix of skills on the Board and that succession planning needs are met.

All new Trustees are sent an induction pack, designed to give them a greater understanding of their role and that of the Society. They attend an Induction Day at the Society's offices, and are linked to an experienced Trustee, who acts as mentor. All Trustees are invited to attend regular briefing sessions on particular aspects of the Society's work, but ongoing training of individual Trustees depends on the needs of the Board and the Trustee concerned, so is tailored to meet each person's requirements.

Trustees do not receive any remuneration for their services, but may claim reasonable travelling, hotel and other expenses properly incurred in connection with attendance at meetings or other duties. These are listed on page 35, note 8d.

The following Committees support the Board, and brief reports of their activities during 2006 are given below. The Audit Committee is responsible for investigating, reviewing, reporting and advising on the Society's governance, financial and asset management, internal and external audits and the effectiveness and efficiency of its operational processes. In 2006, the Board approved a change in the Terms of Reference of the committee to include responsibility for monitoring risk management. The Committee met three times during 2006, and a sub-group also held a separate meeting to consider the Society's investments.

The Nominations Panel is responsible for Board skills audits and the recruitment of appointed and co-opted Trustees. The Panel met three times during 2006,

their priorities being

- the recruitment of a new independent Panel member, concluded successfully with the appointment of Elaine Fear in March 2006
- the review of Board skills
- succession planning
- the recruitment of an appointed Trustee to act as Hon Treasurer designate, concluded successfully with the appointment of Ralph Tingle in May 2007

The Research Advisory Panel, comprising experts from a range of scientific, clinical, therapeutic and social care specialties, plus lay members, advises the Board on research matters, in particular the award of grants. The Panel, which met twice during 2006, is itself supported by the Research Network of members who are particularly interested in research.

In addition, Strategy Groups meet to discuss specific areas of the Society's strategy in more detail. These, therefore, may change in their focus and composition as the strategy itself is developed. The Board's decision during 2006 to take forward a bold new strategy for the local provision of care and information services, campaigning and liaison with statutory organisations has led to the Fundraising Advisory Group and Health and Social Care Group being replaced by the Strategy Delivery Group and the Income Group. The Research Advisory Group continues. Other committees, comprising a mixture of staff, Trustees and members, such as the Health & Safety Committee and the Editorial Board, also meet to give input to specific areas of the Society's activities.

Administrative structure

The Society's National Office in London co-ordinates and supports the work of staff based at its offices in Scotland and Wales, the Community Services Managers in Northern Ireland and ten English regions, and a network of locally-based field staff. The Board delegates operational planning and day-to-day management, including financial authority, to the Chief Executive and through him to the senior management team and staff, within approved specific limits. These are, however, overseen by the Board through reports and briefings presented by the Directors at Board meetings and at the major annual Planning and Budget meeting.

Relationships with other organisations

Although the Society has no formal relationships with other organisations, it works collaboratively with a number of other organisations, especially other neurological charities and carers' organisations. The Society also endeavours to establish and maintain good working relationships at national and local levels with statutory health and social care providers.

Objectives, achievements and future plans

The Society's mission is the conquest of Parkinson's disease and the alleviation of the suffering and distress it causes, through effective research, education, welfare and communication.

The Parkinson's Disease Society, from small beginnings, has grown to be the leading UK charity dedicated to providing support and information to people affected by Parkinson's, their families and carers, as well as funding an extensive and varied research programme.

The Society has adopted the following key strategies in pursuit of its objects:

- Ensuring that accurate and timely advice, information and support are available for people with Parkinson's, their families and carers, and providing education on Parkinson's to health and care workers
- Ensuring access to high-quality health services and working collaboratively with health and social care professionals and statutory organisations
- Influencing national policy through campaigning at national and local levels to improve understanding of the condition and standards of care
- Promoting research by developing research networks, supporting and commissioning research projects and publicising the results, and disseminating research information
- Promoting the widespread understanding of Parkinson's disease in society
- Ensuring fellowship and mutual support to improve the quality of life of people affected by this condition

The Report of the Trustees continues on pages 8–19 with an overview of some of the many activities undertaken by the Society to achieve these objectives during the year, together with an outline of plans for 2007.

Information on the Society's fundraising activities in support of its objectives is given on pages 20–22, after which the remainder of the Report of the Trustees is set out.

Volunteers

Volunteers play a key role in our work to support all people with Parkinson's, their families and carers.

The Society has in the region of 4,500 volunteers who between them contributed an estimated 800,000 hours of their time for free, helping with branch and local activities, fundraising, campaigning and raising awareness of Parkinson's in their communities. We would like to acknowledge the vital contribution of these volunteers and thank them for their continuing hard work and commitment.

We were delighted to recognise the outstanding work over many years in the Society of the following volunteers by granting them Honorary Life Membership in 2006:

Mrs Pauline Beckett	Mrs Aileen Lappin
Mrs Margaret Bellamy	Mrs Eunice Lewis
Miss Patricia Bennett	Mr Roy Parker
Mrs Nancie Cash	Mrs Joy Pendleton
Mrs Minnie Dolley	Mr James Perrott
Mrs Ruby Driver	Mr Bernard Salisbury
Mr Ray & Mrs Rita Gray	Mrs Jean Smith
Mrs Eileen Green	Mr Bill Stewart
Mrs May Harris	Mrs Pat Stockley
Mr Barry & Mrs Sylvia James	Mrs Madeline Thomas
Mr John Jones	Miss Jean Thornton
Mrs Kathryn Jolley	Mrs Myrtle Walmsley
Mr Terry Kavanagh	

On the ground

mutual support across the UK

Our branches and support groups across the UK offer fellowship and support to people with Parkinson's, their families and carers. They also deliver programmes of activities and events for local people and help the Society to increase its profile, raise money and campaign for better services. All of this work is undertaken by volunteers and supported by our teams of field staff.

Meetings

Branches and support groups had another strong year in 2006, with continued growth in the number and geographical spread of meetings. In 2006, staff attended 98% of branch annual general meetings and undertook development meetings with 96% of branches. This work ensures that we understand what branches are achieving and planning and that staff can offer appropriate support to those that require it. We also held 14 branch support events, where branches come together across a region to share their experiences and learn about new ideas.

Alongside this work with branches and support groups, each area has objectives to help people with Parkinson's.

Reaching out

Working locally with branches and other Society staff, our area teams reached 3,600 people through 69 planned information days across the UK. In addition, there were seven events for carers, six events focused on people from black and minority ethnic communities (over and above the work undertaken by the Outreach service in Birmingham), ten events for younger people with Parkinson's and five general awareness events organised by area teams across the UK.

Supporting specialist nurses

We also focused on supporting the development and continuation of PDNS posts in nine areas across the UK. Our success in sustaining posts that have been under threat illustrates the involvement of local area managers working closely with branches and national staff to make an impact.

Plans for 2007

- We will establish regional fundraising with an aim to increase income to fund the expansion of our local work.
- We will develop and promote the Society's membership scheme.
- We will introduce a programme of volunteer training and support.
- We will develop online forums for people with Parkinson's.
- We will pilot the Society's Volunteer Handbook.

Joining forces

Partnership with statutory and other voluntary organisations was another feature of plans in 2006. Specific work on this was done in nine places across the UK, where a focus on influencing service provision has led to the development of joint working through neurological alliances, other voluntary organisations, such as Crossroads, and professional bodies, such as the Royal College of Nursing

Volunteers

Volunteers contribute to many aspects of the Parkinson's Disease Society. They are involved in providing information and support to people with Parkinson's, their families, friends and carers, campaigning for change locally and nationally. The Society is committed to ensuring that all of our volunteers get the support and training they need to succeed in all of these roles.

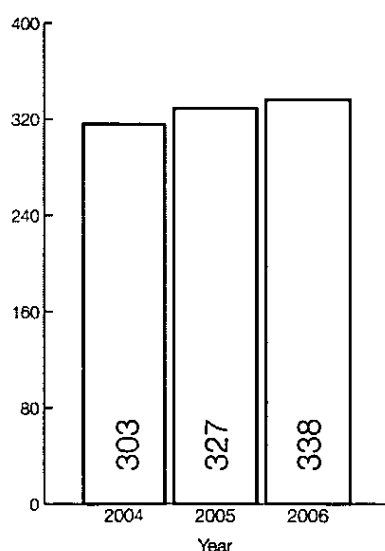
During 2006, support for volunteers has been brought to centre stage following strategic work in the organisation. We have highlighted the role of volunteers in the organisation and the need to provide support for volunteers in order to strengthen the work of the Society. There is a particular focus on the role of regional staff in moving forward work to support our volunteers.

This year, we have been concentrating on developing organisation-wide materials, policies and processes, and June saw the distribution of the Volunteer Code. These developments will enable us to provide the same level of support for all PDS volunteers across the organisation and ensure they have access to the same support and training. It also means that all of our staff are achieving the same standards and following best practice in volunteering.

"By getting involved, I meet people, have a good talk, and feel that I'm not alone with Parkinson's."

Mrs Lindel Bent, Lewisham Branch

Growth in branches and groups 2004–2006 (including YPN & SPRING)



"There are around 700 people in Ayrshire with Parkinson's. We know of about 200, and are reaching out to more people all the time. We are a very active branch and our meetings are well attended. We have found that they are often the only outing of the week for some of our members.

"In 2003, thanks to a 'Create It' award from the Society, the Branch began activity classes. These are held weekly and include tai chi, yoga, reiki, healing and massage. There is also a beauty therapist on hand for facials and manicures. These treatments are available to both people with Parkinson's and their carers or family, who we also want to support. If the classes aren't everyone's cup of tea, we have a 'coffee club', where some meet and pass the time of day, have a good gossip or put the world to rights.

"In October 2006, we received an 'Awards for All' lottery grant, which has enabled us to continue our activities. It also allows us to subsidise transport, which is particularly welcomed by those with mobility problems.

"The Ayrshire Branch has a great relationship with local consultants, day hospitals and Health Board. We hope this will help us in our fight to get the essential services we don't currently have – a PDNS, a Community Support Worker and a local neurologist."

Help on hand

advice, information and support

The Helpline

The PDS national freephone Helpline service provides clear, accurate, unbiased and free information and advice to anyone affected by or interested in Parkinson's

In 2006, over 20,000 enquiries were handled by the Helpline. Of these enquiries, almost a third were non-medical, including requests for information about social care, benefits and rights, local services, residential and nursing care issues, and entitlements and employment

The Helpline team alone distributed over 24,000 information sheets on benefits and employment rights

Community Support Workers

The Society's 69 Community Support Workers (CSWs) continue to deliver a responsive service, offering information and support to people living with Parkinson's. In 2006, CSWs responded to 2,526 new referrals and, alongside this, carried out over 68,000 visits or interactions. They also handled over 20,000 general enquiries from people living with Parkinson's and professionals working with them.

As part of their role, CSWs help people with benefits issues, and their work generated nearly £2.5m for people with Parkinson's in 2006.

Information for people with Parkinson's

Every year, we distribute hundreds of thousands of items of printed information – providing valuable advice for many people affected by Parkinson's. The list of publications is wide-ranging. Alongside a range of booklets, there are 56 single-topic information sheets, dealing with many issues relating to Parkinson's. In this format, the reader can pick and choose the topics relevant to them.

• Information sheets

Updating the Society's information sheets is a constant task and we make every effort to achieve and maintain a very high standard. In 2006, all information sheets were updated and 101,979 left our warehouse. A further 10,577 sheets on welfare benefits were distributed during this period.

Plans for 2007

- We will continue to expand the services offered by the Helpline through increasing expertise in benefits and employment issues
- We will produce a DVD for those newly diagnosed with Parkinson's and implement a programme among health professionals to publicise its availability
- We will relaunch the website, ensuring it meets accessibility standards
- We will participate in the Department of Health's Information Prescription Pilot project and use learning to spread best practice
- We will review the eligibility criteria for the Mali Jenkins Help Fund so more people can benefit

- *Planning for end of life*

One of our new publications for 2006 was the booklet

Planning for end of life

for people living with Parkinson's disease, which features an introduction by Esther Rantzen. This was developed in response to Helpline calls about advanced stage Parkinson's and making choices about end-of-life care

- *The Parkinson*

The Parkinson is our flagship magazine and is mailed out to members four times a year. In 2006, we gave *The Parkinson* a new look and feel, which was well received

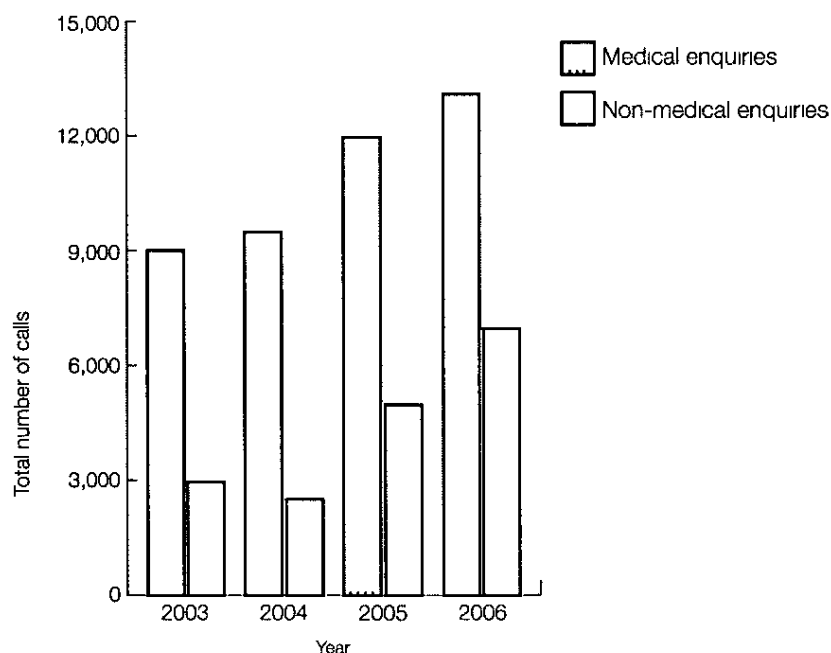
Mali Jenkins Help Fund

Fifty-two people with Parkinson's benefited from the Mali Jenkins Help Fund in 2006, allowing them to improve their quality of life. Examples of items provided were scooters, hoists, replacement windows, repairs to homes, along with adaptations, respite holidays and short breaks. In total, the Society spent £11,705 on the Fund last year.

"When I called the Helpline, I had all my questions answered by someone who was comforting and easy to talk to."

Caller to the PDS Helpline

Number of calls to Helpline in 2003–2006



"Ensuring the branches in my area support all people with Parkinson's is a big part of my job – and it's something I really enjoy doing.

"One of the challenges in London is supporting people with Parkinson's from diverse communities, who need information in a format suitable to them. Last year, we delivered five talks to organisations that reach out to these communities, using videos and materials in appropriate languages. We had a wonderful response. By working in partnership with these organisations we are slowly getting there.

"Another challenge is supporting younger people with Parkinson's. Last year, we hosted an information day for people of working age with Parkinson's, their partners and carers. The objective of this day was to raise awareness of Parkinson's and the support available in London. It really was a fantastic event. The keynote speaker, Professor Niall Quinn, spoke about treatments for Parkinson's, and after lunch there were several workshops looking at different aspects of having Parkinson's. One hundred people attended the event and we had to turn away many more. The feedback was so positive that we're busy planning another one for 2007!

"Of course our information days are only possible because of the quality of information that the PDS produces."

Hope for tomorrow

promoting research and disseminating research information

The Society published its Research Agenda in 2005, and one of the main aims for 2006 was to make it a reality. The Agenda highlighted six key research areas on which the Society should place greater emphasis and, if necessary, commission groups to carry out research in these areas.

Commissioned research

The first such research study was agreed by the Board of Trustees in March. This study, called PROMS-PD (a PROspective study of Mood Symptoms in Parkinson's Disease) will look at depression in Parkinson's. This is a symptom that affects up to 45% of people with Parkinson's, yet despite this, little research has been carried out to understand it. This is a multi-centre trial involving five groups that aims to study more than 400 people over a five-year period. It is directed by a steering committee which includes both researchers and members of the Society. This study will cost £970,000.

The Board also agreed to call for applications for a further six areas of research in 2007 following consideration of 12 proposed themes submitted by

members, researchers and members of SPRING, the Society's special research interest group.

Fast-track research grants

2006 saw the initiation of the 'fast-track' grant programme, which supports researchers wishing to carry out small-scale or pilot projects. The applicants are informed of the decision within 12 weeks of submission. The Society also works with the applicants to develop certain projects as part of an ongoing process, especially new researchers and those working in areas highlighted by the Research Agenda. In 2006, 18 applications were received and the average turnaround time was 8.5 weeks. Each application was reviewed by at least two expert reviewers and one member of the Research Network. The success rate was 77% and grants worth £89,500 were approved.

Plans for 2007

- We will commission research in the following areas: sleep, dementia, dopamine dysregulation syndrome and costing the care pathway.
- We will undertake a survey of all our members to shape the priorities and future direction of the Society.
- We will continue to develop the PDS Brain Bank.
- We will continue to expand the involvement of members in setting research priorities through the development of the Research Network.
- We will fund a number of Career Development Awards to expand the Parkinson's Research community.

Career Development Awards

It is important for the Society to nurture new research talent so a Career Development programme was initiated in 2006. There were 11 applications, and two Fellowships were awarded. Both of these focus on the psychological changes associated with Parkinson's – one of the key areas for research identified by the Society.

Membership involvement

We monitor closely the progress of the projects that we fund. In addition to the formal reporting system, we initiated a site visit scheme whereby all researchers are visited by members of the Society 12 months after the initiation of the project, and two months before its completion. This provides greater input from members into the research process, as well as increasing the contact between members and researchers. Eighteen visits took place in 2006 involving members of the Research Network, local branches and SPRING.

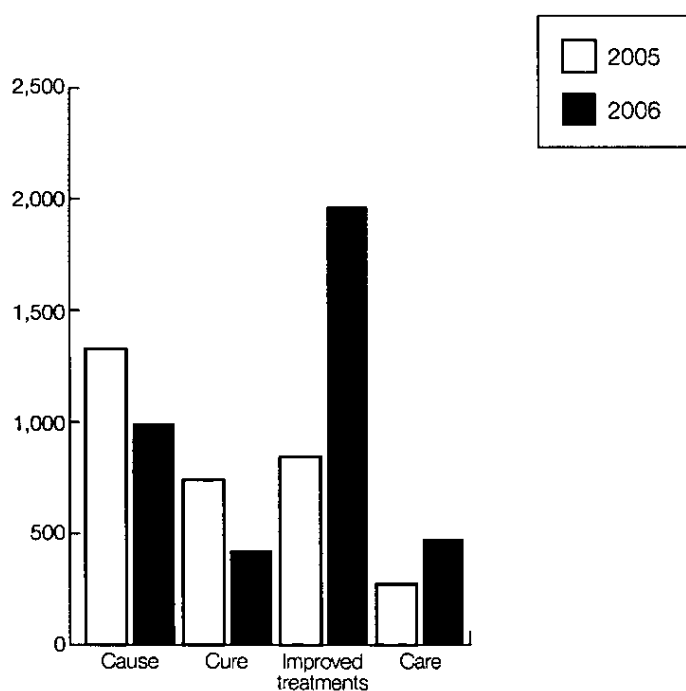
Research communications

In order to increase members' awareness of the research that is supported by the Society, a dedicated research magazine, *Progress*, was published in September and will be a regular Society publication. In addition, 17 fact sheets, outlining specific projects funded by the Society, have been published, as well as four editions of *Parkinson's News*.

"Thanks to the PDS, I can focus on an important area of Parkinson's research that has not yet been fully investigated."

Dr Leonora Wilkinson, recipient of PDS Career Development Award, Queens Square, London

Research spending 2005–2006



"Following my wife's general improvement after deep brain stimulation surgery, I found I had more time to get involved with the work of the Society. So when I saw an advert in *The Parkinson* asking for lay members for the Research Advisory Panel, I thought I'd give it a go. When I worked as a dentist, I had sat on a committee for years so I applied. I was shortlisted, assessed and came to London to be the fourth lay member of the panel.

"The panel advises the Trustees on all aspects of research. My role comes about halfway through a complex process of assessing applications from researchers for funding for their studies into Parkinson's. I gather the opinions of a number of members and summarise them in a balanced way. Then, I present this view to the full panel at our meeting, which is the easy part! Finally, a decision to accept or reject the application is made.

"I find it extremely interesting to work with the top scientific brains in the UK and my eyes have been opened to the range and depth of research going on.

"Without lay input, there is a risk that pure scientific research would only appeal to academics – and we must remember that there are real people attached to very real symptoms."

Spreading the word

a society that understands Parkinson's

Communication for change

Making sure every person with Parkinson's knows the Society is there for them is one key strand of our awareness-raising activity. Another is increasing the understanding of the reality of living with and managing Parkinson's.

Parkinson's Awareness Week saw the launch of a high profile campaign to ensure people with Parkinson's get their medication on time – every time in hospitals. 'Get it on time' was developed after feedback from members underlined the significant problems that people with Parkinson's can face in accessing their medication on time in hospital, and the impact this has on their condition. This was also highlighted by the results of a survey of Parkinson's Disease Nurse Specialists, which identified the serious consequences of poor medicines management in hospitals for people with Parkinson's.

Our campaign plan included the development of eye-catching materials with a distinctive slogan and image. These were used up and down the country to draw attention to the issues, inform people and drive the message home.

As a result of a sustained media campaign, 'Get it on time' secured the most comprehensive coverage the Society has ever received on a single issue. We were particularly successful in targeting the professional press in order to get our message across to hospital staff. You can read more about our 'Get it on time' activities on pages 18 and 19 of this report.

In the news

The Society also achieved high levels of media coverage in the specialist press to coincide with the launch of the NICE Guideline for Parkinson's. Research with GPs and neurologists, commissioned by the Society, was used to generate media interest. This research showed that nine out of ten GPs have no specialist knowledge of Parkinson's, yet nearly one in five GPs initiate treatment themselves, rather than referring people immediately to a specialist, as recommended by the NICE Guideline.

These findings were used to underline the importance of training for GPs and the recruitment and retention of Parkinson's Disease Nurse Specialists.

Throughout the year, the Society used the media at every opportunity to highlight the key role that specialist nurses play. This was particularly important as funding for these posts came under threat in some areas of the country.

Plans for 2007

- We will run an awareness campaign focusing on the support available to those newly diagnosed with Parkinson's
- We will particularly focus on developing closer links with health professionals
- We will pilot information packs for professionals to give to their patients
- We will undertake development work on the Society's brand

Broadcasting

Looking to expand the methods that we use to communicate our messages, we developed a TV advertisement and a set of posters, working with an advertising agency who donated their time to develop and distribute them

The expertise of the Society was called on to advise the producers of an ITV drama that was shown in October *What We Did On Our Holiday* starred Roger Lloyd Pack as a man with advanced Parkinson's, and Pauline Collins as his carer. The adaptation of the John Harding novel highlighted many of the issues around advanced Parkinson's. Details of the Society's Helpline and website were shown alongside the closing credits, reaching an audience of more than 6 million.

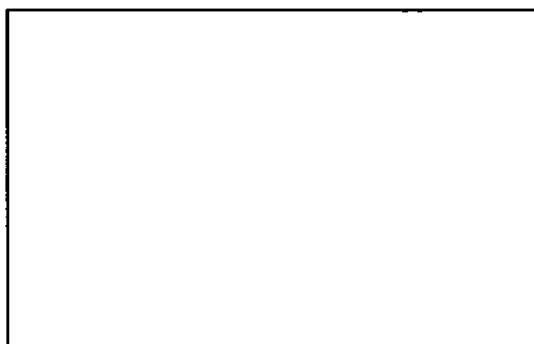
Website

Work began on a major project to redevelop the Society's website.

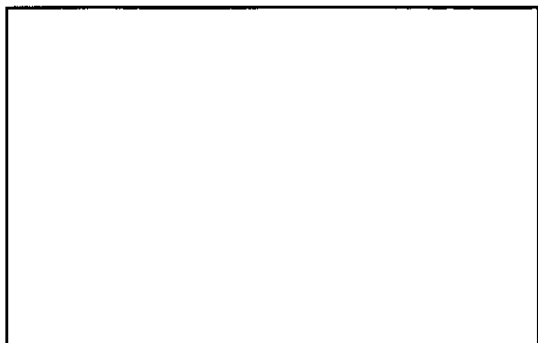
This involved consultation and detailed consideration about how to produce a new site that would best meet the needs of all people with Parkinson's.

"Knowing that the Parkinson's Disease Society exists and can support you is hugely important."

Harry Prankard, Wrexham, North East Wales Branch



What We Did On Our Holiday



'Let the cat out' – our TV advertisement

"In 2002 our Branch Committee set about running more information evenings at the Scarborough Hospital Haworth Day Unit. Lynette Bayes, a nurse at the unit with a special interest in Parkinson's, realised there was a problem with Parkinson's patients in hospital getting their medication on time. Lynette thought pill timers might be the answer.

"Lynette, with our support, approached the NHS Trust and as a result of co-operation and communication, the Branch bought 25 pill timers for the hospital. These have been well used and more have been requested. This was before the 'Get it on time' campaign was launched, so you can imagine how delighted we were to have the weight of the Society behind us in 2006. 'Get it on time' led to fellow branch member Paul Maynard and me appearing on our BBC television regional news programme in a bid to make sure that people with Parkinson's in hospitals get their medication on time – every time.

"Identifying needs and finding a solution is something I enjoy. After contacting the operations manager at York Racecourse, I am pleased that we now have disabled seats for the members' stand. To resolve a problem, be as pleasant as possible and when the work is done for you, write and thank them for listening to you. It works for us!"

Improving care

ensuring access to high-quality services

In 2006, our major new campaign 'Get it on time' boosted our work to ensure high-quality services for people with Parkinson's. The campaign encourages all staff in hospitals and care homes to have a better understanding of Parkinson's – and why the timing of drugs is so crucial.

'Get it on time' is pressing for hospital pharmacies to ensure they always stock a broad range of Parkinson's medication that is also easily accessible.

The campaign also wants people with Parkinson's to have the option to self-medicate (control their own medication) if they are able, so that the unfortunate consequences of disrupted medication will be a thing of the past.

In order to help achieve these goals, we distributed over 10,000 packs to key healthcare professionals in hospitals throughout the year. These contained information on Parkinson's, examples of good practice and details about how the campaign helps meet NHS standards.

At a local level, many branches and members campaigned effectively to influence practice in their local hospitals, and we have seen improvements in many areas as hospitals take the messages on board.

Training

Provision of training is an important part of our work to improve standards of care for people with Parkinson's, and in 2006 the education teams achieved their target to train 3,500 health and social care staff. This included 2,769 people working in care and nursing homes.

The education teams also delivered a range of training for health and social care professionals, including 30 sessions for social care staff in northern England.

Maintaining the nurse network

The Society aimed to establish 22 new Parkinson's Disease Nurse Specialist posts in 2006, but at a time of significant financial constraints in the NHS, managed successfully to secure 16. The Society's efforts helped ensure that no existing posts were lost, despite threats to posts in 11 areas.

Plans for 2007

- We will continue to promote Parkinson's Disease Nurse Specialists, aiming for another ten nurses to be appointed.
- We will develop a programme to support the development of therapy services for Parkinson's.
- We will establish service development teams in each of the Society's regions and start to map Parkinson's services across the UK.
- We will appoint education and training officers in each of the Society's regions to increase the delivery of education to healthcare professionals.

Hospital Doctor Award

Hospital Doctor, a magazine for healthcare professionals, recognised the importance of quality care for people with Parkinson's by introducing a 'Parkinson's Disease Team of the Year' category to its annual awards. The inaugural award was presented to Dr Jane Liddle and the team at the Northern General/Royal Hallamshire Hospital in Sheffield in November 2006.

Supporting professionals

Our annual conference, 'Parkinson's Disease New Horizons – Improving Care and Support for People with Parkinson's Disease', was held in September in London and was attended by more than 90 health and social care professionals.

Through the health and social care bursary scheme, established in 2006, the Society also helped 26 therapists to attend conferences and courses.

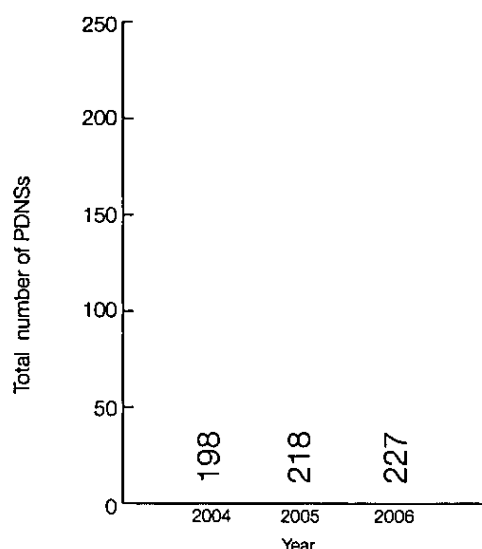
Professional information

The Society produced a range of literature for professionals, including *Caring for a Resident with Parkinson's Disease*, a leaflet to explain the requirements of a care home resident with Parkinson's to care home staff, and *Moving and Shaping*, a guide to commissioning integrated services for people with Parkinson's.

"Our specialist nurse is a pillar of strength to every person with Parkinson's in the area."

Jean Ballantyne, Fife

Total number of PDNS posts 2004–2006



Jean Hutchinson is a Community Support Worker in Sunderland and South Tyneside. Her husband, Ray, is Chair of the Sunderland Branch.

"As part of my role as a Community Support Worker, I attend City Hospital's Sunderland Patient Journey, which aims to improve care of Parkinson's patients from diagnosis to advanced stages. The Patient Journey, chaired by the Deputy Business Manager for City Hospitals, is attended by a consultant neurologist, PDNS, hospital matron, speech and language therapist, occupational therapist, pharmacist and myself.

"In South Tyneside, I have been involved in the Parkinson's Disease Pathway Group, chaired by South Tyneside PCT, looking at the improvements that need to be made to improve the quality of life for their Parkinson's patients and carers.

"I receive a great deal of support from Sunderland Branch Committee. I feel the effort of my work is rewarded when I see people enjoying branch activities."

With 172 members in Sunderland Branch, their aim is to provide an 'Oasis of Care, Support, Understanding and Education'.

Ray says: "One of our greatest strengths is our hard-working Committee. Together, we organise monthly meetings, guest speakers, friendship groups, branch holidays, outings, carers events, strawberry tea and New Year dinner. We also maintain very close contact with our PDNS and local neurologists, one of whom is our President."

Stating our case

influencing national policy

Throughout 2006, the Society worked to influence policy across the UK in order to secure access to high-quality treatment, care and support for people living with Parkinson's and their families

The NICE Guideline

The national clinical Guideline for Parkinson's disease was published in June 2006. This was the culmination of four years' work by the Society, alongside the National Institute for Health and Clinical Excellence (NICE), and offers a major step forward in raising standards of Parkinson's care across England and Wales. We helped to raise awareness of what the NICE Guideline means for people with Parkinson's through leaflets, briefings, and our website and Helpline.

We also published advice and information for PDNSs on the implementation of the Guideline, and we worked locally to support it.

We voiced our concern that work on the Scottish equivalent to the NICE clinical Guideline for Parkinson's, due to be developed by the Scottish Intercollegiate Guideline Network (SIGN), was postponed until 2007. We also lobbied Ministers to ensure the Northern Ireland Executive considered the applicability of implementing the NICE Guideline in Northern Ireland without delay.

'Get it on time'

Our campaign to ensure people with Parkinson's who are admitted to hospital get their medication on time was launched during the 2006 Parkinson's Awareness Week. We used 'Get it on time' debates in both the House of Commons and Welsh Assembly to influence policy makers. The campaign was also the theme of parliamentary receptions at Westminster, hosted by Justine Greening MP, and at Holyrood, hosted by Nanette Milne MSP. These were attended by 47 parliamentarians.

Plans for 2007

- We will continue our 'Get it on time' campaign to improve medicine management in hospitals
- We will campaign to ensure that everyone has access to deep brain stimulation
 - a particular challenge in Wales
- We will contribute effectively to the Government's consultation on research involving hybrid chimeric embryos

Party conferences

At the party conferences, we ran joint events with the Long-term Medical Conditions Alliance, and were joined by parliamentarians, policy makers and Health Minister, Lord Warner. We raised our concern about the pace of public service reforms and their impact on services.

We also called the Minister's attention to problems encountered at a local level in implementation of the National Service Framework for Long-term (neurological) Conditions and the NICE Guideline for Parkinson's.

Carers

The Society pressed for greater flexibility for carers of people with Parkinson's by lobbying Government around the provisions of the Work and Families Bill. Outcomes of a PDS consultation with carers through the website and a focus group were used to influence Department of Trade and Industry consultations. These resulted in the Government encouraging employers to provide increased flexibility for carers of people with a fluctuating condition.

Prescription charges

2006 saw progress in our continuing efforts to secure exemption from prescription charges for people with Parkinson's. The Society submitted oral and written evidence to the House of Commons' Health Select Committee enquiry, which resulted in the Government's commitment to a review of prescription charging policy in England. Evidence was also submitted to the Scottish Executive review of prescription charges and many Scottish members participated in our letter-writing campaign, urging the Health and Community Care Minister to make all people with Parkinson's exempt from charges.

"The NICE Guideline will help ensure that all patients with Parkinson's disease are seen by an expert."

Dr Carl Clarke, University of Birmingham

"When my husband, Gwyn, was referred for deep brain stimulation (DBS) surgery in 2005, we were delighted. Finally, we were offered a treatment that could make a huge difference to our lives.

"Shortly after this, we received a devastating letter from the First Minister's office, telling us that this surgery was no longer an option.

"Health Commission Wales, who are responsible for funding DBS operations, claimed there was a lack of evidence of the cost-effectiveness of the surgery; although in 'exceptional circumstances' a decision may be reversed.

"This meant that while people living in England and Scotland were still being funded for DBS, the Welsh were excluded. We did not think this was right.

"I contacted the PDS Wales office and we made a case for 'exceptional circumstances' for my husband to have the operation. With our surgeon and neurologist on board, we co-ordinated a campaign aimed at politicians and the media.

"A year later, I received a letter saying that the decision had been overturned. We were overjoyed!

"Unfortunately, when Gwyn was assessed, we found that he was unsuitable for surgery because of a deterioration in his Parkinson's.

"But I'm still glad we raised our voices. There are many people who need DBS and it's good to know the Society is there for them."

Making it possible

supporting volunteers and raising funds

Thanks to the generosity of thousands of individuals and organisations, we were able to raise £12.9million, within £14.2million total income, for our vital research, care, influencing and information work in 2006.

This income took many forms – donations, legacies, monthly direct debits, trust grants, corporate sponsorship, individual sponsorship in events, Christmas card purchases, payroll giving, In Memoriam giving, giving of shares and Gift Aid, among others.

Events

One of our objectives for the year was to increase the variety of our fundraising events. We organised fundraising treks in Namibia and Corsica and had runners in the Great Manchester Run and Bristol Half Marathon. We also promoted Party for Parkinson's more widely, with the result that £61,000 was raised by this initiative, against the target of £40,000. These new events contributed to nearly £1.2million being raised through national fundraising events in 2006, 22% above the target for the year.

Home Moneybox campaign

A new initiative, aimed at recruiting supporters cost effectively, was trialled in 2006 – the Home Moneybox

campaign. This saw 5,000 individuals new to the Society agreeing to take moneyboxes and send in the money raised. A total of £18,000 was raised through this pilot, against a target of £21,000, and these individuals will be encouraged to continue their support by setting up a monthly direct debit early in 2007. As recruitment of new supporters through mailings becomes increasingly difficult, the Home Moneybox initiative offers a viable alternative and will continue in 2007.

The Society's mailing appeals programme

In 2006, we experienced a significant downturn in response rates and net contribution to our work in this area. This mirrored a trend across the charity sector. A total of £213,000 was raised from the four appeals, against a target of £305,000. A review of the appeals programme was started in late 2006 and further improvements to reverse the trend are in place for 2007.

Phone a friend

The successful telephone fundraising campaign, which aims to encourage support by monthly direct debit, continued from 2005. Nine hundred and thirty-five

Plans for 2007

- We will develop a legacy marketing strategy
- We will expand the level of income that comes in through successful trust applications
- We will build on our successful events programme with a focus on running events, challenge events and Party for Parkinson's, and by supporting individual activities
- We will continue to develop our Direct Marketing programme, with a view to expanding the number of regular givers

supporters set up direct debits against a target of 1,047, generating an additional £66,000 per annum for the Society

Charitable Trusts and Foundations

Support from Charitable Trusts and Foundations was lower than forecast, with £341,000 received against the target of £395,000. However, the number of Trusts making grants to the Society increased to 227 against a target of 185 Trusts. Efforts to develop large-scale Trust applications had some limited success, with £52,000 raised against a target of £85,000. This will continue to be a priority in 2007, along with utilising the opportunities for funding from the Big Lottery Fund.

With your help

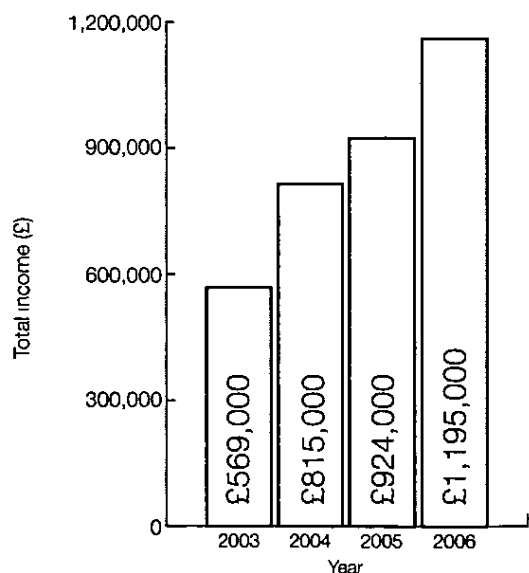
Gifts left by supporters in their Wills once more accounted for nearly 50% of the Society's income, with £6million in new bequests being received towards our research, care and information initiatives. This represented a significant drop from what was an exceptional year in 2005, when over £10million was received.

We are enormously grateful to the Society's volunteer branches and support groups who raised £3million through a wide range of activities, at the same time as providing vital support for many thousands of people affected by Parkinson's.

"I hugely enjoyed holding my Party for Parkinson's – what a great way to raise funds."

Tracey Bell, Southampton

Total income from national fundraising events 2003–2006



"After making up my mind to do a fundraising event in 2005, I found the 2005 Sierra Nevada trek, a three-day hike in southern Spain, on the PDS website.

"Raising the money for the trek was much easier than I expected, and it also gave me the perfect opportunity to 'come out' with Parkinson's, which I hadn't done before. I even did an interview on BBC Radio Foyle! Together, my niece, Niamh, and I raised £3,500.

"The trek was an amazing experience and though there were times I thought 'I can't do this', the encouragement of the group got me through every time.

"Next stop was 'Sail the Island' in May 2006, the Society's annual boat race, circumnavigating the Isle of Wight. This time, fundraising was a group effort with the crew on our yacht. With plenty of corporate sponsorship we raised £3,875.

"My perception of fundraising events has certainly changed. Everyone works so hard to raise funds – and even harder to get fit. It's anything but a cheap holiday!

"I love doing activities where you feel supported, encouraged and 'normal'. Along with creating awareness of the Society, it gives you something to work towards and get out and exercise. It's a goal.

"Next year, I plan to achieve my hat trick of fundraising events – possibly horse riding in Northern Ireland. Watch this space!"

Thank you

We would like to thank everyone for their support and donations in 2006.

First and foremost, we remember the 377 people whose Legacy gifts funded nearly half of our work this year
To them and their families, our very special thanks

Charitable Trusts and Foundations

We would like to thank the following
who gave £1,000 or more this year

The HB Allen Charitable Trust
The Harry Bacon Foundation
The Jeremy and Pat Beasley Trust
The Bothwell Charitable Trust
Frank Brake Charitable Trust
A & S Burton 1960 Charitable Trust
The Cadogan Charity
The Chapman Charitable Trust
The Charles Hayward Foundation
Teresa Child Charitable Trust
The Childwick Trust
The Helen Jean Cope Trust
The Doughty Hanson
Charitable Foundation
The Ormonde & Mildred Duveen Trust
The Sir John Eastwood Foundation
The Donald Forrester Trust
The Friarsgate Trust
Gale Family Charity Trust
The Gannett Foundation
The Goldmark Trust
The Hilda and Johnny Gibb
Charitable Trust
The Sir Robert Gooch Trust
The Gough Ritchie Trust
The Greenham Common
Community Trust
The Worshipful Company of Grocers
The Harebell Centenary Fund
The Haymills Charitable Trust
The Healthsure Charitable Trust
The Hobart Trust
The Hull Aid in Sickness Trust
The Hunting Charitable Trust
Huntingdon Freeman's Charity
Lady Hind Trust
The Inverforth Charitable Trust
The Jordan Charitable Foundation
The Kirby Laing Foundation
The Edgar E Lawley Foundation
The Linden Charitable Trust
The Lloyds TSB Foundation
Lord and Lady Lurgan Trust
The Medtronic Foundation
George A Moore Foundation
The William and Mabel Morris
Charitable Trust
The Norman Family Charitable Trust
The Orchard Trust
The Gerald Palmer Eling Trust
Arthur James Paterson
Charitable Trust
The Patrick Charitable Trust
The Peacock Charitable Trust
The PF Charitable Trust

The R&DE General Charities Fund
The Sir James Roll Charitable Trust
Rosetrees Trust
The Graham Rowlandson Foundation
The Worshipful Company of Salters
John D Scott's Trust
The Scouloudi Foundation
The Scotto Charitable Trust
ShareGift
The Shears Foundation
The Slater Foundation
The Leonard Larty Stoate Charity
The N Smith Charitable Settlement
The Sovereign Healthcare Trust
The Spurrell Charitable Trust
The Tanner Trust
The Ten Percent Foundation
The Three Oaks Trust
The Constance Travis
Charitable Trust
Mrs Maud Van Norden's
Charitable Foundation
The FJ Wallis Charitable Trust
1989 Willan Charitable Settlement
The Wogen Anniversary Trust
The Elizabeth and
Prince Zaiger Trust

Companies and other supporters

We would like to thank the following
who gave £2,000 or more this year
Age Concern
Mayor of City and District
of St Albans
BAE Systems
Bank of Scotland Card Services
Mayor of Barnsley Metropolitan
Borough Council
Boehringer Ingelheim
Britannia Pharmaceuticals Ltd
BT Group
Calderdale Social Services
Carmarthenshire County Council
CarnaudMetalbox plc
Chartwell Choir
Mayor of Cheltenham
Chorley Golf Club
Cor Merched Edeyrnion
Cross Keys Inn, Bath
The Crown, Bridport
Croydon Council
Edwin Coe
Essex County Council
First Choice Airways
Foresters Arms, Nether Heyford
Ganstead Gold Club
GlaxoSmithKline
Grey London
Harpenden Carnival

Harrow Council
Heron & Bearley
Hertfordshire County Council
Hogg Robinson Group
Ickleton Bazaar
Image Circle Limited
Jones & Partners Ltd
Kilworth Springs Golf Club
The Terry King Group
KPMG
London Borough of Lewisham
Llantysant Parish Church
Lundbeck Limited
Monkey Day
Montagu Evans Chartered Surveyors
Narberth & Whitland Rotary Club
North Norfolk Beach Runners
Oxshott Christmas Fair
Pembrokeshire County Council
Perkins Engines
Provincial Grand Charity of
Northamptonshire & Huntingdonshire
Quest Media Ltd
Reading Borough Council
Reading PCT
Rock the Lough Festival
Shandon Park Golf Club
South Cave & Wolds Rotary Club
Springfield Court Ltd
Stratford-upon-Avon Town Trust
Sun Capital Partnerships Limited
Sunderland Women's Guild
Tesco Home & Wear Social Club
Trillick BBQ Committee
Wanless
Watford St Georges Day Charity Club
Wokingham PCT
Woman of the Year for Carers

Celebrities
A special thank you to the following
celebrities for their help and dedication
during 2006. We look forward to working
with them in 2007
Jane Asher
Angeline Ball
Richard Briers CBE
Pauline Collins
Roger Lloyd Pack
Sir Trevor MacDonald
Andrew Motion
Bill Neely
Graham Norton
Shane Richie
Rachel Stirling
Barbara Thompson MBE
Mike Tindall MBE
Stacey Young

Grant-making policy and practice

The Society makes grants in four main areas

- Research – through both commissioning and supporting research projects, including the Brain Tissue Bank at Imperial College. Invitations for the submission of project applications are placed in relevant professional journals, and the resultant applications are then scrutinised by expert panels and undergo peer review before successful applications are presented to the Board for its approval. The Society has now also introduced 'fast-track' grants (of up to £10,000), which are intended to support pilot projects and encourage clinical practitioners to take up research, and Career Development Grants for post-doctoral researchers. Grants awarded and paid during the year are shown on page 35, note 7
- Parkinson's Disease Nurse Specialists – the Society 'pump primes' the employment of a PDNS (usually for one or two years). This is done in response to recognised local need, often with branch support, and through negotiation with the relevant employing authority, which must assure the Society that they will continue funding the post once the pump priming period ends. Details of such funding during 2006 are shown on page 35, note 7
- The Mali Jenkins Help Fund – administered by the Society's Advisory Services Team, which makes grants of up to £1,500 to individuals with Parkinson's on low income who are in need of short respite breaks or small items of equipment. Grants awarded and paid during the year are shown on page 35, note 7
- Research Equipment Small Grants Fund – administered by the Society's Research Department, which makes grants for small items of equipment to the Society's research grant holders from funds raised by the Society's branches and groups

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the annual report and the financial statements. The Trustees have chosen to prepare the accounts for the Society and the group in accordance with United Kingdom Generally Accepted Accounting Practice (UK GAAP). Company law requires the Trustees to prepare such financial statements for each financial year that give a true and fair view, in accordance with UK GAAP, of the state of affairs of the Society and of the group and the surplus or deficit of the Society for that period and comply with

UK GAAP and the Companies Act 1985. In preparing those financial statements, the Trustees are required to

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Society will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy the financial position of the Society and the group and that enable them to ensure that the financial statements comply with the Companies Act 1985. They are also responsible for the system of internal control, for safeguarding the assets of the Society and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Each of the persons who is a Trustee at the date of approval of this report confirms that

- so far that the Trustee is aware, there is no relevant audit information of which the company's auditors are unaware
- the Trustee has taken all the steps that he/she ought to have taken as a Trustee in order to make himself/herself aware of any relevant audit information and to establish that the company's auditors are aware of that information

This confirmation is given and should be interpreted in accordance with the provisions of s234ZA of the Companies Act 1985.

Financial Review and Results for the year

The Society's consolidated accounts for the year are on pages 28–39. A summary of the financial results for the year is set out below, together with charts at the end of this Report showing the main sources of income and expenditure on activities.

2006 saw the end of an extraordinary run of four years, from 2002 to 2005, when income reached unprecedented heights, thanks to two legacies of £2million and £1million respectively, and a further five of over £500,000 each. In the last five years the Society has increased its spending and range of activities in a planned, controlled and cost effective way.

Though proud of this, it has been at a slower rate than the increase in income. The resultant increase in funds gives the Society the opportunity to plan for a further increase in the services that the Society can provide to those affected by Parkinson's. The Trustees have, therefore, approved a Strategic Plan for 2007–2011 that provides for services to be increased throughout the UK during the term of the plan, ahead of current levels of income, specifically by increasing locally delivered services through increased staffing levels throughout the regions, including increased provision of Parkinson's Disease Nurse Specialists and Information Support Workers.

To achieve this increase in services across the UK, costing approximately £2m a year, an ambitious expenditure plan utilising the surplus funds is now underway. Of course, the accumulated funds can only be spent once but they buy time for the Society to set about increasing its annual sustainable income to the higher level of planned expenditure. During this time, expenditure will therefore exceed income. By the end of the Plan period, it is forecast that all surplus funds will have been utilised, and the Trustees intend that increased levels of fundraised income will have achieved equilibrium with the increased expenditure.

Income generation

Total income decreased by £3.9m (22%) to £14.2m. Apart from the fall in legacies, which returned to its more normal proportion of total income, all other major sources of fundraising income increased, especially from fundraising events.

Donations income matched the level of the year before, while income from fundraising events increased by 32%, as the portfolio was expanded to attract a new group of supporters. Active donor supporter numbers increased by 12,100 to reach 46,700.

Branches raised income of £3.1m, included in total incoming resources, an increase of 22% (see note 4 on page 33).

Resources expended

Total expenditure increased by £0.7m (5.2%) to £14.9m.

The cost of generating funds increased by 14% and as a percentage of total resources expended also increased from 11% to 12%, in support of the growing and diversified sources of income, nationally and in the branch network.

Expenditure on charitable activities, excluding governance costs, increased by 4% to £12.7m, representing 85% of total resources expended.

Expenditure on research grant awards and other research work broadened in its range and increased again by 16% to £4.2m. Unfortunately, in the unsettled state of the NHS during its current reorganisation, we were not able to place new Parkinson's Disease Nurse Specialists at the same level as in 2005, an exceptional year. The value of new awards fell by 31%. The branch network and area field teams, including Community Support Workers, further extended their reach, spending £5.3m. An increase of 21% to £2m took place in information and education services. This was the result of the decision to comprehensively update the Society's range of printed publications, expand the telephone advice Helpline and prepare for the relaunch of the Society's website, as well as our work to influence policy makers at all levels of government, NHS and social services. The Communications Department handled an increasing workload of media enquiries and approaches as the profile of the Society continued to grow.

Governance costs were held at 3% of total resources expended.

P.D.S. (Sales) Ltd

The company is the trading arm of the Society and sells video tapes, Christmas cards, stationery and general gift items. The company donates its profits to the Society, thereby making a useful contribution to the funds available to the Society. Its results are shown on page 32, note 3.

Reserves policy

The Society's policy is to maintain reserves at (and not significantly above) a level which ensures that the Society's core strategic activities are able to continue in the immediate future (ie for at least one year).

As restricted expenditure and branch activities depend on the existence of related reserves, their corresponding reserve requirements are generally satisfied.

With regard to the remainder of the Society's activities, the reserves policy takes into account the following factors:

- Planned budget deficits
- Budgeted capital commitments
- The risks associated with the Society's different income streams

- The risks and effects of any proposed new strategic objectives
- The risks and effects of any known external factors or contingencies

In accordance with this policy, the Trustees have calculated that the minimum level of reserves required at 31 December 2006, excluding restricted funds and branches, amounts to £7.7 million. At that date, this was covered by unrestricted reserves comprising the general and designated funds held at the National Office.

This reserves level and opportunities to utilise any surplus are under regular review. The Strategic Plan for 2007–2011 approved by Trustees, which provides for services to be increased throughout the UK during the term of the Plan, ahead of current levels of income, will utilise the surplus of unrestricted reserves over the minimum level.

The Society's general, designated and restricted funds, together with an indication of the purpose of each, are detailed on page 38 in note 15 to the Financial Statements.

Investment policy and returns

The main points of the investment policy, which has been adopted by the Board of Trustees, are:

- invested funds are to be preserved and, to the extent possible, enhanced
- a balance is to be maintained between growth and income through a diversified portfolio
- the Society is prepared to accept a moderate degree of risk, consistent with the adoption of a prudent investment approach

The level of reserves required under the Society's reserves policy is invested in cash or cash equivalents. During 2006, the Trustees decided, in view of the new Strategy adopted, to move from higher to lower risk investments in order to ensure a stable basis for the Society's future developments. Consequently, remaining funds are held within managed portfolios, principally in cash funds. The investment managers have discretion to manage the portfolio within this policy and their performance is measured against a composite index, weighted in accordance with benchmark allocation. As far as the Trustees are aware, no investment is held in businesses whose activities conflict with the Society's Objects.

The market value of the managed portfolios at 31 December 2006 has been increased by 7% during the year. Returns were in line with the composite benchmarked index.

Changes in tangible fixed assets

The movements in tangible fixed assets during the year are set out in page 36 in note 9 to the Financial Statements.

Internal controls and risk management

The Trustees have overall responsibility for ensuring that the Society has an appropriate system of controls, both financial and otherwise.

The Society's systems of internal control are designed to provide reasonable assurance against material financial misstatement or loss to the Society.

During 2006, the Trustees and management were engaged in identifying the types of risk the Society faces, considering the likelihood of their occurrence and their potential impact, drawing up an approved Risk Register, and putting in place procedures to regularly monitor and update the management of these risks.

This process involves:

- a remit to senior management and to the Audit and other sub-committees to consider the risk element in all aspects of the Society's activities
- receiving regular financial management reports and comparison with agreed budgets
- developing a reserves policy which takes account of the risks of streams of income and expenditure
- reviewing branch rules
- engaging internal and external auditors who use a risk-based approach

In addition, as part of the development of strategy, the Trustees and the Chief Executive will consider risks, map these against strategic aims and set up performance measures to monitor progress.

The Trustees are pleased to report that the charity's internal financial controls conform to guidelines issued by the Charity Commission.

Auditors

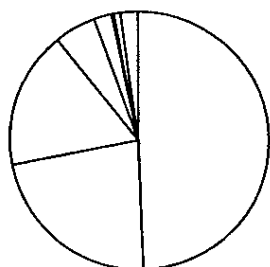
A resolution proposing that Deloitte and Touche LLP be re-appointed as auditors of the charity will be put to the Annual General Meeting in September 2007.

This report was approved by the Board on 11 July 2007.



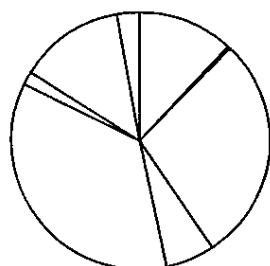
Mark Dumas
Chairman, Parkinson's Disease Society
of the United Kingdom

Total for Parkinson's Disease Society



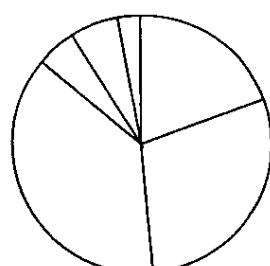
Legacies and In Memoriam	49.7%
Donations	22.4%
Events	17.1%
Investment income	5.5%
Grants	2.1%
Information and education	0.2%
Membership subscriptions	0.8%
Other incoming resources	2.2%

Total resources
expended
£14.9m

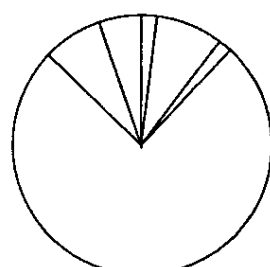


Investment management costs	0.3%
Research	28.3%
Parkinson's Disease Nurse Specialists	6.3%
Care and service provision	35.6%
Membership	1.4%
Information and education	13.4%
Governance costs	2.7%

Branches and support groups



Legacies and In Memoriam	19.7%
Donations (including Branch subscriptions)	29.0%
Events	37.5%
Investment income	5.1%
Grants	5.9%
Other	2.8%



Cost of generating voluntary income	2.0%
Research	8.3%
Parkinson's Disease Nurse Specialist	1.9%
Care and service provision	75.2%
Branch administration support costs	7.4%
Other	5.2%

To the Members of the Parkinson's Disease Society of the United Kingdom

We have audited the financial statements of the Parkinson's Disease Society for the year ended 31 December 2006 which comprise the consolidated statement of financial activities, the consolidated and Society balance sheets, the consolidated cash flow statement, the notes to the consolidated cash flow statement, and the related notes 1 to 18. These financial statements have been prepared under the accounting policies set out therein.

This report is made solely to the Society's members, as a body, in accordance with section 235 of the Companies Act 1985. Our audit work has been undertaken so that we might state to the Society's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Society and the Society's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of Trustees and auditors

As described in the statement of Trustees' responsibilities on page 23, the Trustees, who are also the directors of the charitable company for the purposes of company law, are responsible for the preparation of the financial statements, which are required to be prepared in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Our responsibility is to audit the financial statements in accordance with relevant United Kingdom legal and regulatory requirements and International Standards on Auditing (UK and Ireland).

We report to you our opinion as to whether the financial statements give a true and fair view in accordance with the relevant financial reporting framework and are properly prepared in accordance with the Companies Act 1985. We also report on the consistency of the report of the Trustees with the financial statements, if the Society has not kept proper accounting records, if we have not received all the information and explanations we require for our audit, or if information specified by law regarding Trustees' remuneration and other transactions is not disclosed. We read the report of the Trustees and the other information contained in the annual report for the above year as described in the contents section and consider the implications for our report if we become aware of any apparent misstatements or material inconsistencies with the financial statements.

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK and Ireland) issued by the Auditing Practices Board. An audit includes examination, on a test basis, of evidence relevant to the amounts and disclosures in the financial statements. It also includes an assessment of the significant estimates and judgements made by the Trustees in the preparation of the financial statements and of whether the accounting policies are appropriate to the group's circumstances, consistently applied and adequately disclosed.

We planned and performed our audit so as to obtain all the information and explanations which we considered necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or other irregularity or error. In forming our opinion, we also evaluated the overall adequacy of the presentation of information in the financial statements.

Opinion

In our opinion

- the financial statements give a true and fair view, in accordance with United Kingdom Generally Accepted Accounting Practice, of the state of the Society's affairs and of the group's as at 31 December 2006 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended, and
- the financial statements have been properly prepared in accordance with the Companies Act 1985
- the report of the Trustees is consistent with the financial statements

Deloitte & Touche LLP

Deloitte & Touche LLP
Chartered Accountants and Registered Auditors, London
31 July 2007

Consolidated Statement of Financial Activities (Incorporating an Income and Expenditure Account)

for the year ended 31 December 2006

		Unrestricted Funds £'000	Restricted Funds £'000	2006 Total £'000	2005 Total £'000
Incoming Resources	Notes				
Incoming resources from generated funds					
Voluntary income					
Legacies and in memoriam		6,419	654	7,073	11,659
Donations		2,871	318	3,189	3,109
Activities for generating funds					
Events		2,143	293	2,436	1,841
Trading activities		217	0	217	202
Investment income	2	619	165	784	722
Incoming resources from charitable activities					
Grants	18	74	228	302	347
Information and education		34	0	34	24
Membership subscriptions		112	0	112	112
Other incoming resources		97	2	99	132
Total Incoming Resources	1	12,586	1,660	14,246	18,148
Resources Expended					
Costs of generating funds	6				
Cost of generating voluntary income		1,618	6	1,624	1,398
Trading activities		170	0	170	162
Investment management costs		40	0	40	43
Cost of generating funds	1,6	1,828	6	1,834	1,603
Net Incoming Resources available for Charitable Application		10,758	1,654	12,412	16,545
Charitable Activities	6				
Research		2,552	1,662	4,214	3,648
Parkinson's Disease Nurse Specialists		695	247	942	1,373
Care and service provision		4,704	601	5,305	5,279
Membership		215	0	215	220
Information and education		1,977	21	1,998	1,650
Governance costs		408	0	408	407
	1,6	10,551	2,531	13,082	12,577
Total Resources Expended	6	12,379	2,537	14,916	14,180
Net (Outgoing)/Income for the year before	5	207	(877)	(670)	3,968
Gross Transfers between Funds	15	1,668	(1,668)	0	0
		1,875	(2,545)	(670)	3,968
Other Recognised Gains & Losses					
Net gains on investments	10	929	0	929	1,750
Net Movement in Funds		2,804	(2,545)	259	5,718
Fund balances brought forward at 1 January	15	19,330	6,401	25,731	20,013
Fund balances carried forward at 31 December	15	22,134	3,856	25,990	25,731

All the above results derive from the continuing activities of the Society. There are no other gains or losses other than those shown above. The net incoming resources for the financial year dealt with in the accounts of the parent company was £(699,000) (2005 £3,959,000). No separate Statement of Financial Activities of the Society has been presented as permitted by Section 230 of the Companies Act 1985 and paragraph 397 of SORP 2005.

The (Deficit)/Surplus determined under the Companies Act 1985 is £(670,000) (2005 £3,968,000).

The accompanying notes form an integral part of these financial statements.

Consolidated and Society Balance Sheets

as at 31 December 2006

	Notes	2006 Group £'000	2005 Group £'000	2006 Society £'000	2005 Society £'000
Fixed Assets					
Tangible assets	9	2,768	2,884	2,768	2,884
Investments	10	21,202	19,855	21,227	19,880
Total Fixed Assets		23,970	22,739	23,995	22,764
Current Assets					
Stock		6	7	0	0
Debtors	11	319	533	240	443
Cash held as short term deposits		6,303	5,303	6,303	5,303
Cash at bank and in hand					
National Office		1,345	1,850	1,322	1,847
Branches		5,385	4,786	5,385	4,786
Total Current Assets		13,358	12,479	13,250	12,379
Creditors					
Amounts falling due within one year	13	(5,607)	(5,205)	(5,524)	(5,130)
Net Current Assets		7,751	7,274	7,726	7,249
Total assets less current liabilities		31,721	30,013	31,721	30,013
Creditors					
Amounts falling due after more than one year	14	(5,731)	(4,282)	(5,731)	(4,282)
Net Assets		25,990	25,731	25,990	25,731
Funds					
Unrestricted income funds					
General funds		15,044	12,706	15,044	12,706
Designated funds		7,090	6,624	7,090	6,624
Non charitable trading funds		0	0	0	0
Restricted income funds		3,856	6,401	3,856	6,401
Total Funds	15	25,990	25,731	25,990	25,731
Funds					
National Office		19,017	20,501	19,017	20,501
Branches	4	6,973	5,230	6,973	5,230
Total Funds	15	25,990	25,731	25,990	25,731

The financial statements were approved by the Board of Trustees and signed on its behalf by

 Mark Dumas

 John Creed

11 July 2007

The accompanying notes form an integral part of these financial statements

Consolidated Cashflow Statement

for the year ended 31 December 2006

	2006 £'000	2006 £'000	2005 £'000	2005 £'000
Reconciliation of net incoming/(outgoing) resources to net cash inflow from operating activities				
Net (outflow)/income for the year	(670)		3,968	
Investment income	(784)		(722)	
Depreciation	282		273	
Loss/(Profit) on sale of tangible fixed assets	3		(4)	
Interest element of finance lease rentals	7		9	
Decrease in stock	1		16	
Decrease/(Increase) in debtors	214		(139)	
Increase in creditors	1,823		2,188	
Net cash inflow from operating activities		876		5,589

CASH FLOW STATEMENT

Net cash inflow from operating activities	876	5,589
--	------------	--------------

Returns on investments and servicing of finance

Investment income	784	722
Interest element of finance lease rentals	(7)	(9)
	777	713

Capital expenditure and financial investments

Purchase of tangible fixed assets	(56)	(132)
Proceeds from sale of tangible fixed assets	3	4
Funds transferred (into) investment fixed assets	0	(3,000)
Purchase of investments	(11,917)	(2,163)
Proceeds from sale of investments	11,015	2,072
Increase/(decrease) in cash held in portfolio	484	(256)
	(471)	(3,475)

Management of liquid resources

(Increase) in cash held as short term deposits	(1,000)	(2,000)
--	----------------	----------------

Financing

Principal payments under finance leases	(88)	(86)
Increase in cash in the year	94	741

NOTES TO THE CASHFLOW STATEMENT

Reconciliation of net cash inflow to movement in net cash funds

Increase in cash at bank and in hand	94	741
Increase in cash held as short term deposits	1,000	2,000
Increase in lease financing	88	86
Changes resulting from cash flows	1,182	2,827
New finance leases	(115)	(265)
Movement in year	1,067	2,562
Net cash funds at 1 January	11,700	9,138
Net cash funds at 31 December	12,767	11,700

Analysis of changes in net cash funds

	At January 2006 £'000	Cash flows £'000	Other changes £'000	At December 2006 £'000
Cash at bank and in hand	6,636	94	0	6,730
Cash held as short term deposits	5,303	1,000	0	6,303
Finance leases	(239)	88	(115)	(266)
Total	11,700	1,182	(115)	12,767

Notes to the Consolidated Financial Statements

for the year ended 31 December 2006

1 Accounting policies

Basis of accounting

The financial statements have been prepared under the historical cost convention, with the exception of investments which are carried at market value

The financial statements comply with the Companies Act 1985, applicable UK accounting standards and the Statement of Recommended Practice (SORP 2005), 'Accounting and Reporting by Charities'

Basis of consolidation

The group financial statements include the financial statements of the Society, its branches and support groups ("branches") and consolidate its trading subsidiary, P D S (Sales) Limited on a line by line basis

Branches

Branches have to operate under the Society's financial rules. The rules relating to the Society's annual accounts consolidation are that branches whose income or closing fund balance is less than £10,000 for the previous year do not require any independent review of their current accounts return. Branches with income or closing fund balance greater than £10,000 for the previous year, or did not send a return the previous year must have an 'Independent Examination' signed off by an independent examiner, which details the specific work that we require from the examiner. Branches of the Society are required to produce unaudited accounts to their local members at their branch annual general meetings

Funds

Unrestricted funds are funds which are expendable at the discretion of the Trustees in furtherance of the Society's objectives. General funds represent the Society's minimum reserve requirement, the amount of the Society's unrestricted net assets held at branches and net book value of tangible assets held. Any remaining unrestricted funds are designated funds set aside by the Trustees in the light of the Society's strategic objectives

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Society for particular purposes. The aim and use of each designated and restricted fund is set out in note 15

Incoming resources

All incoming resources are included in the Statement of Financial Activities when the Society is legally entitled to the income, is reasonably certain of receipt and the amount can be measured with reasonable accuracy. Legacies are included in the Statement of Financial Activities when the personal representative informs the Society of the amount to be paid

Resources expended

Expenditure has been classified by reference to specific activity categories, so that all direct costs relating to a specific activity have been aggregated. Cost of generating funds includes all costs relating to activities where the aim is to raise funds along with an apportionment of support costs. Public relations and general marketing costs are allocated to 'information and education' within charitable activities. Charitable activities includes costs relating to activities which are part of the Objects of the Society along with an apportionment of support costs. Governance costs includes the cost of trustee expenses, arranging the annual general meeting, audit fees and an apportionment of support costs. The bases of allocation of certain overheads and support costs are reviewed regularly and are a best estimate of space occupied, number of staff or time apportionment to reflect expenditure incurred by each specific activity

Grants to third parties for specific activities are charged in the accounts when an award is made, although disbursement of the funds may be made in subsequent accounting periods

Leasing

Assets held under finance leases are capitalised as fixed assets. Obligations under such agreements are included in creditors

The difference between the capitalised cost and the total obligation under the lease represents the finance charges. Finance charges are written off to the Statement of Financial Activities over the period of the lease

Operating lease rentals are charged to the Statement of Financial Activities over the period of the lease, on a straight line basis

Website development costs

The costs of developing the design and content of the website are charged to the Statement of Financial Activities as incurred

Tangible fixed assets and depreciation

Tangible fixed assets are included at cost and are stated, net of depreciation and any provision for impairment. Assets below the value of £2,000 are not capitalised except for computer equipment

Depreciation is provided to write off the cost of tangible fixed assets over their useful economic lives on a straight line basis

The useful economic life of motor vehicles has been reassessed and changed to four from three years

The annual rates used are	Freehold buildings	2.0%
	Freehold improvements	15.0%
	Motor vehicles	25.0%
	Office equipment and fixtures	15.0%
	Computer equipment	33.3%
	Computer equipment – restricted assets	33.3%

Investments

Listed investments are stated at market value. Net realised and unrealised gains and losses in the year are included in the Statement of Financial Activities. The trading subsidiary is stated at cost.

Stock

Stock comprises goods for resale and is valued at the lower of cost and net realisable value.

Taxation

The Society is a registered charity and as such is exempt from taxation on its income and gains to the extent that they are applied to its charitable purposes. The Society's subsidiary, PD S (Sales) Limited, has not incurred a tax charge in the period due to its policy of paying its taxable profits to the Society under Gift Aid. The Society is not registered for VAT and expenditure is shown inclusive of VAT. PD S (Sales) Limited is registered for VAT.

Pensions

The Society matches, on a two to one basis, employee contributions up to 5% of salary into employees' own personal pension plans. Pension costs are charged to the SOFA as incurred.

2 Investment income

	2006 £'000	2005 £'000
Interest on deposits held by		
– national office	236	221
– branches	159	122
Income from Investments		
– Fixed interest securities	99	191
– Equity shares	268	164
– Cash held in managed portfolio	22	24
	784	722

3 Trading activities of subsidiary

The Society owns the entire share capital of PD S (Sales) Limited, incorporated in England and Wales. This company is responsible for the sale of video tapes, Christmas cards, stationery and general gift items, and handles fees paid by participants in certain events, for the financial benefit of the Society. In addition, donations of £16,500 were generated via the company's activities.

The Financial Statements of PD S (Sales) Limited, before consolidation, were

Profit and Loss Account

	2006 £'000	2005 £'000
Turnover	333	224
Cost of sales	(106)	(127)
Gross profit	227	97
Interest receivable	3	2
	230	99
Distribution and administration – external	(202)	(89)
– Society	(20)	(8)
Interest payable	(2)	(1)
Net profit for the year before Covenant to Society	6	1
Covenanted profit to the Society	(6)	(1)
	0	0
Tax	0	0
Net profit for the year	0	0

Balance Sheet

Tangible fixed assets	0	0
Current assets	157	105
Creditors – amounts falling due within one year	(132)	(80)
Net current assets	25	25
Net assets	25	25
Share capital	25	25
Profit and loss account	0	0
	25	25

4 Financial Returns of the branches and support groups ("branches")

The Society carries out a number of its charitable activities through a network of branches. The branches raise income sufficient to fund their activities and the majority also send funds to National Office to assist with the funding of nationally based services.

The Financial Statements of the Society's branches incorporate independently examined accounts or branch returns. Four branches and four support groups of the Society's 222 and 116 respectively have failed to submit a return. For these, the last reported balances were included. The reasons for non-submission were either awaiting for a No Funds Form to be submitted or their accounts were submitted too late to be included. The impact of the results of these branches and support groups is not considered material to the results of the Society.

Income and Expenditure relating to branches was

INCOME AND EXPENDITURE	Notes below	2006 £'000	2005 £'000
Total Incoming Resources	(a)	3,108	2,557
Total Resources Expended	(b)	(1,695)	(1,490)
Net Movement in Funds		1,413	1,067

Application of net funds raised by branches

Transfers (to)/from National Office for			
Research		(180)	(192)
Parkinson's Disease Nurse Specialists		(49)	(35)
Community Support Workers		(504)	(405)
Other		(135)	(50)
Legacies received		0	77
Total net resources transferred		(868)	(605)

Net Movement in Funds retained by branches after transfers **545** 462

Branches fund balances brought forward at 1 January	5,230	4,768
Transfers in of fund balances previously held for branches at National Office at 1 January	1,198	0
Branches fund balances carried forward at 31 December	6,973	5,230

BALANCE SHEET

Investments	157	157
Debtors	4	3
Cash held for branches at National Office	1,136	0
Cash held as short term deposits	303	303
Cash at bank and in hand	5,384	4,786
	6,827	5,092
Creditors due within one year	(11)	(19)
Net Assets	6,973	5,230

NOTES

(a) Incoming Resources

Incoming resources from generated funds		
Voluntary income		
Legacies and in memoriam	613	395
Donations (including Branch subscriptions)	901	863
Activities for generating funds		
Events	1,165	898
Investment income	159	122
Incoming resources from charitable activities		
Grants	185	213
Other incoming resources	85	66
Total Incoming Resources	3,108	2,557

(b) Resources Expended

Costs of generating funds		
Cost of generating voluntary income	51	44
Charitable Activities		
Research	32	42
Care and service provision	1,423	1,215
Branch administration support costs	189	189
	1,644	1,446
Total Resources Expended	1,695	1,490

5 Net Income for the year is stated after charging

	2006 £'000	2005 £'000
Auditors' remuneration		
– audit fee	41	38
Depreciation		
– leased assets	105	65
– own assets	177	208
Operating lease rentals – other	41	42
Finance lease interest	8	9
Loss/(Profit) on sale of tangible fixed assets	3	(4)

6 Total Resources Expended

	Grants £'000	Direct staff costs £'000	Other direct costs £'000	Support costs £'000	Total 2006 £'000	Total 2005 £'000
a) Total Costs						
Costs of generating funds						
Cost of generating voluntary income	0	330	872	422	1,624	1,398
Trading activities	0	0	170	0	170	162
Investment management costs	0	0	40	0	40	43
Costs of generating funds	0	330	1,082	422	1,834	1,603
Charitable Activities						
Research (note 7)	3,823	154	136	101	4,214	3,648
Parkinson's Disease Nurse Specialists	819	41	48	34	942	1,373
Care and service provision	12	1,837	2,242	1,214	5,305	5,279
Membership	0	43	30	142	215	220
Information and education	0	662	903	433	1,998	1,650
Governance costs	0	37	276	95	408	407
	4,654	2,774	3,635	2,019	13,082	12,577
Expenditure in support of activities	0	1,153	1,288	(2,441)	0	0
Total Resources Expended	4,654	4,257	6,005	0	14,916	14,180

	Management, £'000	Human Resources, £'000	Finance, £'000	Information Systems, £'000	Facilities, £'000	Total £'000
b) Support Costs apportioned						
Cost of generating voluntary income	17	26	208	48	123	422
Research	18	9	15	16	43	101
Parkinson's Disease Nurse Specialists	10	3	15	3	3	34
Care and service provision	222	310	334	159	189	1,214
Membership	0	4	109	8	21	142
Information and education	27	47	123	71	165	433
Governance costs	46	3	29	5	12	95
	340	402	833	310	556	2,441

Basis of allocation

- 1) on a time basis and includes branch administration of £189,000 included in care and service provision 2) on the number of staff
3) on the number of departments 4) on the number of staff with a Society workstation 5) on the number of staff based at National Office

	2006 £'000	2005 £'000
c) Analysis of Governance costs.		
External Audit fees	41	38
Internal Audit fees	17	30
Board of Trustees	71	75
Annual branches meeting, including AGM related costs and other governance costs	184	166
Apportionment of support costs (above)	95	98
	408	407

7 Amounts committed for grants

	Research £'000	PDS Tissue Bank £'000	PD Nurse Specialists £'000	Mali Jenkins Help Fund £'000	Group & Society Total 2006 £'000	Group & Society Total 2005 £'000
Balance at 1 January	5,960	330	2,212	0	8,502	6,336
Awarded	3,823	0	819	12	4,654	4,505
Payments	(2,245)	(205)	(677)	(12)	(3,139)	(2,339)
Balance at 31 December	7,538	125	2,354	0	10,017	8,502
Estimated to be disbursed						
Within one year	3,417	125	920	0	4,462	4,236
After more than one year	4,121	0	1,434	0	5,555	4,266
	7,538	125	2,354	0	10,017	8,502

All grants were awarded within the UK to Institutions except for the Mali Jenkins Help Fund which were for individuals
Details of awards made are available on request from the Society's National Office

8 Employees and Trustees

	2006 £'000	2005 £'000
a) Total Costs		
Salaries	3,674	3,595
National Insurance contributions	384	355
Pension contributions	199	115
	4,257	4,065

	2006 No	2005 No
b) Average number of full-time equivalent staff during year		
Generating voluntary income	19 0	17 0
Research	5 0	5 0
Parkinson's Disease Nurse Specialists	1 5	1 5
Care and service provision	93 5	90 0
Membership	7 0	6 5
Information and education	24 0	22 0
Governance	2 0	2 0
	152 0	144 0

The number of employees shown represents full-time equivalents

	2006 No	2005 No
c) The number of employees whose emoluments (including remuneration and benefits in kind and excluding pension contributions) amounted to more than £60,000 was		
Band £60,001 to £70,000	3	2
Band £70,001 to £80,000	0	1
Band £100,001 to £110,000	1	0

Contributions of £26,500 (2005 £16,500) were made for the provision of defined contribution benefits for 4 (2005 3) employees earning over £60,000

	2006 £'000	2005 £'000
d) Trustees		
No Trustees received remuneration for their services in either 2006 or 2005		
A Trustees indemnity policy was purchased at a cost of £1,237 (2005 £1,158)		
Trustee expenses for attending meetings were reimbursed to 14 Trustees (2005 15 Trustees)		
Travel	12	18
Accommodation	9	10
	21	28

9 Tangible Fixed Assets

Group and Society

	Freehold land & building £'000	Freehold improve- ments £'000	Office equipment, fixtures & vehicles £'000	Computer equipment £'000	Restricted assets £'000	Total £'000
Cost						
At 1 January	2,700	683	633	411	61	4,488
Additions	0	0	120	52	0	172
Disposals	0	0	(100)	(84)	0	(184)
At 31 December	2,700	683	653	379	61	4,476
Accumulated Depreciation						
At 1 January	313	540	376	314	61	1,604
Charge for the year	46	53	117	66	0	282
Disposals	0	0	(97)	(81)	0	(178)
At 31 December	359	593	396	299	61	1,708
Net Book Values						
Brought forward at 1 January 2006	2,387	143	257	97	0	2,884
Carried forward at 31 December 2006	2,341	90	257	80	0	2,768

10 Investments

	Group & Society 2006 £'000	Group & Society 2005 £'000
Marketable Securities		
Market value at 1 January	19,111	14,270
Acquisitions at cost	11,917	2,163
Disposals at proceeds of sale	(11,015)	(2,072)
Net gains on revaluation to market value	929	1,750
	20,942	16,111
Transfer from cash at bank and in hand	0	3,000
Market value at 31 December	20,942	19,111
Cash held within managed portfolio		
Cash on deposit at 31 December	260	744
Total at 31 December – Group	21,202	19,855
Investment in subsidiary company	25	25
Total at 31 December – Society	21,227	19,880
The cash incorporates reinvested dividends and interest received, the proceeds of sales and the funds used for acquisitions		
Investments are represented by		
Fixed interest securities	2,076	3,911
Equity shares	3,950	7,878
Cash funds	14,916	7,322
Cash held within managed portfolio	260	744
Investment in subsidiary company	25	25
	21,227	19,880
Analysed between		
UK investments	12,437	9,747
Overseas investments – Fidelity Institutional Cash Fund	7,664	7,322
– Other	1,126	2,811
	21,227	19,880
The historical cost of marketable securities at 31 December was	18,862	16,156

11 Debtors

	Group 2006 £'000	Group 2005 £'000	Society 2006 £'000	Society 2005 £'000
Legacies (note 12)	38	299	38	299
Amounts due from PD S (Sales) Limited	0	0	49	5
Tax recoverable on donations and other incoming resources	75	78	75	78
Other debtors	129	34	41	32
Prepayments and accrued income	77	122	38	29
	319	533	240	443

12 Amounts accrued for legacies

	Group & Society 2006 £'000	Group & Society 2005 £'000
Balance at 1 January	299	137
Entitlements	5,951	10,796
Receipts	(6,212)	(10,634)
Balance at 31 December	38	299

At 31 December 2006, legacies which had been notified but not recognised as incoming resources in the Statement of Financial Activities had an estimated value of £2,049,000 (2005 – £2,528,000) which had not been accrued

13 Creditors – amounts falling due within one year

	Group 2006 £'000	Group 2005 £'000	Society 2006 £'000	Society 2005 £'000
Amounts committed to grants (note 7)	4,462	4,236	4,462	4,236
Obligations under finance leases	91	223	91	223
Other creditors	78	77	27	44
Tax and social security	111	109	111	109
Accruals and deferred income	865	560	833	518
	5,607	5,205	5,524	5,130

14 Creditors – amounts falling due after more than one year

	Group 2006 £'000	Group 2005 £'000	Society 2006 £'000	Society 2005 £'000
Amounts committed to grants (note 7)	5,555	4,266	5,555	4,266
Obligations under finance leases falling due between two and five years	176	16	176	16
	5,731	4,282	5,731	4,282

15 Statement of funds

	Balance at 1 January 2006 £'000	Total Incoming Resources £'000	Total Resources Expended £'000	Transfers £'000	Net gain on investments £'000	Balance at 31 December 2006 £'000
Unrestricted funds						
General funds						
– National Office free reserves	5,773	10,302	(9,655)	1,321	0	7,741
– Branches free reserves	4,049	1,483	(1,293)	296	0	4,535
– Net book value of tangible assets held	2,884	0	0	(116)	0	2,768
	12,706	11,785	(11,813)	2,366	0	15,044
Designated funds						
Research	2,000	0	(585)	410	0	1,825
PDS Tissue Bank	175	0	(175)	0	0	0
Parkinson's Disease Nurse Specialists	750	0	0	0	0	750
Care and service provision	2,500	464	(334)	770	0	3,400
IT and communications	200	0	0	0	0	200
Contingency for Strategic Plan	999	0	0	(84)	0	915
Total designated funds	6,624	464	(1,094)	1,096	0	7,090
Non charitable trading funds	0	337	(337)	0	0	0
Revaluation reserve	0	0	0	(929)	929	0
Total unrestricted funds	19,330	12,586	(12,379)	1,668	929	22,134
Restricted funds						
Research	2,632	759	(1,656)	0	0	1,735
Parkinson's Disease Nurse Specialists	318	91	(247)	0	0	162
Care and service provision	2,254	516	(458)	(1,668)	0	644
Information and education	16	1	(4)	0	0	13
Branches	1,181	293	(172)	0	0	1,302
Total restricted funds	6,401	1,660	(2,537)	(1,668)	0	3,856
Total funds	25,731	14,246	(14,916)	0	929	25,990

Footnote

The Trustees' reserves policy is set out on pages 24–25 and the Society's Funds are analysed above accordingly. The Trustees have approved a Strategic Plan for 2007–2011 that provides for services for people with Parkinson's to be increased across the UK during the term of the Plan ahead of current levels of income. The Trustees have resolved to commit all of the unrestricted and restricted funds shown above, except for £3,544,000 of minimum reserves to cover income considered "at risk", included in National Office free reserves, and the funds of £2,768,000 held in the net book value of tangible assets, to provide the funding for the planned deficits during the period of the Plan.

Transfers

Until 2005, the Society had in recent years treated certain income as restricted when it was received. Following a review, it is considered that the income is in fact unrestricted to the Society as a whole. Consequently, £1,668,000 has been transferred from restricted to unrestricted funds.

Restricted funds

The research fund represents income received to be used to meet direct costs of the research programme. The Parkinson's Disease Nurse Specialist fund is for making grants to fund posts and associated training in the NHS around the UK. Care and service provision funds are to meet costs of activities in furtherance of the Society's objectives. The information and education fund is a fund to be used on information and education activities of the Society. Restricted funds held by Branches are all for purposes similar to every restricted fund mentioned above.

Analysis of net assets between funds

	Unrestricted Funds £'000	Restricted Funds £'000	Total Funds £'000
Tangible fixed assets	2,768	0	2,768
Investments	18,648	2,554	21,202
Current assets	12,056	1,302	13,358
Liabilities	(11,338)	0	(11,338)
Net assets	22,134	3,856	25,990

16 Related and Connected Party Transactions

In accordance with Financial Reporting Standard 8 the Society discloses the following related party transactions

During 2006 the Trustees, on the recommendation of the Research Advisory Panel, awarded the following grants to organisations to which members are connected

Member	Organisation	£'000
Professor Paul Bolam	Medical Research Council, London	165
Dr Roger Barker	University of Cambridge	170
Professor Nick Wood	UCL Institute of Neurology, London	177

The above individuals did not participate in the decision to award a grant to the organisation to which they are connected

17 Operating Lease Commitments

As at 31 December the Society had annual operating lease commitments as set out below

	2006 Land and Buildings £'000	2006 Other £'000	2005 Land and Buildings £'000	2005 Other £'000
Operating leases which expire				
– within one year	5	24	19	21
– in two to five years	6	23	11	25
– after five years	0	0	0	0
	11	47	30	46

18 Grants Received

In accordance with agreements entered into with grantors the Society acknowledges the receipt of the following grants included within the total grant income of £302,000 in the Statement of Financial Activities

	£'000
Awards for All	19
Big Lottery Fund – Birmingham South Branch	6
Big Lottery Fund – Doncaster Branch	17
Birmingham City Council	79
Birmingham East & North PCT	18
Department of Health	48
Lambeth PCT	5

How you can help

Ten thousand people in the UK are diagnosed with Parkinson's every year. One in 20 of these will be under the age of 40. You can get involved in our work and help play a part in our fight against Parkinson's. You could make a one-off or regular donation, become a Member, donate shares or even leave a gift to the Society in your Will. You can get involved as a volunteer in one of our branches or support groups, organise your own fundraising event or take part in local fundraising activities.

The importance of regular giving

All donations are greatly appreciated, but supporting the Society with a Direct Debit allows us to plan for the future with confidence. To make a regular donation, please visit our website www.parkinsons.org.uk/donate or call our Supporter Services team on 020 7932 1303.

A gift in your Will

Nearly half of the Society's work is made possible through gifts left in people's Wills. A legacy is a precious gift and by choosing to support the Society in this way, you will be helping to ensure that we can continue our vital information, support and research activities. Please fill out the attached form for more information on including the Society in your Will, contact the Fundraising team on 020 7932 1307 or visit www.parkinsons.org.uk/will.

Get sponsored or organise your own event

From Marathons and overseas treks to our national Party for Parkinson's initiative and local events in your area, there is something for everyone. Details of all our events can be found on our website at www.parkinsons.org.uk/events or from our Fundraising team on 020 7932 1328.

Donate shares

A gift of shares can be one of the most cost-effective ways of supporting our work. Not only can you and the Society benefit from income tax relief on your donation but your gift will be free of Capital Gains Tax.

In order to qualify for the relief, your shares or securities must be listed or dealt on a recognised stock exchange, units in authorised unit trusts, shares in a UK open-ended investment company or holdings in certain foreign collective investment schemes. To find out more, contact the Fundraising team on 020 7932 1309.

Become a Member of the PDS

For just £4, your Membership will provide you with quarterly editions of *The Parkinson* magazine, which contains excellent information on all aspects of living with Parkinson's. You can also help to form the policy of the Society by electing members of the Board of Trustees and play an important part in supporting the foremost charity in the UK fighting Parkinson's on all fronts.

Call our Membership team on 020 7932 1344 to join or visit www.parkinsons.org.uk/join

Join a branch or support group

With over 330 branches and support groups undertaking a range of activities, from informative talks on living with Parkinson's to art classes and yoga sessions, there is something for everyone. To find out about your nearest group, please contact our Volunteer Support team on 020 7932 1338 or visit www.parkinsons.org.uk/branches

Offer your time as a volunteer

Without the support of our 4,500 volunteers, the Society could not continue its vital work. From helping with branch activities and supporting our campaigns for people with Parkinson's, to contributing to the Society as a Trustee, a member of the Research Network or a media volunteer, you can make a lasting difference to people with Parkinson's.

Find out how you can use your skills and experience by contacting our Volunteer Support team on 020 7932 1338 or visiting www.parkinsons.org.uk/volunteer

een Branch Abergavenny Branch Aberystwyth Branch
oport Group Amersham and High Wycombe Branch /
Arfon and Mon Branch Armagh Branch Ashford (Ken
Support Group Ayrshire Branch Bakewell Support Gro
/Brent Branch Barnsley Branch Barnstaple Support G
rd and District Branch Belfast Branch Berwick Support
ranch Billericay and Wickford Support Group Birmingham
ological Support Group South East London Blackpool /
n Bradford and Shipley Branch Braintree Branch Brent
n Brighton Hove and District Branch Bristol Branch Bro
roup Burnley Branch Burton Support Group Bury St E

© Parkinson's Disease Society of the United Kingdom, 2007
Charity registered in England and Wales No 258197 and in Scotland No SCO37554

A company limited by guarantee, Registered No 948776 (London)
Registered Office 215 Vauxhall Bridge Road, London SW1V 1EJ
Tel 020 7931 8080 Fax 020 7233 9908 PDS Helpline (free) 0808 800 0303
email enquiries@parkinsons.org.uk website www.parkinsons.org.uk

August 2007 Code AR06