REGISTERED NUMBER: 00898048 (England and Wales)

# INSIGHT LEISURE LIMITED ABBREVIATED UNAUDITED ACCOUNTS FOR THE YEAR ENDED 31 MAY 2009

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# INSIGHT LEISURE LIMITED (REGISTERED NUMBER: 00898048)

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# **INSIGHT LEISURE LIMITED**

# **COMPANY INFORMATION** FOR THE YEAR ENDED 31 MAY 2009

**DIRECTORS:** 

G C Bragg S A Bragg M J Bragg

SECRETARY:

Mrs J F Bragg

**REGISTERED OFFICE** 

Whitehouse Business Park

White Ash Green

Halstead Essex CO9 1PB

**REGISTERED NUMBER:** 

00898048 (England and Wales)

# INSIGHT LEISURE LIMITED (REGISTERED NUMBER 00898048)

# ABBREVIATED BALANCE SHEET 31 MAY 2009

		2009		2008	
	Notes	£	£	£	£
FIXED ASSETS Tangible assets	2		172,451		185,538
Tangible assets	_		,		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
CURRENT ASSETS		4 270		4,733	
Stocks Debtors		4,270 1,466		1,108	
Cash in hand		65		67	
Cush in hand		<del></del>		<del></del>	
		5,801		5,908	
CREDITORS	•	210.606		202.666	
Amounts falling due within one year	3	318,606		302,666	
NET CURRENT LIABILITIES			(312,805)		(296,758)
TOTAL ASSETS LESS CURRENT LIABILITIES			(140,354)		(111,220)
CREDITORS					
Amounts falling due after more than one year	3		47,711		74,108
			(188,065)		(185,328)
			<u> </u>		<u>******</u> *
CAPITAL AND RESERVES					
Called up share capital	4		40		40
Profit and loss account			<u>(188,105</u> )		<u>(185,368</u> )
SHAREHOLDERS' FUNDS			<u>(188,065</u> )		<u>(185,328</u> )

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2009

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2009 in accordance with Section 476 of the Companies Act 2006

The directors acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company

# INSIGHT LEISURE LIMITED (REGISTERED NUMBER: 00898048)

# ABBREVIATED BALANCE SHEET - continued 31 MAY 2009

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on 12 January 2010 and were signed on its behalf by

G C Bragg - Director

S A Bragg - Director

## INSIGHT LEISURE LIMITED (REGISTERED NUMBER 00898048)

# NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 MAY 2009

#### ACCOUNTING POLICIES

#### Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements have also been prepared on the going concern basis and in adopting this the directors have assumed the continuing support of the creditors, which principally include other group undertakings, directors and their families

#### Turnover

Turnover represents membership fees and other income, excluding Value Added Tax

#### Depreciation

Depreciation is provided for, on a quarterly basis, so as to write off the cost of each asset over its estimated useful life or, where held under a finance lease over the term of the lease if shorter, at the following annual rates

Equipment
Office equipment
Computers

10% on reducing balance 15% on reducing balance 33 1/3% on reducing balance

#### Stocks

Stocks are valued at the lower of cost and net realisable value

#### Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

#### Hire purchase and leasing commitments

Tangible fixed assets held under hire purchase contracts or finance leases are capitalised and depreciated over their estimated useful lives, or over the lease term if shorter. The corresponding obligations are treated in the balance sheet as liabilities. Finance charges are allocated to accounting periods, on a straight line basis, over the term of the contracts.

## Operating leases

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are charged to the profit and loss account on a straight line basis. Rentals derived from operating leases are credited to the profit and loss account on a receivable basis.

# INSIGHT LEISURE LIMITED (REGISTERED NUMBER 00898048)

# NOTES TO THE ABBREVIATED ACCOUNTS FOR THE YEAR ENDED 31 MAY 2009

## 2 TANGIBLE FIXED ASSETS

	Total £
COST At 1 June 2008 Additions Disposals	352,079 10,369 (9,934)
At 31 May 2009	352,514
DEPRECIATION At 1 June 2008 Charge for the year Eliminated on disposals	166,541 21,051 (7,529)
At 31 May 2009	180,063
NET BOOK VALUE At 31 May 2009	172,451
At 31 May 2008	185,538

## 3 CREDITORS

Of the amounts included in creditors £40,007 (2008 - £33,357) is secured

## 4 CALLED UP SHARE CAPITAL

Nominal	2009	2008
value	£	£
£1	40	40
		value £

# 5 ULTIMATE PARENT COMPANY

The company is a wholly owned subsidiary undertaking of Whitehouse Holdings (Halstead) Limited, which is a company registered in England and Wales