

Please complete in typescript,

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

or	in	bold	black	capitals.			
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				A	 B.1.	1	L .

Company Number 891818

Company Name in full

THE ABBEYFIELD LOWESTOFT MMITED

		Day Month Year
Date of termination	of appointment	29092000
	as director	as secretary Please mark the appropriate box. If terminating appointment as a director and secretary mark both boxes.
NAME	*Style / Title	MRS *Honours etc
Please insert details as previously	Forename(s)	BARBARA ROSE
notified to Companies House.	Surname	BENSLEY
Companies riouse.		Day Month Year
	†Date of Birth	112013 1191314

A serving director, secretary etc must sign the form below.

SAMPSON

Signed

* Voluntary details.

† Directors only.
** Delete as appropriate

BARNARD

Date

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.



When you have completed and signed the form please send it to the Registrar of Companies at: DX 33050 Cardiff

01502

DX exchange

Companies House, Crown Way, Cardiff, CF14 3UZ for companies registered in England and Wales

Tel

DX 235 Edinburgh

LOWES TOFT SUFFOLK

565201

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland

GORDON ROAD

INP

NR32 DX number