

Please complete in typescript, or in bold black capitals. CHWP000

Terminating appointment as director or secretary (NOT for appointment (use Form 288a) or change of particulars (use Form 288c))

Company Number

891818

Company Name in full

ABBEYFIELD LOWESTOFT SOCIETY こまってのり

Date of ter	mination	of appointment	Day 0 15	Month ひ16	Year		
		as director			as secretary		tk the appropriate box. If terminating at as a director and secretary mark .
	NAME	*Style / Title	MR	5		*Honours etc	
Please insert details as previously notified to Companies House		Forename(s)	CHRISTINA				
	Surnam		COOK				
	<del>,</del> ,		Day	Month	Year		
		<sup>†</sup> Date of Birth					

A serving director, secretary etc must sign the form below.

Signed

\* Voluntary details.

† Directors only.

Delete as appropriate

Date

2003

(\*\* serving director / secretary / administrator / administrative receiver / receiver manager receiver)

Please give the name, address, telephone number and, if available, a DX number and Exchange of the person Companies House should contact if there is any query.



BARNARD	SAMPSON	
30 GORDON	ROAD LOWE	STOFT, SUFFO
NR32 1NP	Tal	565201
DX number	DX exchange	,

When you have completed and signed the form please send it to the Registrar of Companies at:

rgcCompanies House, Crown Way, Cardiff, CF14 3UZ for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

DX 33050 Cardiff