



COMPANIES HOUSE

Please complete in typescript,
or in bold black capitals.

288a

Appointment of director or secretary

Company Number

00824076

Company Name in full

WELLBEING (THE HEALTH RESEARCH
CHARITY FOR WOMEN AND BABIES)



F288A018

Date of appointment Day Month Year
30 9 95

†Date of Birth Day Month Year
31 1 37

Appointment form

Notes on completion
appear on reverse.

Appointment as director



as secretary



Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

MR.

*Honours etc

Forename(s)

JOHN RICHARD

Surname

FRIEND

Previous
Forename(s)

Previous
Surname(s)

Usual residential
address

KOLWIE HOUSE, STOKES HILL LANE, CRAPSTONE

Post town

YELVERTON

Postcode

PL20 7PP

County / Region

DEVON

Country

†Nationality

BRITISH

†Business occupation

Med. Practitioner

†Other directorships
(additional space overleaf)

I consent to act as ** director / secretary of the above named company

Consent signature

[Signature]

Date

31.8.95

* Voluntary details.
† Directors only.

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

27.4.95

** Please delete as appropriate

(** a director / secretary / administrator / administrative receiver / receiver manager / receiver)

Please give the name, address,
telephone number and, if available,
a DX number and Exchange of
the person Companies House should
contact if there is any query.

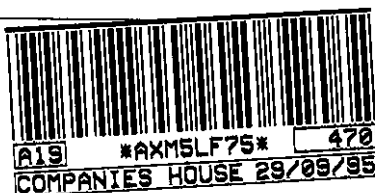
MARY STANTON, WELLBEING, 27 SUSSEX PLACE,

REGENT'S PARK, LONDON NW1 4EP

Tel 0171 262 5337

DX number

DX exchange



A19 *AXM5LF75* 470
COMPANIES HOUSE 29/09/95

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames. NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.