



Please complete in typescript,
or in bold black capitals.

CHWP000

Company Number

00693133

Company Name in full

ALRO7 SHEET METALS LIMITED

Date of
appointment

Day Month Year
28 02 2009

†Date of
Birth

Day Month Year
11 09 1977

Appointment form

Appointment as director

as secretary

☒

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

Notes on completion
appear on reverse.

NAME *Style / Title

MRJ

*Honours etc

Forename(s)

LISA HELEN

Surname

CRIST

Previous
Forename(s)

Previous
Surname(s)

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985

†† Usual residential
address

Post town

STOVENAGE

Postcode

SG1 3NH

County / Region

HERTS

Country

†Nationality

BRITISH

†Business occupation

6 x 2000000

†Other directorships
(additional space overleaf)

Consent signature

I consent to act as ** director / secretary of the above named company

Date

28.2.09

* Voluntary details.

† Directors only.

**Delete as appropriate

Signed

A director, secretary etc must sign the form below.

Date

28.2.09

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the
form. The contact information that you
give will be visible to searchers of the
public record

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

% NEWTON & GARNER, APEX HOUSE

GRAND ARCADE, NORTH RICHMOND, LONDON

N12 0ET

Tel

020 8445 3272

DX number

DX exchange

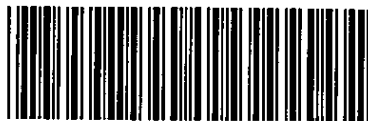
When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh 2



A14

AXO59BBV

06/07/2009

81

COMPANIES HOUSE

MONDAY

Company Number

† Directors only.

† Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.