

Please complete in typescript, or in bold black capitals.
CHEPOOO

COMPANIES HOUSE

Form revised July 1998

23/12/99

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

CI II F 000	or particulars (use rollin 2000))
Company Number	405180
Company Name in full	THE OUTWARD BOUND TRUST
	Day Month Year Day Month Year
Date of appointment	Date of Line 3 O
Appointment Appointment as director	as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.
form NAME *Style / Title Notes on completion	*Honours etc
appear on reverse. Forename(s)	JOHN DANIAN
Surname	SPURLING
Previous Forename(s) Usual residential	Previous Surname(s)
address	68 CLAREWOOD COURT, CRAYFORD STREET
Post town	POLODIV .
County / Region	
[†] Nationality	DIRECTOR
†Other directorships (additional space overleaf)	
Consent signature	
* Voluntary details. † Directors only. **Delete as appropriate	A director, secretary etc must sign the form below.
Signed	K. A. Ireland. Date 51, 12000
	(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)
Please give the name, address, telephone number and, if available, a DX number and Exchange of	MRS. ANNE IRELAND THE OUTWARD BOUND TRUST 207 WATERLOO ROAD
the person Companies House should	LONDON SEI 8XD Tel 0171 928 1991
	DX number DX exchange When you have completed and signed the form please send it to the
A58 COMPANIES HOUSE 06,01/00 ge	Registrar of Companies at:

for companies registered in England and Wales

for companies registered in Scotland

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh

	Company Number	
† Directors only.	[†] Other directorships	LONDON MARATHON LINITED
		NATIONAL COACHING FOUNDATION
		ANIMAL HEALTH TRUST

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.