

Appointment of director or secretary

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Please complete or in bold black c	in typescript, apitals		ppomm							
	Compar	ny Number	384611							
(Company N	ame in full	NORMAN BE	ST LIMI	TED					
* F28	8AD40 *	Date	1 03	Month 04	Year 97	† Dat	e of Birth	Day 28	Month 10	Year 65
Appointment form	nt	Γ.		secretary		Please mai as a direct	rk the approp for and secret	riate box. tary mark	If appointm both boxes	nent is
	NAME	*Style / Title	Mr			*Honou	ırs etc			
Notes on completi appear on reverse		Forename(s)	Stefan M	ario						
,		Surname	Meister							
		Previous (Forename(s)				Pre Surna	vious me(s)			
·	Us	ual residential address	Wixall N	Moss, Pla	——— ough l	_ane				
		Post town	CHESTER				Postcod	ie CH3	7PT	
	С	ounty / Region					Count	ту		
		† Nationality	Swiss			Business (occupation	Compar	ny Direc	tor
	† Other directorships See Attached Sheet									
	(additional	space overloan	I consent to act as ** director / 紫菜次文文 of the above named compar						company	
	Conse	ent signature	Y \ // .	Me	Ñ	fer	Date		-5-9	า
* Voluntary detail:	s.		A director	, secretary	etc m	ust sign	the form b			
† Directors only.		Signed	1 /1	~3.5) <u>a_</u>		Date		5/97	
** Please delete			(**a director		dministrat	or <u>/ adminis</u>	trative receive	<u> / receiver</u>	manager / re	ceiver)
telephone nu	the name, add umber and, if er and Exchan	available, ge of	AAH pl	c Hampto			20. 570000			
the person (Companies Ho	use snoula	RUNCOR	N WA7 1T	Χ	Tel 0192	28 579393	5		

contact if there is any query.



Form revised March 1995

RUNCORN WA7 1TX

DX exchange DX number

When you have completed and signed the form please send it to the

Registrar of Companies at: DX 33050 Cardiff Companies House, Crown Way, Cardiff, CF4 3UZ

for companies registered in England and Wales Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh for companies registered in Scotland

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	Company Number	384611
Directors only.	† Other directorships	HOLLAND & BARRETT HOLDINGS LIMITED
		Gehe Invest plc
		GEHE UK PLC
arotary is a corno	es, NOT INITIALS. If the director ration or Scottish firm, show the and registered or principal office al line.	
Give previous forenam for a married woman known before marria	ies or surname(s) except: , the name by which she was ge need not be given.	
for names not used a least 20 years	since the age of 18 or for at	
nstead of or in additio	own by a title may state the title n to the forenames and surname name by which that person was le adopted the title or preceded	
Other directors		
Britain of which the phas been a director a You may exclude a c times during the past concerned was a dire dormant a parent company making the return,	which wholly owned the company or	
- another wholly ow company.	rned subsidiary of the same parent	