



**Companies House**

— for the record —

Company Name

**STRONGS & BENNETT LIMITED**

## 363s Annual Return

Company Type

**Private Company Limited By Shares**

Company Number

**272894**

Information extracted from  
Companies House records on  
**1st February 2000**

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.



### Section 1: Company details

Ref: 272894/03/10

	Current details	Amended details														
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Graham House</b> <b>7WYLLYOTTS Place</b> <b>Potters Bar</b> <b>Herts., EN6 2JD</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _														
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Address where the Register is held</b>  <b>At Registered Office</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _														
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Not Applicable</b>	Address _____ _____ _____ UK Postcode    _ _ _ _ _														
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>7011</td> <td>Development &amp; sell real estate</td> </tr> </tbody> </table>	SIC Code	Description	7011	Development & sell real estate	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>7499</td> <td>NON-TRADING COMPANY</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> <tr> <td>_____</td> <td>_____</td> </tr> </tbody> </table>	SIC CODE	Description	7499	NON-TRADING COMPANY	_____	_____	_____	_____	_____	_____
SIC Code	Description															
7011	Development & sell real estate															
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7499	NON-TRADING COMPANY															
_____	_____															
_____	_____															
_____	_____															
> <i>If no entries are shown, please enter principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.</i>																

Not £135x9 005831

	Current details	Amended details
<b>&gt; Company Secretary</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>  <i>Particulars of a new Company Secretary must be notified on form 288.</i>	<b>Name</b> <b>THE FINANCE &amp; INDUSTRIAL TRUST LIMITED</b>  <b>Address</b> <b>Graham House</b> <b>7 Wylyotts Place</b> <b>Potters Bar</b> <b>Hertfordshire</b> <b>EN6 2JD</b>	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date THE FINANCE &amp; INDUSTRIAL TRUST LIMITED</b> <b>ceased to be secretary (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>  <i>Particulars of a new Director must be notified on form 288.</i>	<b>Name</b> <b>John Keith PALMER</b>  <b>Address</b> <b>30 Queensbury Road</b> <b>Kettering</b> <b>Northamptonshire</b>  <b>Date of birth</b> 15/04/1937  <b>Nationality</b> British  <b>Occupation</b> Company Director	<b>Name</b>  <b>Address</b> <u>30 Queensbury Road</u> <u>Kettering</u> <u>Northampton</u>  <b>UK Postcode</b> <u>NN15 7HL</u> <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date John Keith PALMER ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _
<b>&gt; Director</b> <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>  <i>Particulars of a new Director must be notified on form 288.</i>	<b>Name</b> <b>Richard Graham St John ROWLANDSON</b>  <b>Address</b> <b>Cherry Dell 73 West Common</b> <b>Harpenden</b> <b>Hertfordshire</b> <b>AL5 2LD</b>  <b>Date of birth</b> 02/12/1939  <b>Nationality</b> British  <b>Occupation</b> Chartered Accountant	<b>Name</b>  <b>Address</b>    <b>UK Postcode</b> _ _ _ _ _ <b>Date of birth</b> _ _ / _ _ / _ _ _ _ <b>Nationality</b> _____ <b>Occupation</b> _____ <b>Date of change</b> _ _ / _ _ / _ _ _ _ <b>Date Richard Graham St John ROWLANDSON ceased to be director (if applicable)</b> _ _ / _ _ / _ _ _ _

## Section 3: Share Capital

	Current details	Amended details
<b>&gt; Issued Share Capital</b> <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	<b>Class of share</b> Ordinary <b>Nominal value of each share</b> £1.00 <b>Number of shares issued</b> 5,180 <b>Aggregate Nominal Value of issued shares</b> £5,180.00	<b>Class of share</b> _____ <b>Nominal value of each share</b> _____ <b>Number of shares issued</b> _____ <b>Aggregate Nominal Value of issued shares</b> _____
<b>&gt; Total shares issued and value</b> <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<b>Total number of shares issued</b> 5,180 <b>Total Nominal value of shares issued</b> £5,180.00	<b>Total number of shares issued</b> _____ <b>Total Nominal value of shares issued</b> _____
<b>&gt; At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at <a href="http://www.companieshouse.gov.uk">www.companieshouse.gov.uk</a> or by ringing 029 2038 0801.</b>		

**Section 4: Details of Shareholders**

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred		
<b>&gt; Shareholder Name</b> <b>HARDEN CENTRAL NEWS LTD</b>		<b>Name</b> <b>HENDON CENTRAL NEWS LIMITED</b>		<b>HENDON</b> <b>Shares transferred by</b> <b>HARDEN CENTRAL NEWS LTD</b>		
<b>Address</b> <b>Graham House</b> <b>7 Wyllyotts Place</b> <b>Potters Bar</b> <b>Hertfordshire</b> <b>EN6 2JD</b>		<b>Address</b>    				
		<b>UK Postcode</b> _ _ _ _ _				
<b>Shares held</b> <b>Class</b> <b>Ordinary</b>	<b>Number</b> <b>5180</b>	<b>Shares held</b> <b>Class</b>	<b>Number</b>	<b>Class</b>	<b>Number</b>	<b>Date of transfer</b> _ _ / _ _ / _ _ _ _ _ _ / _ _ / _ _ _ _

**Section 5: Details of Other Shareholders**

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode    _ _ _ _ _			



Companies House

— for the record —

# 363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and tick and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

## 1. Declaration

- ☒ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

For and on behalf of  
**THE FINANCE & INDUSTRIAL TRUST LTD.**  
 Signature \_\_\_\_\_ Date 23 / 02 / 2000  
Secretary  
 (Director / Secretary)  
 Authorised Signatory

*This date must not be earlier than the return date at 2 below*

### What to do now

Please detach and retain the covering letter, complete this page then send the whole of the Annual Return and the declaration to the address shown at 4 below.

## 2. Date of this return

- ☒ This AR is made up to 15/2/2000 If you are making this return up to an earlier date, please give the date here

\_\_ / \_\_ / \_\_\_\_

*Note: The form must be delivered to CH within 28 days of this date*

## 3. Date of next return

- ☐ If you wish to change your next return to a date earlier than **15th February 2001** please give the new date here:

\_\_ / \_\_ / \_\_\_\_

## 4. Where to send this form

- ☒ Please return this form to:  
 Registrar of Companies  
 Companies House  
 Crown Way  
 Cardiff CF14 3UZ

**Have you enclosed the filing fee with the company number written on the reverse of the cheque?**

Cheque ☒ Postal Order ☐ Cheque / Postal Order  
 Number 003831

*(Please complete as appropriate)*

## Contact Address

Please give the name and address of the person who should be contacted if there are any queries about this form.

Contact Name

BERNARD O'NEILL

Telephone number *inc code*

01707 663366

Address

GRAHAM HOUSE, 7 WYLLYOTTS PLACE

DX number *if applicable*

135549

POTTERS BAR

DX exchange

HERTFORDSHIRE

POTTERS BAR 3

Postcode

EN6 2JD