



Companies House

— for the record —

Company Name

STRONGS & BENNETT LIMITED

363s Annual Return

NW 8135 x 9
003547

Company Type

Private Company Limited By
Shares

Company Number

272894

Information extracted from
Companies House records on
31st January 2001

- > Please check the details printed in blue on this statement.
- > If any details are wrong, strike them through and write the correct details in the "Amended details" column.
- > Please use black pen and write in capitals.



A33
COMPANIES HOUSE

0472
14/03/01

Section 1: Company details

Ref: 272894/03/10

	Current details	Amended details																
> Registered Office Address <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Graham House 7WYLLYOTTS Place Potters Bar Herts., EN6 2JD	Address _____ _____ _____ UK Postcode _ _ _ _ _																
> Register of Members <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Address where the Register is held At Registered Office	Address _____ _____ _____ UK Postcode _ _ _ _ _																
> Register of Debenture Holders <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Not Applicable	Address _____ _____ _____ UK Postcode _ _ _ _ _																
> Principal Business Activities <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	<table border="1"> <thead> <tr> <th>SIC Code</th> <th>Description</th> </tr> </thead> <tbody> <tr> <td>7499</td> <td>Non-trading company</td> </tr> </tbody> </table>	SIC Code	Description	7499	Non-trading company	<table border="1"> <thead> <tr> <th>SIC CODE</th> <th>Description</th> </tr> </thead> <tbody> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> <tr><td>_____</td><td>_____</td></tr> </tbody> </table>	SIC CODE	Description	_____	_____	_____	_____	_____	_____	_____	_____	_____	_____
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> Please enter additional principal activity code(s) in "Amended details" column. See notes for guidance for list of activity codes.																		

Section 2: Details of Officers of the Company

	Current details	Amended details
> Company Secretary <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Company Secretary must be notified on form 288.</i>	Name THE FINANCE & INDUSTRIAL TRUST LIMITED Address Graham House 7 Wylyotts Place Potters Bar Hertfordshire EN6 2JD	Name Address UK Postcode _ _ _ _ Date of change _ _ / _ _ / _ _ _ _ Date THE FINANCE & INDUSTRIAL TRUST LIMITED ceased to be secretary (if applicable) _ _
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288.</i>	Name John Keith PALMER Address 30 Queensberry Road Kettering Northamptonshire NN15 7HL Date of birth 15/04/1937 Nationality British Occupation Company Director	Name Address UK Postcode _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date John Keith PALMER ceased to be director (if applicable) _ _ / _ _ / _ _ _ _
> Director <i>If any of the details for this person are wrong, strike them through and fill in the correct details in the "Amended details" column.</i> <i>Particulars of a new Director must be notified on form 288.</i>	Name Richard Graham St John ROWLANDSON Address Cherry Dell 73 West Common Harpenden Hertfordshire AL5 2LD Date of birth 02/12/1939 Nationality British Occupation Chartered Accountant	Name Address UK Postcode _ _ _ _ Date of birth _ _ / _ _ / _ _ _ _ Nationality _____ Occupation _____ Date of change _ _ / _ _ / _ _ _ _ Date Richard Graham St John ROWLANDSON ceased to be director (if applicable) _ _ / _ _ / _ _ _ _

Section 3: Share Capital

	Current details	Amended details
> Issued Share Capital <i>This table shows the total number of shares that have been issued by your company and their Nominal Value. If any of the details are wrong, please fill in the correct details.</i>	Class of share Ordinary Nominal value of each share £1.00 Number of shares issued 5,180 Aggregate Nominal Value of issued shares £5,180.00	Class of share _____ Nominal value of each share _____ Number of shares issued _____ Aggregate Nominal Value of issued shares _____
> Total shares issued and value <i>If any of the details are wrong, strike them through and fill in the correct details in the "Amended details" column.</i>	Total number of shares issued 5,180 Total Nominal value of shares issued £5,180.00	Total number of shares issued _____ Total Nominal value of shares issued _____
> At the date of this Annual Return, if the company has altered or changed its share capital in any way or allotted new shares, please refer to the guidance notes for details of the appropriate form that should be sent with this Annual Return. Annual return guidance notes are available on the Companies House web site at www.companieshouse.gov.uk or by ringing 029 2038 0801.		

Section 4: Details of Shareholders

- > The details we hold on your company's shareholders and their shareholdings are printed below. These are based on your last Annual Return.
- > If any details have changed, or if any shares have been transferred, please fill in the details in the "Amended details" or "Shares transferred" column.
- > Please give details of any other shareholders in Section 5.

Current details		Amended details		Shares transferred		
>	Shareholder Name HARDEN CENTRAL NEWS LTD	Name HENDON CENTRAL NEWS LIMITED				
	Address Graham House 7 Wyllyotts Place Potters Bar Hertfordshire EN6 2JD	Address 				
	Shares held Class Ordinary	UK Postcode _ _ _ _ _ Shares held Class 	Number 5180			
		Class 	Number 	Class 	Number 	Date of transfer

Shares transferred by
HARDEN CENTRAL NEWS LTD

Section 5: Details of Other Shareholders

- > Please fill in details of any persons or corporate bodies who are shareholders of the company at the date of this return, but whose details are not printed in Section 4.
- > Also, provide the details of any persons who became but have ceased to be shareholders of the company since the date of the last annual return.
- > For jointly held shares please list those joint shareholders consecutively on the form. If a joint shareholder also holds shares in their own right, list that holding separately.
- > Please copy this page if there is not enough space to enter all the company's other shareholders.

Shareholders details	Class and number of shares or amount of stock held	Class and number of shares or amount of stock transferred (If appropriate)	Date of registration of transfer (If appropriate)
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			
Name _____ Address _____ _____ _____ UK Postcode _ _ _ _ _			



Companies House

— for the record —

363s Annual Return Declaration

- > When you have checked all the sections of this form, please complete this page and sign the declaration below.
- > If you want to change the made up date of this annual return, please complete 2 below.

1. Declaration

- ☐ I confirm that the details in this annual return are correct as at the made-up-date (shown at 2 below). I enclose the filing fee of £15.

THE FINANCE & INDUSTRIAL TRUST LTD.

Signature

[Signature]
 Secretary
 (Director / Secretary)
 Authorised Signatory

Date

15, 02, 2001

This date must not be earlier than the
 return date at 2 below

What to do now

Complete this page then send the whole of the Annual Return and the
 declaration to the address shown at 4 below.

2. Date of this return

- ☒ This AR is made up to 15/2/2001
- If you are making this return up to an earlier date,
 please give the date here

__ / __ / ____

Note: The form must be delivered to CH within 28 days of this date

3. Date of next return

- ☐ If you wish to change your next return to a date earlier than 15th February 2002
 please give the new date here:

__ / __ / ____

4. Where to send this form

- ☐ Please return this form to:

Registrar of Companies
 Companies House
 Crown Way
 Cardiff CF14 3UZ

OR

For members of the Hays Document
 Exchange service
 DX 33050 Cardiff

Have you enclosed the filing fee with the company number written on the
 reverse of the cheque?

Cheque



Postal Order



Cheque / Postal Order

Number

003547

(Please complete as appropriate)

Contact Address

Please give the name and address of the person who should be contacted if
 there are any queries about this form.

Contact Name

BERNARD O'NEILL

Telephone number inc code

01707 601413

Address

GRAHAM HOUSE
 7 WYLLYOTTS PLACE
 POTTERS BAR HERTS

DX number if applicable

135549

DX exchange

POTTERS BAR 3

Postcode

EN6 2JD