

for the record

Return of Allotment of Shares

Please complete in typescript, or in bold black capitals CHWP000

Company Number

185647		
J SAINSBURY PLC		

company reminer						
Company name in full	J SAINSBURY PLC					
Shares allotted (including bonus shares):						
	From To					
Date or period during which shares were allotted (If shares were allotted on one date enter that date in the "from" box)	Day Month Year Day Month Year 0 8 1 0 2 0 0 8 0 8 1 0 2 0 0 8					
Class of shares (ordinary or preference etc)	ORDINARY					
Number allotted	264					
Nominal value of each share	£0 28 4/7P					
Amount (if any) paid or due on each share (including any share premium)	ch £2 31					
List the names and addresses of the allottees and the number of shares allotted to each overleaf						
If the allotted shares are fully or partly paid up otherwise than in cash please state:						
% that each share is to be treated as paid up						
Consideration for which the shares were allotted (This information must be supported by the duly stamped contract or by the duly stamped particulars on Form 88(3) if the contract is not in writing)						

13/11/2008 **COMPANIES HOUSE** Form Revised January 2000

When you have completed and signed the form send it to the Registrar of Companies at

Companies House, Crown Way, Cardiff CF14 3UZ For companies registered in England and Wales

DX 33050 Cardiff

Companies House, 37 Castle Terrace, Edinburgh EH1 2EB For companies registered in Scotland

DX 235 Edinburgh

Names and addresses of the allottees (List joint share allotments consecutively)

Shareholder	Shares and share	Shares and share class allotted		
Name SEE ATTACHED		Class of shares allotted	Number allotted	
Address		ORDINARY	264	
UK F	Postcode	_	L	
Name		Class of shares allotted	Number allotted	
Address		-		
		_	1	
	Postcode LLLLLL		<u> </u>	
Name		Class of shares allotted	Number allotted	
Address		_	<u></u>	
UK F	Postcode			
Name		Class of shares allotted	Number allotted	
Address				
L		_		
UK F	Postcode			
Name		Class of shares allotted	Number allotted	
Address			<u> </u>	
UK F	Postcode		L	
	uation sheets (if any) attached to th	s form		
		Date 11/11/08		
A director / secretary / aliministrator / ac	immerfative receiver / receiver manager / re		delete as appropriate	
Please give the name, address, telephone number and, if available,	MS HAZEL D JARVIS - D	MS HAZEL D JARVIS - DEPUTY COMPANY SEC		
a DX number and Exchange of the person Companies House should	J SAINSBURY PLC, 33 H	J SAINSBURY PLC, 33 HOLBORN, LONDON		
contact if there is any query	EC1N 2HT	Tel 0207 69	5 6000	
	DX number	DX exchange		

J Sainsbury plc Return of Allotment 8 October 2008 2005 3 Year Scheme Option Price 231p

Name & Address	No of Shares Allotted
Mrs Beryl V Smith, 84 Croxden Way, EASTBOURNE, East Sussex, BN22 0UJ	264
Number of Allotments Total Number of Shares Allotted	1 264