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COMPANIES FORM No. 169

Return by a company purchasing its own shares

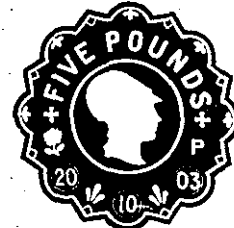
CHFP000

Please do not
write in
this margin

Pursuant to section 169 of the Companies Act 1985



169

Please do not write
in the space
For information
use onlyPlease complete
legibly, preferably
in black type, or
bold black letteringTo the Registrar of Companies
(Address overleaf)

For official use

Company number

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31506

Name of company

* HENDERSON ELECTRIC AND GENERAL
INVESTMENT TRUST PLC

* insert full name
of company

Note

This return must be
delivered to the
Registrar within a
period of 28 days
beginning with the
first date on which
shares to which it
relates were delivered
to the company

Shares were purchased by the company under section 162 of the above Act as follows:

Class of shares	ORDINARY		
Number of shares purchased	100,000		
Nominal value of each share	5p		
Date(s) on which the shares were delivered to the company	10 Oct 03		
Maximum prices paid \$ for each share	239p		
Minimum prices paid \$ for each share	239p		

§ A private company
is not required to
give this informationThe aggregate amount paid by the company for the shares
to which this return relates was:

£ 239,000

Stamp Duty is payable on the aggregate amount at the rate
of 1½% rounded up to the nearest multiple of £5

£ 1195

FOR AND ON BEHALF OF
HENDERSON SECRETARIAL SERVICES LTD

Signed

I. R. Burwood

Designation: Corporate
Company Secretary

Date 15/10/03

Presentor's name address and
reference (if any):FOR AND ON BEHALF OF
HENDERSON SECRETARIAL SERVICES LTD
SECRETARY4 Broadgate
London EC2M 2DAFor official Use (02/00)
General Section

Post room

A06
COMPANIES HOUSE0498
23/10/03