

Companies House

for the necoud

Please complete in typescript, or in bold black capitals.

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change

(NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

0111110000		or particulars (ase r orm 2000))
CHWP000	Company Number	30869
Cor	mpany Name in full	HSF HEALTH PLAN LIMITED
	Date of	Day Month Year Day Month Year 1 6 0 1 2 0 0 7 Day Day Month Year 1 6 0 1 2 0 0 7 Day Day Month Year
Appointment form Notes on completion appear on reverse.	appointment Appointment as director	as secretary Please mark the appropriate box. If appointment is
	NAME *Style / Title	as a director and secretary mark both boxes. *Honours etc A C I I
	Forename(s)	LYNN
	Surname	TOMLINSON
	Previous Forename(s)	Previous Surname(s) RICH ARDS-COLE
†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985	^{††} Usual residential address	"FAIRWAYS" B3 LITTLE ASTON LANE
	Post town	SUTTON COLDFIED Postcode B74 3UE
	County / Region	WESTMIDLANDS Country
	†Nationality	BRITISM TBusiness occupation INSURANCE BRUKE
†Other directorships (additional space overleaf)		
		I consent to act as ** director / secretary of the above named company
* Voluntary details.	Consent signature	LTOMINSON Date 22.12.06
† Directors only. **Delete as appropriate		A director, secretary etc must sign the form below.
""Delete as appropriate	Signed	Medradly Date 18 Jan 07
You do not have	to give any contact	(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)
information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the		Keith R. Bradley
form. The contact information that you give will be visible to searchers of the		Tel 020 7928 6662
public record		DX number DX exchange
rge *A5IAUMCZ*		When you have completed and signed the form please send it to the Registrar of Companies at: Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff

for companies registered in England and Wales

for companies registered in Scotland

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

DX 235 Edinburgh or LP - 4 Edinburgh 2

FRIDAY

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19/01/2007

COMPANIES HOUSE

	Company Number	30869
† Directors only.	†Other directorships	STANFORD EWOOD LTD - UP
		until dak of Merger with
		Perkinssiade Hd.
		Co. sold NOV. O5; resigned as
		Director in 2006

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.