

COMPANIES HOUSE 03/08/96

288a

APPOINTMENT of director or secretary

(NOT for resignation (use Form 288b) or change

				•	of pan	ticula	ırs (us	e Form 28	18c))	·				
Company Number			25139											
Company Name in full				HEART OF ENGLAND NEWSPAPERS LIMITED										
				Day	Month	Year				Day	Month	Year		
* F 2 8 8 A C 5 0 * appoir			ate of 01 07 96 + Date					† Date o	f birth		05	47		
Appointment	ppointment Appointment as director			as secretary Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.										
Form	NAME	*Style / Title					*	Honours etc		*****				
		Forename(s)	(s) Timothy John											
		Surname Previous	Bowdler											
		Forename(s) Previous Surname												
Usual residential address				62 Northumberland Street										
Post town				Edinburgh Postcode EH3 6JE										
County / Region			Lothian Country Scotland											
† Nationality † Other directorships				British †Business occupation Newspaper Director										
				(See continuation sheet). I consent to act as ** director / secretary of the above named company										
* Valuntano dataila	Conse	nt Signature		18	5~	de	^	Dat	e	/sts.		346		
* Voluntary details. † Directors only.		Signe	A dire	ctor.	secretar	y etc n	nust sign	the form be		sr Im	× 199	ĺ.		
** Please delete as approp	oriate		(**a direc	tor /-see	retary > edr	nistrate	or / administ	rative-ressiver /-re	ceiver n	nanager / re	oceiver)			
Please give the nan telephone number a a DX number and E the person Compan contact if there is an	ind, if avai xchange o ies House	lable, of	MacR Solici DX Be GLAS Ref: I Tel: 0	itors ox GV GOW DF/	W70	8								
<u>A@6</u> *ANP7WNS4* 219 219 22 28 29 29 29 29 29 29 29 29 29 29 29 29 29			When you have completed and signed the form please send it to Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales or											

Companies House, Crown Way, Cardiff, CF4 3UZ DX 33050 Cardiff for companies registered in England and Wales Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB DX 235 Edinburgh for companies registered in Scotland

Company Number

25139

† Directors only.

†Other directorships

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the

usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or preceded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.

CAPE ARCHITECTURAL PRODUCTS LIMITED
CAPE BOARDS LIMITED
CAPE BUILDING PRODUCTS LIMITED
CAPE CEILINGS LIMITED
CAPE EXTERNAL PRODUCTS LIMITED
CAPE INDUSTRIAL PRODUCTS LIMITED
CAPE INSULATION LIMITED
CAPE INSULATION PRODUCTS LIMITED
JOHNSTON PRESS PLC
JOSEPH NADIN HOLDINGS LIMITED
T.A.P. CEILINGS LIMITED
THE JOHNSTON PRESS TRUSTEE COMPANY LIMITED