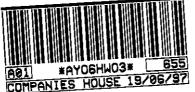




COMPANIES HOUSE

THE REGISTRAR OF COMPANIES COMPANIES HOUSE CROWN WAY CARDIFF CF4 3UZ



This form should be completed in plack.

The information printed below is taken from Companies House records as at 21/05/97 If this information requires amendment use the spaces opposite.

Date of this return (See note 1)

The information in this return should be made up to a date not later than

Day	Month	Year
0 4	0 6	9,7

Date of next return (See note 2)

If you wish to make your next return to a date earlier than the anniversary of this return please show the date here. Companies House will then send a form at the appropriate time.

Registered Office (See note 3)

This is the address registered by Companies House. PROSPECT HOUSE

ROUEN ROAD NORWICH NORFOLK NR1 1RE

Principal business activities (See note 4)

Trade classification is 2212 PUBLISHING OF NEWSPAPERS

If the code cannot be determined from the notes, give a brief description of principal activity.

of company number

00019300

D

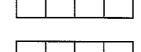
company name EASTERN COUNTIES NEWSPAPERS GROUP LIMITED

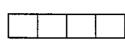
company type
PRIVATE COMPANY LIMITED BY SHARES

If you are making the return up to an earlier date, show the date here. Please note that the form must be delivered to Companies House within 28 days of this earlier date.

Day	Month	Year
-		

Day	Month	Year
1		





Pogister of members (success)	details	below	and, f	for secretary and director, any change.
Register of members (See note 5)	•			
The register is kept at				
REGISTERED OFFICE				
Register of debenture holders (See note 6)				
Any register of debenture holders (or duplicate) is				
kept at	•			
Company Secretary (See note 7)	Day	Month	Year	
Particulars of a new secretary must be notified on form 288.			I	Date of any change.
JOHN OLIVER	***************************************			
ELLISON WENSUM COTTAGE THE STREET			•••••	
RINGLAND NORWICH				
NORFOLK NR8 6AB				
			••••	
	Davis	1.1	Vanu	
If this person has ceased to be secretary, please	Day	Month	Year	Date of resignation.
state when.		<u> </u>]
Directors (See note 7)				
Particulars of a new director must be notified on	Day	Month .	Year	Date of any change.
form 288.	<u> </u>	<u> </u>	<u> </u>] , - 0
ROGER VICTOR JOHN CADBURY				
58 BINSWOOD AVENUE				
LEAMINGTON SPA WARWICKSHIRE CV32 5RX				
		.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		
Date of Birth:- 21/12/37		.,,,,		
Nat:BRITISH OCC:COMPANY DIRECTOR				
If this person has ceased to be director, please	Day	Month	Year	1
state when.		1 1		Date of resignation.
Show any relevant current and previous directorships.	Sec	aattac	hed…li	lst

•	00019300				wn needs amendment, give date of any change.
Directors - continued					auto or arry origings.
Particulars.		Day	Month	Year	Data of any change
GEOFFREY HENRY CHARLES COPEMAN WILLOWS FARM WESTON LONGVILLE NORWICH NORFOLK NR9 5LG					Date of any change.

Date of Birth:- 22/08/36 Nat:BRITISH Occ:COMPANY DIRECTOR					
If this person has ceased to be direct state when.	tor, please	Day	Month	Year	Date of resignation.
Show any relevant current and previous	ous directorships.	Se	e atta	ched l	ist
Particulars.		Day	Month	Year	
RICHARD CHARLES COPEMAN HOLMFIELD HIGH STREET TARVIN CHESTER CH3 8ED					Date of any change.
Date of Birth:- 14/05/33 Nat:BRITISH OCC:COMPANY DIRECTOR					
If this person has ceased to be direct state when.	tor, please	Day	Month	Year 	Date of resignation.
Show any relevant current and previo	ous directorships.	Se	eatta	ched I	ist
Particulars.		Day	Month	Year	
ROGER JAMES CORTIS KEEPERS COTTAGE DUNSTON NORWICH NORFOLK NR14 8PF					Date of any change.
Date of Birth:- 22/03/42 Nat:BRITISH Occ:COMPANY DIRECTOR					
If this person has ceased to be direct state when.	tor, please	Day	Month	Year I	Date of resignation.
Show any relevant current and previo	ous directorships.	Se	e-atta	hed 1	ist

00019300 If the information shown needs amendment details below and the date of any change.					
Directors - continued	Day Month Year				
Particulars.	Date of any change.				
RICHARD WILSON JEWSON DADES FARM BARNHAM BROOM NORWICH NORFOLK NR9 4BT					
Date of Birth: - 05/08/44 Nat:BRITISH Occ:COMPANY DIRECTOR	Day Month Year				
If this person has ceased to be director, please state when.	Date of resignation.				
Show any relevant current and previous directorships.	See attached list				
Particulars.	Day Month Year				
IVAN REES LOCKETT GREEN FARM FINNINGHAM STOWMARKET SUFFOLK IP14 4NT	Date of any change.				
Date of Birth:- 18/04/42 Nat:BRITISH Occ:COMPANY DIRECTOR	Day Month Year				
If this person has ceased to be director, please state when.	Date of resignation.				
Show any relevant current and previous directorships.					
•					
Particulars. THOMAS STEVENSON	Day Month Year				
WALNUT TREE COTTAGE 28 RECTORY LANE MULBARTON NORFOLK NR14 8AG					
Date of Birth:- 31/12/49 Nat:BRITISH Occ:COMPANY DIRECTOR					
If this person has ceased to be director, please state when.	Day Month Year				
Show any relevant current and previous directorships.					

• ·	00019300	lf the i	informati below a	ion sho	wn needs amendment, give date of any change.
Directors - continued			D01011 Q	iid tiio .	auto or any change.
Particulars.		Day	Month	Year	1
PETER MICHAEL STRONG			112	91 6	Date of any change.
112 SELBORNE ROAD SOUTHGATE		268	Unthan	K-Road	
LONDON	,		rich 201k		
N14 7DG		<i>i i i i i i i i i i</i>			
					SEE BELOW
Date of Birth:- 25/01/47					
Nat:BRITISH		***************************************		*****	
Occ:COMPANY DIRECTOR		_			
If this person has ceased to be dire	ctor, please	Day	Month	Year	l Barretta de la
state when.		1 8	111	9 6	Date of resignation.
Show any relevant current and prev	rious directorships.	Ss	e atta	ched I	1st
Particulars.		Day	Month	Year	
			1 1 2	1 1	Date of any change.
PETER MICHAEL STRONG		4			
268 UNTHANK ROAD					
NORWICH		***************************************		***************************************	
NORFOLK NR2 2AJ				••••••	
		*****************		•••••	

Date of Birth:- 25/01/47					
Nat:BRITISH					***************************************
Occ:DIRECTOR		Day	Month	Year	
If this person has ceased to be dire state when.	ctor, please		1		Date of resignation.
Show any relevant current and prev	vious directorships.	See attached list			
	•				<u></u>
Particulars.		Day	Month	Year	
					Date of any change.
PETER JOHN CHARLES					
TROUGHTON FIVE ARROWS HOUSE					
ST SWITHINS LANE					······
LONDON		***************************************			
EC4N 8NR					
		***************************************	······		
Data of Binth - 30/05/40		***************************************			
Date of Birth:- 18/06/48 Nat:BRITISH		***************************************			
Occ: COMPANY DIRECTOR					
	•	Day	Month	Year	
If this person has ceased to be dire state when.	ctor, please	1			Date of resignation.
Show any relevant ourrent and area	vious directorships				-
Show any relevant current and prev	ious directorsnips.	Se	e attac	ched 1:	ist

Issued Share Capital (See note 8)	Class (eg Ordinary/ Preference etc.)	Number of shares issued	(ie Number of shares	
Enter details of all shares in issue at the date of this return.	Ordinary	15,755,589	issued multiplied by nominal value per share) \$3,151,117,80	
	6.45% Cumula Preference	tive 308,500	308,500.00	
	15.5% Cumula 2nd Preferen	tive ce_ 2,041,300	2,041,300.00	
	Totals	18,105,389	£5,50 0 ,917.80	
List of past and present members (See note 9) (Use attached schedule where appropriate) A full list is required if one was not included with either of the last two returns. The last full members list was at 04/06/96	There were no c	hanges in the pe	Please mark the appropriate box.	
	A list of change A full list of mer	s is enclosed mbers is enclosed	on paper paper	
Elective resolutions (See note 10) (Private companies only)	,			
If an elective resolution is in force at the date of this return to dispense with annual general meetings, $mark$ this box .				
If an elective resolution is in force at the date of this return to dispense with laying accounts in general meetings, mark this box.				
Certificate	Signed LC	Elle-	Secretary/Director *	
I certify that the information given in this return is true to the best of my knowledge and belief.	Date 12	1-6-97	*(delete as appropriate)	
I enclose the fee of £ 15. Cheques should be made payable to Companies House.		(enter number	have completed	
To whom should Companies House direct any enquiries about the information shown in this return?	NORWICH Postcode NR1 1RE			
	Telephone	*******************		

COMPANY NAME:

EASTERN COUNTIES NEWSPAPERS GROUP LIMITED

COMPANY NO:

00019300

Roger Victor John Cadbury

Bourneville Village Trust

Soil Association Organic Marketing Co. Ltd.

Youth Hostel Association

Primrose Hill Benevolent Fund

Selly Oak College Trustee

Age Concern Warwickshire

Warwickshire Wildlife Gifts Ltd.
General Foods UK Ltd.
Maxpax Ltd.
Whitworth Holdings Ltd.
Premier Brands UK Limited
Premier Brands Limited
Premier Brands France

01.06.94 - 01.04.96 01.06.94 - 01.04.96 01.06.94 - 01.04.96

COMPANY NO: 00019300

Geoffrey Henry Charles Copeman

Assembly House Caters Norfolk & Norwich Chamber of Commerce & Industry Ltd Audit Bureau of Circulations Limited Electronic Media Audits Limited All Anglia Radio Limited

The Press Association	free	hanoi	5/95)
East Anglian Radio plc	(1994)
Norwich Union Life Insurance Society Ltd	(D	5/93]
Norwich Union Fire Insurance Society Ltd	₹	11	5/93)
Scottish Union & National Insurance Co Ltd	(11	5/93)
Maritime Insurance Co Ltd	(17	5/93)
Norwich Union Holdings PLC	("	5/93)

COMPANY NO: 00019300

Richard Charles Copeman

Victoria Court (Sheringham) Management Company Limited

Cutonic

(resigned 7.2.94)

COMPANY NO. : 00019300

Roger James Cortis

Faze FM Radio Limited

Faze Two (Yorkshire) Limited

Faze Three (East Midlands) Limited

Paper Chain (East Anglia) Limited Tristar Broadcasting Limited

resigned 1.96 resigned 12.94

COMPANY NO: 00019300

Richard Wilson Jewson

Anglian Housing Association Group Limited 111 Alderney Street (1981) Limited Anglian Water plc Queens Moat House PLC Savills plc Ideal Hardware plc Grafton Group plc (Eire)

Millan Tananana a a a a	1.10.95 -	
Miller Insurance Group Ltd 01	1.01.95 -	30.06.96
The Building Centre Group Limited 06	6.11.92 -	31.03.95
ProShare (UK) Limited 20	0.02.92 -	28.03.95
Delian Lloyds Investment Trust plc 20	0.10.93 -	20.11.95
MLM Trustees Limited 04	4.01.86 -	31.12.93
Meyer International Group Pensions 01	1.11.83 -	31.12.93
Trust Limited		
Meyer International PLC 03	3.11.83 -	31.12.93
Markana Turkananaki ang 1 mg 1	3.02.84 -	
Pension Trust Limited		
Meyer International Overseas Investments Limited 31	1.03.88 -	31.12.93
Manager 7 () 1 manager 2 min and 2	5.07.87 -	

COMPANY NO: 00019300

Peter Michael Strong

(no current directorships outside the Group)

Applied Property Research Limited	02.10.89 - 13.07.93
Central Counties Newspapers Limited	06.10.89 - 22.09.93
Courier Publishing Limited	02.10.89 - 28.02.94
Northampton Web Limited	05.09.95 - 02.07.96
Senews Limited	28.03.92 - 02.07.96
Court have the occ . The transfer	05.09.95 - 02.07.96
EMAP Newspapers Direct Marketing Limited	25.05.93 - 02.07.96
N.N.P. Limited	22.11.89 - 31.10.96
Northants Advertiser Company Limited	01.11.93 - 02.07.96
EMAP plc	08.02.93 - 31.10.96
Peterborough Web Limited	05.09.95 - 02.07.96
Northampton Mercury Company Limited	05.11.92 - 02.07.96
	02.10.89 - 28.02.94
EMAP Newspapers Limited	02.10.89 - 31.10.96
West Suffolk Newspapers Limited	02.10.89 - 31.10.96
EMAP Northants Limited	05.08.92 - 07.06.96
C.I. Thomas & Sons (Haverfordwest) Limited	02.10.89 - 17.10.92
Capital Newspapers Limited	09.04.92 - 21.03.94

COMPANY NO: 00019300

Peter James Charles Troughton

Lowland Investment Co. plc

National Gallery Publications Limited

St. Mary's School, Calne

Rothschild Asset Management Limited

Rothschild International Asset Management Limited

Rothschild Asset Management (C.I.) Limited

Rothschild Asset Management (UK) Holdings Limited

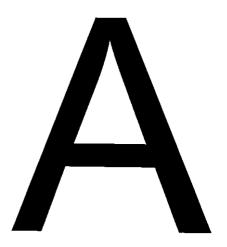
Rothschild Asset Management International Holdings B.V.

Rothschild Asset Management Asia Pacific Limited

Rothschild Australia Asset Management Limited

Virgin Retail Limited	Resigned	31.07.95
W. H. Smith Group Plc	-	31.07.95
W. H. Smith Limited	w	31.07.95
Milton Insurance Company Limited	w	31.07.95
W. H. Smith International Limited	W	31.07.95
Waterstone's Booksellers Limited	w	31.07.95





BULK LIST OF SHAREHOLDERS OR MEMBERS

A BULK LIST OF SHAREHOLDERS OR MEMBERS FOR THIS COMPANY HAS BEEN LODGED BUT DOES NOT APPEAR ON THIS ANNUAL RETURN MICROFICHE.

IF YOU WISH TO SEARCH THE LIST, PLEASE ENQUIRE AT THE SEARCH CONTROL COUNTER..

COMPANY NUMBER 19300