

Change of particulars for director or secretary

Company Number 15740

Company Name in full FLEMING INCOME & GROWTH INVESTMENT TRUST PLC



* F288CE60 *

Date of change of particulars

Day	Month	Year
20	10	1999

Changes of particulars form

Complete in all cases

Name *Style/Title

MR

*Honours etc

Forename(s)

ALAN JACK

Surname

COLE

† Date of Birth

Day	Month	Year
17	04	1942

Change of name
(enter new name)

Forename(s)

Surname

Change of usual residential address
(enter new address)

Post town

County / Region

Country

Postcode

Other change

(please specify)

Other Directorships as per attached list

A serving director, secretary etc must sign the form below.

* Voluntary details.
† Directors only.

Signed

Date

20/10/99

(by a serving director/secretary/administrator/administrative receiver/receiver manager/receiver)

FLEMING INVESTMENT TRUST MANAGEMENT LTD, 20 FINSBURY

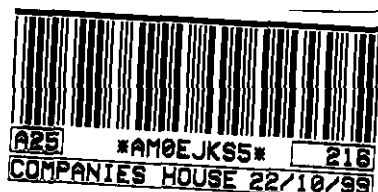
STREET, LONDON, EC2Y 9AQ

Tel 0171 880 3453

DX number

DX exchange

Please give the name, address,
telephone number and, if available, a
DX number and Exchange of the
person Companies House should
contact if there is any query.



A25 *AM0EJKS5* 216
COMPANIES HOUSE 22/10/99

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF4 3UZ

DX 33050 Cardiff

for companies registered in England and Wales

or

Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB

for companies registered in Scotland

DX 235 Edinburgh

FI&GIT

Company Number 15740			
Company Name FLEMING INCOME & GROWTH INVESTMENT TRUST PLC			
Name & Address	Appointment	Resignation	Company Name
COLE, ALAN JACK 57 HUGH STREET PIMLICO LONDON SW1V 4HR	01/06/1990	01/09/1997	MCKELVIE & CO (TRANSPORT) LTD
	01/06/1990	01/09/1997	MCPHERSONS' TRANSPORT (ABERLOUR) LTD
	01/06/1990	01/09/1997	ABERDEEN ICE CO LTD
	01/06/1990	18/11/1997	AUTOMATED WAREHOUSING LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	BECK & POLLITZER LTD
	01/06/1990	01/09/1997	C ALBANY & SONS LTD
	01/06/1990	01/09/1997	CHARLES ALEXANDER AND PARTNERS (TRANSPORT) LTD
	01/06/1990	01/09/1997	CLEVELAND TANKERS LTD
	01/06/1990	19/11/1997	CONNAL HIGHLAND LTD (IN LIQUIDATION)
	01/06/1990	18/11/1997	COX EASTERN LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	COX LONDON LTD
	01/06/1990	29/04/1999	TDG AVONMOUTH LTD
	01/06/1990	18/11/1997	COX SCOTLAND LIMITED (IN LIQUIDATION)
	01/06/1990	18/11/1997	COX WESTERN LTD (IN LIQUIDATION)
	01/06/1990	29/04/1999	TDG DIRECTORS NO.1 LTD
	01/06/1990	18/11/1997	DISTRICT PARCELS CARRIERS LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	FIRTH DISTRIBUTION LTD
	01/06/1990	01/09/1997	FIRTH TRANSPORT LTD
	01/06/1990	01/09/1997	FREEZWEST LTD
	01/06/1990	01/09/1997	HARRIS DISTRIBUTION LTD
	01/06/1990	18/11/1997	INDEPENDENT EXPRESS PARCELS LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	INTER-CITY TRANSPORT LTD
	01/06/1990	01/09/1997	J STIRLAND LTD
	01/06/1990	18/11/1997	JOHN RUSSELL (GRANGEMOUTH) LTD (IN LIQUIDATION)
	01/06/1990	29/04/1999	KINGSGATE LEASING LTD
	01/06/1990	18/11/1997	LINK FISH TRANSPORT LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	LINKMAN TANKERS LTD
	01/06/1990	18/11/1997	MIDLANDS STORAGE LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	TDG SECRETARIES LTD
	01/06/1990	01/09/1997	NEXUS LOGISTICS LTD
	01/06/1990	01/09/1997	NOVACOLD LTD
	01/06/1990	19/11/1997	P.E.T. COLD STORES LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	PINNACLE STORAGE LIMITED
	01/06/1990	18/11/1997	PRISM LOGISTICS LTD (IN LIQUIDATION)
	01/06/1990	18/11/1997	STORAGE & HAULAGE LTD (IN LIQUIDATION)
	01/06/1990	18/11/1997	SUTHERLANDS TRANSPORT SERVICES LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	SWIFT AUTOS LIMITED
	01/06/1990	18/11/1997	TDG (ESSEX) LIMITED (IN LIQUIDATION)
	01/06/1990	18/11/1997	TDG (KENT) LTD (IN LIQUIDATION)
	01/06/1990	18/11/1997	TDG (NORTHERN) LTD (IN LIQUIDATION)
	01/06/1990	18/11/1997	TDG (SURREY) LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	TDG CAIRNGORM LTD
	01/06/1990	19/10/1996	TDG INVESTMENTS LTD (LIQUIDATED 19/10/96)
	01/06/1990	29/04/1999	TDG LTD
	01/06/1990	29/04/1999	TDG OVERSEAS LTD
	01/06/1990	18/11/1997	TDG PLANT SERVICES LTD (IN LIQUIDATION)
	01/06/1990	18/11/1997	TDG SOUTHERN LTD (IN LIQUIDATION)
	01/06/1990	01/09/1997	THOMAS SMITH JUNIOR LIMITED
	01/06/1990	18/11/1997	TOTAL QUALITY TRANSPORT LTD (IN LIQUIDATION)
	01/06/1990	19/11/1997	TQT COMPANY LTD (IN LIQUIDATION)
	01/06/1990	18/11/1997	TRAFFORD COLD STORES LTD (IN LIQUIDATION)
	01/06/1990	18/11/1997	TRANSCONTAINER EXPRESS LTD (IN LIQUIDATION)
	01/06/1990	29/04/1999	TRANSPORT DEVELOPMENT GROUP PLC
	01/06/1990	01/09/1997	UK CAR RENTAL LTD
	01/06/1990	01/09/1997	UK TRUCK RENTAL LTD
	01/06/1990	01/09/1997	UK VAN RENTAL LTD
	01/06/1990	01/09/1997	W & J RIDING LTD
	01/06/1990	01/09/1997	WILLIAMS DISTRIBUTION LTD
	01/06/1990	29/04/1999	AUTOZERO LIMITED (EIRE)
	01/06/1990	29/04/1999	WATERFORD COLD STORE LIMITED (EIRE)
	27/07/1990	18/11/1997	MANSFIELD PLANT HIRE LTD (IN LIQUIDATION)
	06/11/1990	19/11/1997	LIQUIDS POWDERS & GAS TRANSPORT LTD (IN LIQUIDATION)
	28/11/1990	29/04/1999	TALLAGHT COLD STORE LIMITED (EIRE)
	07/02/1991	18/11/1997	THE SEALARK TRANSPORT CO LTD (IN LIQUIDATION)
	27/08/1991	18/11/1997	NEWARK PLANT & TOOL HIRE LIMITED (IN LIQUIDATION)
	30/09/1993	18/11/1997	YOUNG'S (STOKESLEY) LTD (IN LIQUIDATION)
	01/01/1995	13/10/1999	THE OLIVER GROUP PLC